



BALOO'S BUGLE



Volume 24, Number 5

"If you want children to keep their feet on the ground, put some responsibility on their shoulders."
Abigail Van Buren

December 2017 Cub Scout Roundtable

January 2018 Program Ideas

HELPFUL / JOBS! JOBS! JOBS!

2017-2018 CS Roundtable Planning Guide –No themes or month specified material

PART I – MONTHLY FUN STUFF

CS RT PLANNING GUIDE

The CS RT PG is issued

The 2017-2018 CS RT PG may be found at -
[http://www.scouting.org/filestore/cubscouts/pdf/510-714\(17\)_CS.pdf](http://www.scouting.org/filestore/cubscouts/pdf/510-714(17)_CS.pdf)

On page 37 Of the 2017-2018 CS RT PG it states:

Introduction to the New Cub Scout Interest Topic Format for 2017–2018

Based on survey input, the National Cub Scouting Committee has modified the presentation style for the Cub Scout (CS) interest topics for this year. To improve communications throughout the pack leadership, it is recommended that all CS leaders attend the interest topic discussion together as a single group. This will provide everyone with the same information and will facilitate important discussion about these topics between all CS leaders. As always, the CS Roundtable Planning Guide provides suggested options for each council or district. The use of any specific topic is flexible based on the needs of the council or district. Each council or district may also select other topics that would be beneficial to the needs of the CS leaders in their respective council or district. ... **The Philmont CS Roundtable Supplements are a great resource to consider for the breakout session model.**

See Baloo's Bugle, Part II this month for more details on the CS Roundtable Planning Guide.

PHILMONT CS RT SUPPLEMENT

The January 2018 issue is posted!!
Emily is a little ahead of me!!



Hyperlink on picture. If using paper copy – go to BSA Roundtable Commissioners on Facebook. (See On-Line Support below)

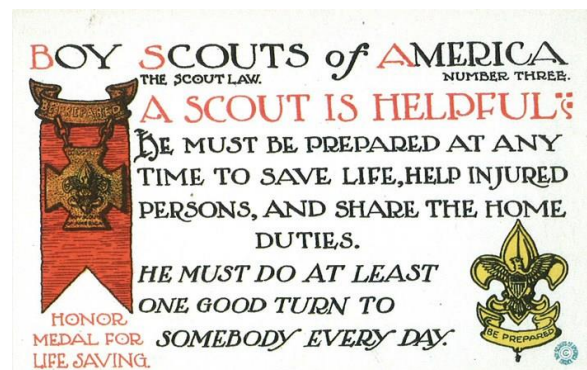


TABLE OF CONTENTS

CS RT PLANNING GUIDE	1
PHILMONT CS RT SUPPLEMENT	1
TABLE OF CONTENTS	2
CORE VALUES.....	2
B-P HELPFUL QUOTES	3
HELPFUL QUOTES	4
BIOGRAPHY	5
MARK ANDERSON	5
THOUGHTFUL ITEMS	9
Roundtable Prayers	9
CUBS IN ACTION.....	9
10 Facts About Being HELPFUL.....	9
From A to Z What Helpful Families Can Do	10
CUB SCOUT TIPS	11
Advancement and the Adventure Program	11
DEN MEETING TOPICS	13
THEME RELATED STUFF	14
THEME RELATED ADVENTURES.....	14
CHARACTER COMPASS	14
PACK MEETING THEMES AND PLANS	15
PACK MEETING THEMES.....	16
UPCOMING MONTHS	16
CUBMASTER THOUGHTS	18
The Blue and Gold.....	18
WEBELOS	21
ARROW of LIGHT PRESENTATION	22
Graduation of a Webelos Den to Boy Scouts	25
January Crazy Holidays.....	27
Pinewood Derby Trivia	30
16 Fun Facts about Peanuts & Peanut Butter	33
5 Reasons PB&J is the Best Sandwich Ever.....	34
Morse Code Chart.....	35
SPECIAL OPPORTUNITIES	36
CYBER CHIP AWARD	36
The Scout Law and Cybersafety.....	37
Internet Scout Patch.....	37
KNOT OF THE MONTH	38
CUBMASTER'S KEY.....	38
Unit Leader Award of Merit.....	38
CUB GRUB.....	39
LAST THINGS	45
"Keep Your Fork"	45
What Cubs Are Made Of	45

CORE VALUES

The Core Value for this month, January, is the 3RD point of the Scout Law - **HELPFUL**

A Scout is **HELPFUL**. The theme **JOBS! JOBS! JOBS!** is used to help Cubs understand being **HELPFUL**.

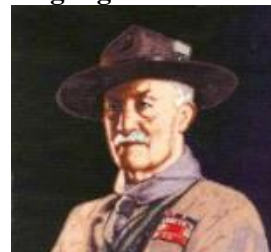
A SCOUT IS HELPFUL

A Scout is helpful. A Scout cares about other people. He willingly volunteers to help others without expecting payment or reward.

HOW DOES "JOBS! JOBS! JOBS!" RELATE TO THIS SCOUT LAW POINT?

There are many ways that people can be helpful. One way is by volunteering time to help others. Cub Scouts, Scout leaders, and coaches are examples of volunteers. Another way people help is by doing jobs that provide a service. This month we celebrate those who help out in their homes, schools, and communities.

Per our Founder, Lord Baden-Powell the definition (or meaning) of the Scout Law point highlighted this month is:



*Note – The original Scout Law published in 1908 had nine points. In 1910, the BSA added Brave, Clean, and Reverent. In 1911 B-P added **Clean** to his original list.*

A SCOUT IS HELPFUL

Baden Powell said -

A SCOUT'S DUTY IS TO BE USEFUL AND TO HELP OTHERS. And he is to do his duty before anything else, even though he gives up his own pleasure, or comfort, or safety to do it. When in difficulty to know which of two things to do, he must ask himself, "Which is my duty?" that is, "Which is best for other people?" --- and do that one. He must Be Prepared at any time to save life, or to help injured persons. And *he must do a good turn* to somebody every day.
(Scouting For Boys, 1908)

The most worth-while thing is to try to put happiness into the lives of others.

Lord Robert Stephenson Smyth Baden-Powell

Home » About Scouts » Believe It. Live It.

Believe It. Live It.



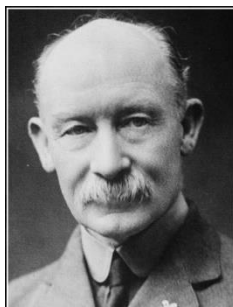
Jack Ikard | Believe It. Live It.

In this video, the “Believe It Live It” team profiles John Crismond, and explains why being a **HELPFUL** Meals on Wheels volunteer is essential to people in his area. Go to URL <http://scouttube.org/2017/01/helpful/>

But the real way to get happiness is by giving out happiness to other people

from Baden-Powell's Last Message





Try to leave this world a little better than you found it and, when your turn comes to die, you can die happy in feeling that at any rate you have not wasted your time but have done your best

— Robert Baden-Powell —

AZ QUOTES

B-P HELPFUL QUOTES

Quotations contain the wisdom of the ages, and are a great source of inspiration for Cubmaster's minutes, material for an advancement ceremony or an insightful addition to a Pack Meeting program cover.



“I have over and over again explained that the purpose of the Boy Scout and Girl Guide Movement is to build men and women as citizens endowed with the three H's namely, Health, Happiness and **Helpfulness**. The man or woman who succeeds in developing these three attributes has secured the main steps to success this Life.

Sir Robert Baden-Powell (1857 - 1941).
Chief Scout of the World,
Founder of the Scouting Movement

Happiness is open to all, since, when you boil it down, it merely consists of contentment with what you have got and doing what you can for other people. [Sir Robert Baden-Powell](#)

As Sir Henry Newbolt sums it up: "The real test of success is whether a life has been a happy one and a happy giving one. [Sir Robert Baden-Powell](#)

No one can pass through life, any more than he can pass through a bit of country, without leaving tracks behind, and those tracks may often be helpful to those coming after him in finding their way. [Sir Robert Baden-Powell](#)

Yet one more item is needed to complete success, and that is the rendering of service to others in the community. Without this the mere satisfaction of selfish desire does not reach the top notch [Sir Robert Baden-Powell](#)

... the Devil is best described by the term "Selfishness." [Sir Robert Baden-Powell](#)

The good turn will educate the boy out of the groove of selfishness. [Sir Robert Baden-Powell](#)



HELPFUL QUOTES

If the human race wishes to have a prolonged and indefinite period of material prosperity, they have only got to behave in a peaceful and helpful way toward one another. [Winston Churchill](#)

Standing as a witness in all things means being kind in all things, being the first to say hello, being the first to smile, being the first to make the stranger feel a part of things, being helpful, thinking of others' feelings, being inclusive. [Margaret D. Nadauld](#)

People are so helpful. People will stop what they're doing to show you something, to walk with you through a section of the town, or explain how a suspension bridge really works. [David McCullough](#)

I feel it's a responsibility for anyone who breaks through a certain ceiling... to send the elevator back down and give others a helpful lift. [Kevin Spacey](#)

Refusing to ask for help when you need it is refusing someone the chance to be helpful. [Ric Ocasek](#)

I say you don't need religion, or political ideology, to understand human nature. Science reveals that human nature is greedy and selfish, altruistic and helpful. [Michael Shermer](#)

Christlike communications are expressed in tones of love rather than loudness. They are intended to be helpful rather than hurtful. They tend to bind us together rather than to drive us apart. They tend to build rather than to belittle. [L. Lionel Kendrick](#)

"...Our conversation with the supermarket manager had been about as helpful as a **New Jersey** road sign, and if you've ever been there, you know the signs don't tell you the exit you're coming up to, they only point out the exits you've just missed. It puts parents in very foul moods--and since you're there to visit relatives, their mood was pretty touch and go to begin with."

— [Neal Shusterman](#), "The Schwa Was Here"

"Sooner or later,
you realize that
real fulfillment
comes only from
helping others.
All of the rest is
just temporary."
[Elie Tahari](#)

The more people I am able to help, the more people are willing to help others. The more followers we have, the closer we are to a perfect world."

[Akilnathan Logeswaran](#)

Doing things for others is something that money cannot buy it is a priceless act which gives an abundance of worthy feelings for both involved, to empower others and to know that others care is an key part of listening, the stoppage of wars, the foundations of a hopeful future for everybody." [Paul Isaacs](#)

Real action and true **helpfulness** are perhaps the ultimate charm." [Robert Greene](#)

As you read my stories of long ago I hope you will remember that the things that are truly worthwhile and that will give you happiness are the same now as they were then. Courage and kindness, loyalty, truth, and **helpfulness** are always the same and always needed."

[Laura Ingalls Wilder](#)

"Help thy brother's boat across, and Lo! Thine own has reached the shore" [Hindu Proverb](#)

Before you speak ask yourself if what you are going to say is true, is kind, is necessary, is helpful. If the answer is no, maybe what you are about to say should be left unsaid. [Bernard Meltzer](#)

"As you grow
older, you will
discover that
you have two
hands, one for
helping
yourself, the
other for
helping others."

Audrey Hepburn

BIOGRAPHY

MARK ANDERSON

A very HELPFUL Scout

Mark Anderson is retiring this year after 19 years as Director of Program at Philmont.

The longest that position has been held since Waite Phillips made his great gift. His legacy is ensured to last forever.



Mark Anderson is **Director of Program** at **Philmont Scout Ranch**

Mark grew up in Arkansas where there are chiggers in the grass. He began his Professional Scouting career after graduating from the University of Idaho with a major in Forest Resource Management. His first professional Scouting assignment was in Texas. I know from his stories he was very HELPFUL to the Roundtable Commissioners in his district. Ask him to tell you the story of the egg from RT and some others. He is the Director of Program at Philmont. A position he has held for more than 20 years. Through his efforts Philmont has continued to remain true to its mission and been able to expand to allow increased numbers of Scouts explore the mountains in northern New Mexico.

Wherever you go at Philmont, either side of the road, Training or Camping, you will be sure to see Mark being HELPFUL. His example of being HELPFUL rolls down to all the Phil Staff.

I have written him many letters over the years and he has personally answered each one. And carefully explained to me why things were as they were or how plans are in progress to make them better. It did not matter if my letter had been written nicely or when I was in a mood – his answers were always polite and complete. When I required surgery before a trek and showed up with a cast. He personally worked with our crew to arrange for a Ranger to take my place.

When my crew had a sick Scout at Cypher's Mine who needed transport, who showed up for transport?? Mark and his daughter Kirsten personally drove up there to perform the transport.

During a Fall Trek, he delivered the water to our camp. One time when Charles Argo and Pat Hamilton, my hiking partners, and I arrived at the gate to the Uracca Trail to hike it on Wednesday of a PTC week, it was locked. We called into PTC for help. And guess who arrived with the key?? It was Mark, himself!!!

A great example of his HELPFULNESS is this Father's Day 2016 Facebook post from one of his daughters:

Happy Father's Day to the man whose idea of a perfect day is to deliver a wagon to the backcountry and repair a red roof inn on the way back! Thank you for being a profound example of selfless service to others!



(In Phil Talk – a Red Roof Inn is a Latrine CD)

Mark is always trying to HELP more Scouts and Scouters come to Philmont and have a great time. Last year he started the PAW / PASS program. Taking instruction about what you need to know before coming to Philmont from paper to live action. In its first year, the PAW / PASS program helped 1152 Trek Leaders learn more about Philmont before arriving on site. A very HELPFUL program he started.

Check it out -



<http://www.philmontscoutranch.org/TrekPreparation.aspx>

He has been very excited by the negotiated agreements with Philmont's neighbors that have expanded the area upon which Scouts may hike. And he has made sure, there is meaningful program in all the new areas. Thus being HELPFUL to the many more Scouts that can come and hike at Philmont. There are agreements with the Chase Ranch, the Valle Vidal section of Carson National Forest, Some of Ted Turner's properties, other local ranchers, the State of New Mexico. And recently Philmont purchased the old Cimmaroncita Girls Camp.

He is always there for his staff, HELPING them to do better. To this my (5 time Phil Staff) daughter has attested many times. Providing hints and tips from his experience and his prolific reading. Every time I go out to Philmont, he is talking about another book he has read or is reading. Here he is seeing off the Philmont Rangers as they go out for training -



He internalizes all the rules and follows them. Last year there were new lightning protocols. And when he was talking with my class in Hardesty Casa Central, the new Advisors' Meeting Room, a storm hit. He immediately launched into the protocols and made sure we knew how to follow them. Very HELPFUL when the leader sets such a great example.

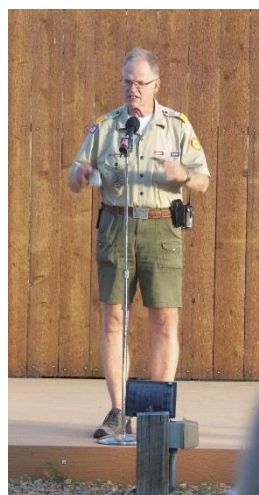
Mark walks many places in Base Camp, I believe he does this because he always looking for people who need HELP (e.g. directions to here or there, where can they do something, or where should I be?) He frequently stops and chats with those he sees. To learn about them and to see if they need HELP.

And he is always trying to HELP the future of Philmont. He is working on an "Exit Strategy," to solve the solid waste problem of 20,000 participants a year using pit latrines and digging cat holes. Philmont has installed Vault Latrines at Rayado Ridge and several other locations.



He has brought new programs into the back country. This helps raise the excitement level of the participants. Such as the new train at Metcalf Station. The tracks were built by participants. The farm at Chase Ranch. The mining center and assay office at Baldytown. And changes to the Living History Program with reenactors at many Back Country Camps (e.g. Abreu, Hunting Lodge, Fish Camp (Meet a Vice President of the US)).

Check out the Back Country article in Boys' Life - <http://boyslife.org/outdoors/outdoorarticles/146232/explore-philmonts-backcountry-camps/>



And if you ever need an extra hand serving food at a dinner – Mark will be there to HELP – I have seen him serve dinner at the Phil Staff New Year's Eve dinner and then invite everyone to his house to play games and wait for the ball to drop at Times Square. He serves the food at the PTC Faculty Banquet on Friday nights.

He is, also, frequently at the Philmont Training Center. He is there Saturday afternoon greeting the incoming Faculty members and HELPING them get started. He HELPS at the Opening Program leading action songs -



He is at the Faculty Reception at the Seton Library talking with the faculty and their family members. His ideas for things to enjoy at Philmont are HELPFUL. -



He is there Monday morning to greet everyone at the start of every week at PTC. And he tells everyone to enjoy the grass at Philmont because there are no chiggers as he grew up with back home in Arkansas.

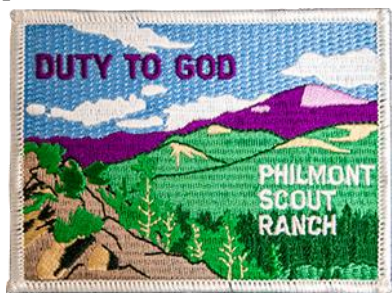


Mark does a lot to HELP all the participants do the right thing. He ensures there are chapel services every night of the week for the Trailbound and Homebound crews in base camp. And everything in Philmont (including the Trading Post and Snack Bar) is closed during Chapel Time. And for all his hard work in this area he was awarded the Silver Torch Award by the United Methodist Church.



**The United Methodist Church
Silver Torch Award. Skyler Ballar
PhilNews**

Besides the nightly services, there is the Philmont Duty to God Program that has been copied by many of our Scout Camps –



Mark strongly promotes the "Trail of Courage" award HELPING the Scouts know they can fight Peer Pressure and how to do it. Crews must take the following pledge for the Trail of Courage –

CREW PLEDGE

- ★ I Pledge to become personally fit.
- ★ I Pledge to eat a nutritious diet.
- ★ I Pledge to exercise.
- ★ I Pledge to be tobacco free and not smoke or use smokeless products.
- ★ I Pledge to live free of drug and alcohol habits.
- ★ I Pledge to learn the seven cancer danger signs.
- ★ I Pledge to live the Scout Oath and Law.



Every summer, over half of the people at Philmont take the pledge!!

<http://philmontscout ranch.org/Camping/TrailOfCourage.aspx>



William T. Hornaday Gold Medal

"An Olympic Medal Awarded by the Earth"

For all his work instituting programs, procedures, and processes related to conservation at Philmont. As well as, I am sure, actually going out and doing conservation work, Mark Anderson was presented the William T Hornaday Gold Award this year, 2017. The

Hornaday award has been described as an "Olympic Medal Awarded by the Earth" There have only been about a dozen people who have earned this award since the BSA began management of the Hornaday awards in 1937 (the year before Waite Phillips donated Philmont).

Gold Medal

✂ Adult

This award is by nomination only and is for an adult Scouter or Venturing leader who has rendered distinguished and unusual service to natural resource conservation and environmental improvement over a sustained period (at least 20 years). Nominations are accepted from any recognized conservation/environmental protection organization. The nominee's accomplishments must be at a regional, national, or international level. Up to six awarded a year nationally.



For more info on the Hornaday Awards -

<https://www.scouting.org/scoutsources/awards/hornadayawards.aspx>

I know he has done a lot more and is actively doing a lot more, but I think that is enough to give you an idea about how HELPFUL Mark Anderson at Philmont is. So, when you get there, make sure you pause, look around and quietly say "Thank You for all you did, Mark."

Thank You, Mark Anderson for all your HELP through the years and your work to ensure the future of Philmont!!

THOUGHTFUL ITEMS

Roundtable Prayers

Prayers

Thanks for Those Who Serve

2009-2010 CS RT Planning Guide

Great Spirit,

we give you thanks for the everyday people who do heroic things-

the firefighters who answer the call for help,
the police officers who work to keep our cities safe,
the military who keep our country safe, and
the Cub Scouts

who unselfishly give service to others.

May we recognize all these everyday heroes and give them our thanks. **AMEN**

Sam Houston Area Council

Thank You for Scouting and for the inspiration You gave our founders. Watch over our meeting and help us to keep Scouting alive forever. **Amen.**

CUBS IN ACTION

Scouter Jim, Bountiful UT

After a long “El Nino” winter there were record snowfalls in the Mountains of Utah in 1983. During Memorial Day weekend, the snow in the mountains of Utah, began to melt too quickly and filled local streams to overflowing. One such stream, “City Creek” jumped its banks and flowed freely across the streets toward downtown Salt Lake City. City crews fought back with sandbags but were not match for a newly created urban river. More help was needed. It was Sunday, May 29, 1983. The need for help went out over via TV, radio and phone calls to local Church leaders. Residents quickly changed from Sunday clothes to work clothes and headed to volunteer. Thousands of volunteers including Cub Scouts and Boy Scouts flowed into Salt Lake City to fill and place sandbags to contain the tremendous runoff in a newly created river - State Street, Salt Lake City. One report said of the 40,000+/- sandbags that were filled, 22,000 were filled by volunteers. Likewise, through the spring and summer of 1983 communities all across Utah fought spring flooding with volunteers.

It is true that “Faith can move a mountain,” but sometimes God needs a hand in work gloves to get it done. The story is told of a religious leader who asked his congregation to gather at a widow’s home to move a pile of dirt in her yard. “Bring your faith,” he asked, “so we can watch God move a mountain, and bring your shovels, just in case he wants some help.”

Scouts and others volunteering is not unique to Salt Lake City or Utah. Throughout the nation, when disaster strikes, volunteers come forward and go into action. After the earthquake in Haiti, many organizations sprang

into action. Among them **Cub Scout Pack 3513** in Salt Lake City, Utah. They wanted to help and started asking neighbors and friends for items so they could assemble hygiene kits to be sent to Haiti. They made signs asking people to “Make a Difference.” Word got out and a local TV station picked up the story. Donations came in from all over and when all was done, 1000's of kits had been assembled. It proves that it doesn't take a well-organized group of seasoned citizens to spring into action. A small group of **Cub Scouts in Action** made a difference.

Shake the cobwebs of inaction off, put work clothes on, be **Helpful** and help get your **Cubs In Action**.

Remember what it says in Isaiah, Chapter 11, verse 6 - “and a little child shall lead them.”

10 Facts About Being HELPFUL

North Bergen County Council

When you do good for others, the recipients of your kindness aren't the only ones reaping the benefits. There are a ton of perks in it for you, too.

- ☺ **Helping Others Makes You Feel Great**
Giving back effects your mind and body. When people donate to charity, they trigger the portion of the brain responsible for feelings of reward. The brain also releases endorphins (feel-good chemicals) and spurs you to do more helpful things —psychologists call it a “helper’s high.”
- ☺ **Giving Gives You a Self-Esteem Boost**
Tired of hearing from your inner critic? Donate time to a cause for which you are passionate (e.g. **BOY SCOUTS!!**). Volunteers have stronger self-esteem and feelings of well-being. As your feelings of being connected increase, so does your self-esteem. To benefit from volunteering you must be consistent. So, the more regularly you volunteer, the better you will feel.
- ☺ **You'll Have Stronger Friendships**
Being a force for good in a friend's life can help build a lasting bond. When you help others, you give off positive vibes, which can rub off on your peers and improve your friendships. According to a study by the NIH, if both parties contribute, it becomes mutually beneficial.
- ☺ **You Become a Glass Half-Full Type Person**
Being helpful by having a positive impact on someone or something helps you improve your own outlook and attitude. Performing helpful acts boosts your mood and you become more optimistic and positive.

☺ **Helping Others Makes You Feel Able to Take on the World**

Helping someone gives you feelings of being rewarded and fulfilled. People who do volunteer work feel empowered more than non-volunteers. A large majority (96 percent) of volunteers said volunteering enriches their sense of purpose.

☺ **Feel a Sense of Belonging**

Whether with a large organization, or a few friends being helpful builds a sense of community. Volunteering at a Food Bank or other drop-in center where you work directly with people helps reduce feelings of loneliness and isolation.

☺ **Being Helpful by Giving of Yourself Helps You Find Inner Peace**

If you have a lot that's wearing you down, being helpful and giving back could clear your head. In a study by UHG, three fourths of volunteers said they felt that their charitable acts lowered their stress. They were also more calm and peaceful those who don't volunteer their services.

☺ **It Will Make You Feel Thankful**

Helping others gives a perspective on your own life, and helps you to appreciate what you have. The Global One says volunteering is a way to "promote a deeper sense of gratitude as we recognize more of what is already a blessing/gift/positive in our life."

☺ **It Gives You a Sense of Renewal**

Learn to help yourself by helping others. If you're going through a tough experience or have the blues, the volunteering can be the cure. It is a great way get back to feeling like yourself, according to research. Volunteer work provides access to social resources, which are known to counter negative moods.

☺ **Lastly, Helping Others Spurs Them to Pay It Forward and Keeps the Cycle Of Happiness Going**

Helpfulness (and Kindness) is contagious, according to researchers at UCLA. When we see someone else help another person it gives us a good feeling, which in turn causes us to go out and do something helpful, too.

**Smiling is easier than frowning –
it takes fewer muscles!
17 versus 43**

A story of a truly helpful bridge builder - CD

The Bridge Builder

By Will Allen Dromgoole

An old man, going a lone highway,
Came, at the evening, cold and gray,
To a chasm, vast, and deep, and wide,
Through which was flowing a sullen tide.

The old man crossed in the twilight dim;
The sullen stream had no fears for him;
But he turned, when safe on the other side,
And built a bridge to span the tide.

"Old man," said a fellow pilgrim, near,
"You are wasting strength with building here;
Your journey will end with the ending day;
You never again must pass this way;
You have crossed the chasm, deep and wide-
Why build you a bridge at the eventide?"

The builder lifted his old gray head:
"Good friend, in the path I have come," he said
"There followeth after me today,
A youth, whose feet must pass this way.

This chasm, that has been naught to me,
To that fair-haired youth may a pitfall be.
He, too, must cross in the twilight dim;
Good friend, I am building the bridge for him."

From A to Z What Helpful Families Can Do

Southern NJ Council

- A. Adopt** a stream, park, or roadside to clean up and keep beautiful.
- B. Bring** lunch to school in a lunch box. Save your paper bags.
- C. Care** for toys so they will last longer. Then you won't have to replace them and can pass them on.
- D. Donate** clothes that you have outgrown to a needy person or someone smaller.
- E. Encourage** others to join you in collecting glass, newspaper and aluminum to be recycled.
- F. Flatten** empty cans, boxes and other containers so they don't take up so much space
- G. Get** in the habit of turning off the water when you brush your teeth. Turn it on only to wet your brush and to rinse.

- H. **Help** by caring about our wildlife & be very careful with matches.
- I. **Insist** on buying products that are biodegradable (they rot or decompose when discarded.) Most plastics are not.
- J. **Jog** or walk, ride a bike or scooter from place to place to save energy.
- K. **Keep** jars of cold water in the refrigerator so you won't have to run the tap water waiting for it to get cold.
- L. **Look** for the recycled symbol on products you buy.
- M. **Make** it a habit to cut each six-pack ring. These sometimes wind up in the oceans. Animals often get caught in them.
- N. **Never** litter. Always put your trash in a trash can.
- O. **Open** the blinds in the wintertime to let in the sun. Close blinds in the summer to keep out the sun's heat.
- P. **Plant** a tree to stop soil erosion, give you shade and give birds a home.
- Q. **Quit** buying products that have a lot of packaging.
- R. **Reduce** the amount of water you use to keep clean. Take showers, not baths.
- S. **Save** energy by asking your parents to turn down the thermostat.
- T. **Turn** off lights if you are the last person to leave a room. Turn off appliances if you are not using them.
- U. **Use** products made to be used many times, such as sponges or cloth towels.
- V. **Value** and appreciate your Earth. Realize that you can make a difference.
- W. **Watch** what you pour in the drain. Hazardous waste can get into the ground water.
- X. **eXamine** labels before using products. Certain household cleaners can be dangerous.
- Y. **Yearn** to do what you can to help our environment. Grow up to be an adult who takes an interest, too.
- Z. **Zip** to close doors and windows if they are opened when the heater or air conditioner is on.

CUB SCOUT TIPS

Advancement and the Adventure Program

Bill Smith, the Roundtable Guy, 2008

Updated 2014 & 2017 by Commissioner Dave

All Cub Scout activities should involve as many of the three Aims of Scouting (Participatory Citizenship, Character Development, Personal Fitness) as well as “Outdoor Skills and Awareness” and “Leadership and Life Skills” as possible.

Adventure opportunities are prevalent in most of the things we do in Cub Scouts. In family and den activities, in ceremonies at pack meetings, in things we sew on the uniforms, advancement is there. **And the Adventure program capitalizes on this.**

First, recall that advancement is a Method of Cub Scouting. That means we should use it to achieve the Aims of Scouting (Participatory Citizenship, Character Development, Personal Fitness) and purposes of the program (“Outdoor Skills and Awareness” and “Leadership and Life Skills”). And have **FUN** doing it. The books, the requirements, the badges – everything - is there for us to help each boy develop. Think of the Adventure Program as a tool we use to help the Cub Scout grow.

Advancement is one of the methods used to achieve Scouting's aims—character development, citizenship training, and personal fitness. Everything a Cub Scout does to advance is designed to achieve these aims and aid in his personal growth. These badges are a means to an end—not an end in themselves. *The Cub Scout Leader's Book*

Each requirement is an adventure that a young lad takes along with his special leader: his Akela. On the trail he is challenged to do his best to overcome the obstacles he meets. This gives the boy's Akelas opportunities to achieve those **Purposes of Cub Scouting**. His parents and his den leaders who guide him and help him on these requirements should be aware of both the adventure and the purposes.

The Cub Adventure Team (CAT), the task force that updated the Advancement Program, spent a lot of time reviewing how requirements related to the aims and purposes Scouting (Participatory Citizenship, Character Development, Personal Fitness) and “Outdoor Skills and Awareness” and “Leadership and Life Skills” before writing changes and creating new ideas. They stayed focused on the correct goals listed above as well as making the program more active and current with today's boys' needs. ***This became clear***

to me during the Cub Scout Adventure Program course at Philmont Training Center.

Each requirement in each Adventure for each rank represents a challenge to that boy. How he reacts to each challenge will depend on how he perceives that particular encounter. Some boys revel in challenges. Others are intimidated. Each boy has his own unique responses. We need to be flexible in presenting the Adventure Program and how we treat the advancement requirements. Don't make them seem too easy or they lose meaning. Too hard, and boys get discouraged.

It's the boy that counts here, not necessarily the requirements. The journey rather than the destination is what is important. As Bill's first Scouting Guru, [Bud Bennett](#) would say about Cub Scout projects,

"It's not what the boy does to the board that matters; it's what the board does to the boy."

Remember, methods in Cub Scouting are meant to be flexible. We should do what we feel is best for each boy. The *Parent Guide* in the *Wolf Cub Scout Book* reminds us:

In Cub Scouting, boys are judged against their own standard, not against other boys.

The Adventures are not tests that a boy must pass to advance in order to continue in Scouting. They are a series of experiences that help him grow into a more effective human being. All we ask is that he does his best in each of them.

Doing your best is one of the most important things for the Cub Scout to learn. Boys often become so interested in winning that they fail to see the importance of doing the best they can at everything. One boy's best might be quite different from another boy's best. *The Cub Scout Leader Book*

The **Adventure Program** provides a series of surmountable obstacles and steps to help Leaders guide the boys to overcome them. The Scout plans his advancement and progresses at his own pace as he overcomes each challenge. The Scout is rewarded for completing each Adventure with a belt loop. The completion and the recognition help him gain self-confidence. The steps in the Adventure Program help a boy grow in self-reliance and the ability to help others. The first rank that **EVERY** boy **MUST** earn when entering the Cub Scouting Program is the **Bobcat** rank. Bobcat features the Ideals of Scouting: The Scout Law, The Scout Oath (or Promise), the Cub Scout Motto (Do Your Best). These all teach participatory citizenship and contribute to a boy's sense of belonging.

The purposes and ideals of Scouting are excellent character guidelines for any group, organization or individual. *School for Champions*

The Adventures – There are 7 for Tiger, Wolf, and Bear, 6 for Webelos, and 5 for Arrow of Light - represent those things a growing boy should be doing as he learns to be a good citizen (Participatory Citizenship), to be a more responsible and capable person and to do the right thing (Character Development), and how to stay healthy (Personal Fitness). The Adventures give parents and others ample opportunities to observe and understand how this boy is growing up: what sort of adult he will be, what kind of husband, what type of father, and what quality of community member he will become. Informed parents and leaders can - and should - make the Adventures fun experiences.

The Tiger program is an effective process to introduce parents to the values and practices of Cub Scout Adventures. Family involvement is an essential part of Cub Scouting. When we speak of parents or families, we are not referring to any particular family structure. Some boys live with two parents, some live with one parent, some have foster parents, and some live with grandparents, other relatives or guardians. Whoever a boy calls his family is his family in Cub Scouting.

Adventures involve TALKING. The boy and his parent(s) TALK, they listen to each other, they plan; they express their hopes, their concerns, and their jokes. They learn to respect each other's moods, ideas and styles. They create special communication channels that remain vital and valuable for all their lives.

Although most Adventures are done at Den Meetings, encourage parents to do Elective Adventures with their sons to increase parental bonding. Encourage parents to help you teach the skills. What could make a boy prouder than to see his parent(s) teaching his buddies!! Leaders, do not shut out the parents by requiring all Adventures to be done at den meetings that denies the parents the opportunity to establish better relationships with their sons.

I am reminded of Linus, a boy who lived here in Portland. At a young age he became excited about a toy chemistry set and soon chemistry captivated him and he became so obsessed that he tended to neglect other activities and didn't even finish high school. [Linus C Pauling](#) went on to become a world famous pioneer in the application of quantum mechanics to chemistry, and one of the founders of molecular biology, and to win two Nobel Prizes.

Webelos and Adventure Pins

By the time boys are Webelos, they are more serious about goal setting, team building and reaching out to other adults in the community. The Webelos and Arrow of Light Adventures are designed to give them ample opportunities to become knowledgeable and even skilled in the outdoors and in the fields such as art, science, health, communication and government. **The Webelos and Arrow of Light boys will receive a pin for each Adventure to be placed on the traditional Webelos colors.**

About this age, boys start looking outside their families for acceptance and guidance. Good packs will ensure that Webelos and Arrow of Light den leaders have lots of adult help for their Adventures. This not only makes the Webelos and Arrow of Light Den Leaders' jobs easier but provides the boys opportunities to interact with a several adults. Build a data base of all the skills, hobbies and interests of parents as soon as the families join your pack.

And finally, remember to show off your leadership skills by recognizing each Adventure by presenting the belt loop (Tiger, Wolf, Bear) or pin (Webelos, Arrow of Light) with an award ceremony that the boy will remember for years to come.

And then make the sure the rank presentation ceremony is even greater!! And don't force it to the Blue and Gold – remember the motto – Do Your Best – present the awards when earned!!

What are YOU going to do now?



DEN MEETING TOPICS

Remember – Boys want to be active!!

See, too, that they earn their awards
(*Never say GET. You get sick, you do not get awards*
– *You earn awards. A little CD Philosophy*).

Big Rock Ideas – suggestions for Big Rocks that fit Interest Topics or seasonal activity. The years next to an item (e.g. 13-14) is the Roundtable Planning Guide where the suggested Big Rock is published. All Big Rocks are on-line at

<http://www.scouting.org/scoutsource/Commissioners/roundtable.aspx>

MONTH/ PM CORE VALUE	DECEMBER - KIND	JANUARY - HELPFUL	FEBRUARY - CHEERFUL
PACK MTG THEME	Paying It Forward		
MEETING	Adventures that tie to Interest Topic	Adventures that tie to Interest Topic	Adventures that tie to Interest Topic
TIGER	The 2017-18 CS RT Planning contains no ideas for CS Adventures.	The 2017-18 CS RT Planning contains no ideas for CS Adventures.	The 2017-18 CS RT Planning contains no ideas for CS Adventures.
WOLF	A dedicated group is publishing the "Philmont Supplement to the CS RT Planning Guide." It has items for Adventures. It is on the BSA Roundtable Commissioners Facebook page. See article in Part II of Baloo's Bugle.	A dedicated group is publishing the "Philmont Supplement to the CS RT Planning Guide." It has items for Adventures. It is on the BSA Roundtable Commissioners Facebook page. See article in Part II of Baloo's Bugle.	A dedicated group is publishing the "Philmont Supplement to the CS RT Planning Guide." It has items for Adventures. It is on the BSA Roundtable Commissioners Facebook page. See article in Part II of Baloo's Bugle.
BEAR	Also, check the list in the Bugle of Adventures that have a CHARACTER COMPASS pointing to KIND!	Also, check the list in the Bugle of Adventures that have a CHARACTER COMPASS pointing to HELPFUL!	Also, check the list in the Bugle of Adventures that have a CHARACTER COMPASS pointing to CHEERFUL!
WEBELOS			
ARROW OF LIGHT			
RT MONTH	November, 2017	December, 2017	January, 2018
RT FOCI	Big Rock Ideas - Advancement - Why Do we Do it? (17-18), Community Service—Why We Give Back (17-18), Youth with Disabilities (16-17), BSA Outdoor Ethics (17-18), Interest & Session Topics - Pick any CS Interest Topics from the list - Duty, Honor, Respect may be good with Kind, Debates and Blue & Gold work with calendar.	Big Rock Ideas - Community Service (17-18, 14-15), Recruiting Commissioners (15-16), Chartered Org Relationships (13-14), Parent Engagement (12-13), Interest Topic - Pick any CS Interest Topics from the list - Leader Recruitment or BSA Structure may be good with Theme. Blue & Gold works with calendar.	Big Rock Ideas - Supplemental Training Beyond Your Council (17-18), Advancement — Why We Do It (17-18), (Create One); Interest Topic - Pick any CS Interest Topics from the list - Leader Recruitment or BSA Structure may be good with Theme. Pinewood Derby may be good this month

THEME RELATED STUFF

THEME RELATED ADVENTURES

All Adventures are fun. –

GOOD ADVENTURES FOR "JOBS! JOBS! JOBS!" and HELPFUL



TIGER –

- ✓ Tiger Jungle (#3 Helping plants and animals, #4, hang a birdhouse) Core
- ✓ Games Tigers Play (#1 - Help the Den play a game, #5 - Bring a snack) Core
- ✓ Team Tiger (#2 - Do a Den Job, #3 - Do chores at home #5 - Help your community) Core
- ✓ Tiger Bites (#3 - Do a meal time job for a week, #4 - Keep your area clean) Core
- ✓ Earning Your Stripes (#3 – One new task to help, #6 – Service project) Elec
- ✓ Good Knights (#5 – Service Project) Elec

WOLF –

- ✓ Council Fire (#2 - Perform Den Jobs, #4 - Service Project) Core
- ✓ Cubs Who Care (#1 - Visit a person with a disability) Elec
- ✓ Germs Alive (#6 - Keep your room clean) Elec
- ✓ Hometown Heroes (Most requirements are helpful) Elec

BEAR –

- ✓ Fellowship and Duty to God (#2a - provide service to place of worship) Core
- ✓ Paws for Action (#2.f.v - Help younger brothers and sisters ..., #3 - Do a community clean up) Core
- ✓ Grin and Bear It (#3 – Help younger Cub Scouts ...) Elec
- ✓ Critter Care (Adventure is about being helpful with your pets) Elec

WEBELOS CORE –

- ✓ Stronger, Faster, Higher (#5 - Lead younger Scouts in a fitness game) Core
- ✓ Webelos Walkabout (#7 - Complete a service Project, #8 - Perform a leadership role) Core

ARROW of LIGHT CORE –

- ✓ Building a Better World (#8 – Being Kind to the earth – recycling) Core
- ✓ Duty to God in Action (#2e – Service Project for another) Core

WEBELOS ELECTIVES –

- ✓ Aware & Care (#7a - Do a Good Turn for Skilled Nursing facility residents, #7g - Service project for a specific disability, #7h - Help at an activity for organization for disabled) Elec
- ✓ Fix It (#4 – projects on the list could be done by being helpful for someone else) Elec
- ✓ Project Family (#5 - Community Service or Conservation project) Elec

CHARACTER COMPASS

JANUARY -

ADVENTURES with a **CHARACTER COMPASS** pointing to **HELPFUL**:

TIGER –

- ✓ Tiger Bites (Core)
- ✓ Curiosity, Intrigue, & Magical Mysteries (Elec)

WOLF –

- ✓ Howling at the Moon (Core)
- ✓ Paws of Skill (Elec)

BEAR –

- ✓ Fellowship & Duty to God (Core)

WEBELOS CORE –

- ✓ (None)

ARROW OF LIGHT CORE –

- ✓ Camper (Core)

WEBELOS & AOL ELECTIVES –

- ✓ Fix It (Elec)



FEBRUARY -

ADVENTURES with a **CHARACTER COMPASS** pointing to **CHEERFUL**:

TIGER –

- ✓ Tigers in The Wild(Core)
- ✓ Floats and Boats (Elec)

WOLF –

- ✓ Howling at the Moon (Core)
- ✓ Code of the Wolf (Elec)

BEAR –

- ✓ Bear Necessities (Core)
- ✓ Roaring Laughter (Elec)

WEBELOS CORE –

- ✓ Webelos Walkabout (Core)

ARROW OF LIGHT CORE –

- ✓ None (Core)

WEBELOS & AOL ELECTIVES –

- ✓ Adventures in Science (Elec)



PACK MEETING THEMES AND PLANS

www.scouting.org

From National's Website for the new plans using the Core Values based on the Scout Law:

Here are a few thoughts to consider around these new pack meeting plans. First, there is a plan for each month that corresponds with a point of the Scout Law. In addition, each plan has a theme to help make the pack meeting even more fun! The plans do not have to be used in a specific order.

Tips for Utilizing the Plans

- ★ Pack meeting plans do not have to be done in any special order, but it is recommended that you include all of the points of the Scout Law each year. The pack planning meeting would be a good time to determine the order.
- ★ There are pack meeting plans for multiple years posted on the website. It is your pack's choice of which one to select from each point of the Scout Law for each year.
- ★ Pack meetings should not last longer than an hour. Adjust the plan to make it fit within the time. Research and experience tells us that Cub Scouts have a hard time sitting still for that long. Keep the meetings fun, active, and engaging.
- ★ If you are comfortable with a costume to fit the theme of the meeting, go for it!
- ★ Importantly, keep it simple and make it fun.

BEING KIND
DOESN'T 'COST'
YOU ANYTHING

- ★ The following required adventures have a requirement that suggests or requires completion at a pack meeting. Please plan accordingly as part of your annual program planning process. Work with your den leaders to plan when these activities will take place.

Tiger

- ★ **Tigers in the Wild**, requirement 5. Participate in an outdoor pack meeting or pack campout campfire. Sing a song and act out a skit with your Tiger den as part of the program.
- ★ **Games Tigers Play**, requirement 3. Make up a new game, and play it with your family or members of your den or pack.

Wolf

- ★ **Council Fire**, requirement 6c. Create a den project from recyclables for a pack meeting.

Bear

- ★ **Grin and Bear It**, requirement 2. Working with the members of your den, organize a Cub Scout carnival and lead it at a special event.
- ★ **Grin and Bear It**, requirement 3. Help younger Cub Scouts take part in one of the events at the Cub Scout carnival.

Webelos

- ★ **Stronger, Faster, Higher**, requirement 5. With adult guidance, lead younger Scouts in a fitness game or games as a gathering activity for a pack or den meeting.

Arrow of Light

- ★ **Building a Better World (if chosen)**, requirement 10b. Set up an exhibit at a pack meeting to share information about the World Friendship Fund.

Check them out at:

<http://www.scouting.org/Home/CubScouts/Leaders/CubmasterResources/PackMeetingPlans.aspx>



PACK MEETING THEMES

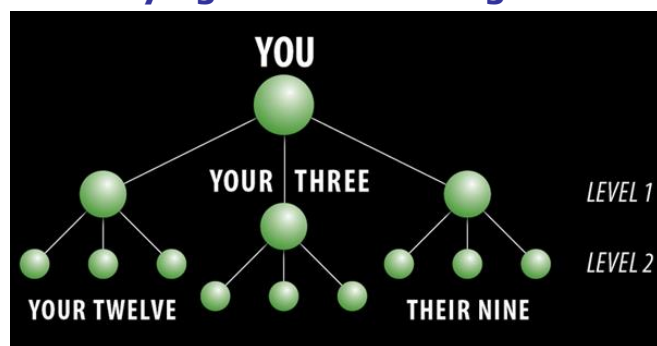
Kim, the chair of the task force, says "I do want to stress that the focus is still the Core Value and the theme is just there as an enhancement. Pack meeting theme plans are specifically crafted to bring out the important points of the Core Value in a fun way."

2017–2018 Pack Meeting Plans		
Dec	Kind	Paying It Forward
Jan	Helpful	Jobs, Jobs, Jobs
Feb	Cheerful	Abracadabra!
Mar	Trustworthy	Cub Scout Investigators
Apr	Loyal	Cubs in the Future
May	Friendly	Treasure Hunters
Jun	Obedient	Wheel Into Summer
Jul	Brave	Home of the Brave
Aug	Clean	Destination Parks

If you are using a paper copy the link to all the Pack Meeting Plans is:

<http://www.scouting.org/Home/CubScouts/Leaders/CubmasterResources/PackMeetingPlans.aspx>

Paying it Forward Diagram



You help 3 people and they each help 3
You therefore helped 12 people!!



UPCOMING MONTHS

For January, the suggested Pack Meeting theme, **Jobs, Jobs, Jobs**, emphasizes the Scout Law point, **HELPFUL**.

Month	Year	Theme
HELPFUL Months in Adventure Program		
November	2015	Cubs In Action
September	2016	To The Rescue
Potential HELPFUL Months		
October	1941	Live and Help Live
December	1945	Follows - Helps - Gives
December	1947	Helps and Gives
December	1950	Helps
December	1951	F-H-G
December	1961	Follows, Helps, and Gives
December	1972	Follows, Helps, Gives
December	1984	Do a Good Turn
December	1985	Follows, Helps, Gives
December	1991	Follows, Helps, Gives
December	1992	To Help Other People
December	1995	Do a Good Turn
December	1996	Helping Others
December	1997	The Golden Rule
November	2008	Spreading Seeds Of Kindness



Jobs, Jobs, Jobs Providing Service

September	1951	Barn Raisin'
September	1965	Barn Raising
December	1969	The Cub Scout Gives Good Will
December	1971	Cub Scout Gives Good Will
December	1975	Cub Scout Gives Good Will
April	1999	Pollution Solution
April	2001	Save It For Us
November	2001	Hometown Heroes
November	2002	Kids Against Crime
February	2003	Uncle Sam Depends on You
December	2003	A Cub Scout Gives Good Will
January	2004	Home Alone
October	2005	To The Rescue
December	2005	Faith, Hope & Charity
November	2009	Scout Salute
April	2010	Spring into Action
November	2010	Citizenship
November	2011	Citizenship
September	2012	Hometown Heroes
March	2013	Planting Seeds of Kindness
April	2013	Cub Scouts Give Thanks
August	2013	Kids Against Crime
November	2014	Give Goodwill
March	2015	Aware and Care
September	2015	Cubscout
July	2016	Scout Salute



For February, the suggested Pack Meeting theme, **Abracadabra**, emphasizes the Scout Law point, **CHEERFUL**.



A Scout is **CHEERFUL**. The theme **ABRACADABRA** is used to help Cubs understand being **CHEERFUL**.

A SCOUT IS CHEERFUL

A Scout looks for the bright side of life. He cheerfully does tasks that come his way. He tries to make others happy.

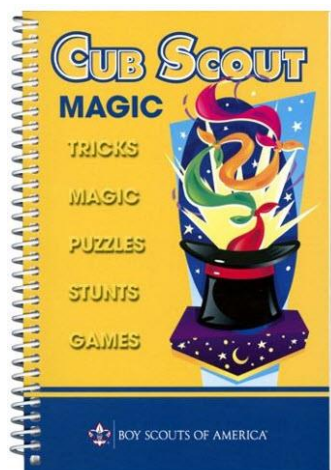
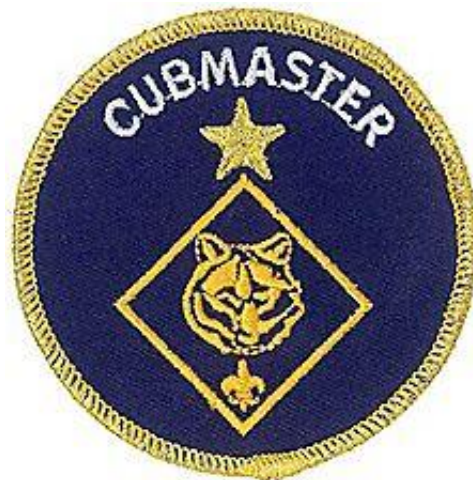
HOW DOES "ABRACADARA" RELATE TO THIS POINT OF THE SCOUT LAW?

Cub Scouts love to amaze and to be amazed. Discover the magic this month as your pack dazzles the audience and spreads cheer by sharing magic tricks.

Month	Year	Theme
CHEERFUL (Themes for Cooperation & Positive Attitude)		
January	2009	A-MAZE-ing Games
September	2010	Cooperation
January	2011	Positive Attitude
September	2011	Cooperation
January	2012	Positive Attitude
September	2012	Hometown Heroes
January	2013	Abracadabra
September	2013	Amazing Games
January	2014	Lights, Camera, Action
September	2014	Under the Big Top
January	2015	Yes, I Can

MAGIC

September	1941	Cub Magicians
January	1948	Magic Tricks and Puzzles
June	1951	Lost on an Island
November	1961	Cub Scout Magic
October	1965	Magic Words
October	1970	Cub Scout Magicians
March	1979	Making Magic
August	1991	Cub Scout Magic
April	1995	Cub Scout Magic
May	2002	Abracadabra
May	2008	Abracadabra
January	2013	Abracadabra
February	2018	Abracadabra

**CUBMASTER THOUGHTS****The Blue and Gold**

*Mark Diienno, Cubmaster Emeritus,
Garden State Council*



As Cubmaster of a Pack for 11 years, this event had a wide ranging effect on me and what my responsibilities were in insuring a successful program. There was no other program event that required more effort, cooperation, and execution as The Blue and Gold Banquet.

So what is The Blue and Gold? The answer is surprising to some.

**IT'S A BIRTHDAY PARTY!!**

It's the celebration of the birth of the Boy Scouts of America (BSA). Hence the name, given for the traditional Cub Scout colors.

It is intended to be celebrated in February, to coincide with the birth of the BSA. The date and time is February 8th, 1910 at 11:03AM. At that precise hour, William D. Boyce filed the incorporation papers for the BSA. See Bryan's Blog for February 8, 2017, titled

"We know the date (Feb. 8, 1910), but at what time was the BSA founded?" The link is:

<https://blog.scoutingmagazine.org/2017/02/08/we-know-the-date-feb-8-1910-but-what-time-was-the-bsa-founded/>

Birthday parties conjure up images of games, songs, and good times. Boys having fun as they celebrate the annual tradition of saluting ones existence.

Does this sound like your Blue and Gold?

I would bet not.

Blue and Gold Banquets have become something very different than what you would think would happen at a birthday party.

For some units, it's the target month where Arrow of Light Scouts choose their Troop, and cross over into Boy Scouting.

Some units, more often than not, refer to Blue and Gold as CROSSOVER.

Crossover is a completely different experience.



Obviously seeing boys leave your unit, some who have been with you five years, is an important event.

And they aren't the only ones leaving.

Their parents, some of whom have volunteered their time as Leaders, Assistant Leaders, or Committee members will also be taking their talents with them as they cross a bridge with their sons and join the Troop of their choice.

This is pretty heavy weight stuff.

There is a lot going on here.

And that's something to consider when you plan your Blue and Gold.

As Cubmaster, the pack meeting is your primary focus, and Blue and Gold is a Pack Meeting.

The entire unit will come and enjoy the program you have carefully planned, and are ready to execute.

Keep in mind as with any Pack Meeting, the moment scout families are in your presence, scouts and their families should be doing something. Their time they are giving the unit, just by attending, has value.

They could be doing anything else.

And if while in your presence the program lags and the time they have chosen seems wasted to them, they won't think much of their decision to join you at this fine birthday party.

But as with any Pack Meeting, you can't go wrong if you follow the seven steps of a great pack meeting.

Before the meeting- There should be a plan in advance as to what you want to do.

A theme is a must, whether it is the suggested theme in the program year, or one you may have thought up with your Leaders. This one is pretty simple.

It's a Birthday Party.

There are advancements to be given out and boys and leaders to be recognized.

The communication between Scout family, Leader and Unit is crucial here.

(Scoutbook is a perfect way to accomplish the task of recognizing the boys in a timely fashion.)

A venue must be chosen to accommodate this festive occasion.

And here we begin the debate as to what the flavor of the eve should be.

Many Cub Scout Units rent a hall for this event.

Some have it catered.

The enormity of what this can become is staggering, And unnecessary.



A Scout is Thrifty with his time, talent, and treasures (resources).

Having your Blue and Gold at your normal Pack meeting place is very appropriate, and (ahem) free.

It is easy to fall into the trap that we, especially since boys may be crossing over into the Troop of their choice, are obligated to send them off in a wedding type atmosphere.

Like a Cub Scout prom.

I have, in my tenure in Cub Scouting, paid for Blue and Gold upwards of \$3500.00.

Now as experience and the Scout Law and Oath are more ingrained in me, I wish I could go back in time and use that money for more Scout relevant items.

Like equipment

Or to help in families to realize day camp.

Or Webelos resident Camp.

Or You name it.

I just came to the realization that the expense of this mentality (rented hall, catered dinner) was too great to justify.

Again, remember - **A Scout is thrifty.**

When my unit first started we had 7 scout families, and our first Blue and Gold went something like this...

- All families contributed some type of covered dish.
- We decorated the basement of our church like it was going to be a party.
- We spent a grand total of \$75 the Scout's money towards this event.

I STILL REMEMBER IT.

It had value.

It was relevant.

Many times, families from that first Blue and Gold still approach me to fondly reminisce about that simple and effective afternoon.

KISMIF =

Keep it simple, make it fun.

The Seven Parts of a Pack Meeting translated to Blue and Gold

- # 1: **Before the Meeting** - Make sure you have all your props, your scripts, the "support staff" is ready, the awards are all signed. Check with your Event Chair on other logistics (the food should not be your responsibility). **AND DON'T FORGET TO BREATHE!!**
- # 2: **Gathering**- there should be something for everyone to do, the moment they walk into the door. Mingle Bingo, Games of skill, I spy, are just a few of many ideas to keep scout families entertained and happy as they realize the party you have planned might actually be awesome!!!
- # 3: **Opening**- knock it out of the park. Use patriotic music. This is a great opportunity to let the boys lead.
- #4 & #5 **Program/Recognition.** – Should be fast paced and fun.

I found that mixing program and recognition together is an effective way to keep people engaged while also keeping an eye on recognizing the accomplishments of the scouts.

If you recognize all the boys in your unit, one right after the other, the audience may be sitting for a long time, politely clapping for the many

other scouts who have earned awards and rank, and time may drag for them. (Remember you have Lions and Tigers in your midst).

Do a fun activity after each rank advancement:

Don't let them just clap – lead a cheer. **CD's Mom always said that cheers were to provide the wiggle time for the Cub Scouts so they don't get bored and fussy.**

- ✓ Play a table game with the Pack. (E.g. mad Libs, Ask them to answer funny questions)
- ✓ Sing a song – with or without motions. Have them stand and move a little.
- ✓ Lead a "Do As I Do, Say as I Say" Audience Participation
- ✓ **Have fun.**

Even getting up to eat can be a game.

Play a variation of musical chairs, and who's ever table sits first when the music stops can go up to eat.

A savvy Cub Master can have lots of fun here.

- # 6: **Closing**- like the opening, the closing should be a moment your guests will remember because it's the last thing they will hear and see.

- ✓ Your Cubmaster minute should thoughtful and insightful.
- ✓ The flags should be retired properly.
- ✓ Don't forget to wish Cub Scouting a Happy Birthday!

- # 7: **After the Meeting**- Sit down and evaluate what went well and what you want to do differently next year. Choose next year's theme NOW!



In summary - My fellow Cubmasters,

It is your PROGRAM that will ultimately decide the success of any Pack Meeting, but none more so than Blue and Gold.

Resist the urge to spend money when you have the resources in your Pack Families to create an event no one will forget, and on the cheap.

Avoid a Marathon. Pack Meetings were never intended to go 4 hrs, neither is your Blue and Gold.

Consider a different time and venue for your Crossover.

Note from CD –

My first B&G when I was a Cubmaster was marathon and many people left early with tired children (Scouts and younger siblings). We tried to do it all that night. After that we decided to do all but the Arrow of Light and Crossover at Blue & Gold. We saved the Arrow of Light and Crossover for the next month and that Pack Meeting became our traditional WEBELOS night. No other awards were given that night and we focused completely on the WEBELOS. They were the stars of the show. And they loved it. Instead of being a small part of the birthday party, they were the whole show. And it was inspiring to the younger Cub Scouts to see what the WEBELOS had done and what we did for them. Just a thought.

Your council's Scout Reservation has facilities that make it a great location for Crossover (e.g. a camp fire circle, a parade field, a clearing in the woods). Just bring your bridge. Maybe arrange it so the Troop which (most) of your Cubs are joining is camping there that weekend and they can leave your Pack and start their first camping trip! (To accomplish that will take planning)

Think about the fact you are creating another event for your Pack that will make life long memories for your scouts and families.

That's a win win.

So there you have it.

This one is tailor made to put your Pack in position to succeed, cause after all -

Who doesn't LOVE a good Birthday PARTY!

Happy Birthday Cub Scouting.

For more help, be sure to check out –



WEBELOS



Always an S - Webelos always ends with an S whether talking about one Webelos Scout or a den of Webelos. It is an acronym – **WE'll BE LOyal Scouts**. As the CS RT Commissioner who mentored me says – "If you don't have an S at the end – then there is nothing to which to be loyal." (She was the N5-690-17 Wood Badge Scoutmaster!!)



The Two Dens – The correct names for the two years of the Webelos Program are the **Webelos Den** and the **Arrow of Light Den**. In the National Scout Shop where I work part-time, at Roundtables, and most everywhere I go, I hear people say Webelos I and Webelos II. Webelos I & II are a little like Class A and Class B Uniforms. They are terms many Scouts and Scouters use but are not found in any material printed by the BSA. I am looking for why the BSA did not choose Webelos I and II and will let you know when I know. But please use the correct terms so all will understand. Thank you. CD



ARROW of LIGHT PRESENTATION

This ceremony combines “Top of the Mountain,” based on a story by Ernest Thompson Seton and “The Seven Virtues” graduation ceremony. Either one alone also makes an impressive Arrow of Light Ceremony



Props:

Pictures or actual or props for

- ✓ cactus,
- ✓ sagebrush,
- ✓ cottonwood spray,
- ✓ cedar and
- ✓ pine,

"Cub-a-labra" with 7 candles, (See picture above).

Preferably one using the 7 rays of the Arrow of Light as candleholders. If the construction will allow this, definitions of the Seven Virtues in large type could be placed on the back side of the Cub-a-labra (out of sight) so that it looks like the boys have memorized the parts.

Candleholder with four candles – White, Green, Blue, Yellow (All about the same size and shape)

Large white candle to use to light all the others

Personnel –

- ✓ Cubmaster (CM)
- ✓ Assistant CM (CA)
- ✓ Webelos Leaders (WL)
- ✓ Committee Chair (CC)
- ✓ All Cub Scouts receiving the Arrow of Light
- ✓ One Cub Scout from each rank, including Bobcat.

Set Up – station the following Cubs outside of the ceremony area –

- ✓ Tiger with cactus
- ✓ Bobcat with Sagebrush
- ✓ Wolf with cottonwood spray
- ✓ Bear with cedar
- ✓ Webelos Scout with pine bough
- ✓ Arrow of Light Webelos Scout or one receiving it that night

Ceremony -

Cubmaster - Tonight we gather to honor (# of Scouts receiving award) WEBELOS Scouts that have earned the highest award in Cub Scouting: The Arrow of Light. But before I present these awards, let me take a moment to relate an appropriate story and tell you a little about the Arrow of Light.

Afar off in our dry southwestern country was an Indian village, behind which a high mountain towered above the desert. It was considered a great feat to climb this mountain, so all the young braves of the village were eager to attempt it.

One day, the chief said, “Now, boys, you may all go today and try to climb the mountain. Start right after breakfast, and go as far as you can. Then when you are tired, come back; but each of you must bring me a twig from the place where you turned.

Away they all went; full of hope, each feeling that he surely could reach the top.

Soon the first boy returned. **(Enter Bobcat with sagebrush)** He carried a twig of sagebrush. You did not reach the mountain; you did not even cross the desert. I like to think this boy is like a newly inducted Cub Scout; he has just barely started.

An hour later the second boy came slowly back, puffing and sweating. **(Enter Tiger with cactus)** He stood before the chief, and in his hand, he held a piece of cactus. The chief smiled and said, “My boy, you barely got started.” “Well” said the chief, “you reached the foot of the mountain, but you did not start the climb.”

This boy is like the Cub Scout who has earned his Tiger badge; he has progressed on his journey but has not really started his climb.

After another hour, the third boy came back. **(Enter Wolf with cottonwood spray)** He held out his cottonwood spray. “Good” said the chief, “you got as far as the springs.” This represents the Cub Scout who has reached the first level of his climb and received his Wolf badge.

A while later, another boy came back with some cedar. **(Enter Bear with cedar)** The chief smiled when he saw it, and spoke, “Well done, my boy, you went halfway up.” This is like the Cub Scout who is halfway up the advancement trail and earned his Bear badge.

Later in the afternoon, the next boy returned carrying a branch of pine. **(Enter Webelos Scout with pine bough)** To him the chief said, “Good, you went to the third level. You made three - quarters of the climb. Keep on trying. Next year you will undoubtedly reach the top.” The Cub Scout who has earned his WEBELOS badge has reached the three-quarter mark and is in sight of the top.”

The sun was low when the last boy returned. (**Enter Arrow of Light Webelos Scout**) He was a tall, splendid boy of noble character. He approached the chief and held up his hand. It was empty. But he was radiant as he spoke. "My father, there were no trees where I went. I saw no twigs, no living thing upon the peak. But far and away I saw other mountain peaks, and beyond them the shining sea." Now the old Chief's face glowed as he said, "I knew it! I knew it when I looked upon your face. You have reached the top. It is written in your eyes and it rings in your voice. My boy, you need no twigs for token, you have seen the glory of the mountain."

The brave who reached the top is like the Cub Scout who has reached the top - the Arrow of Light Award. But, beyond the top are the peaks of the Boy Scouting program that must be met and climbed to reach the shining sea of adulthood.

Our Scouts like the brave that reached the top of the mountain, have worked very hard to earn this prestigious award, and to demonstrate that they understand the purpose of Scouting.

Webelos Scouts of Akela, are you ready to climb the mountain?

Then climb up on the stage (using the steps) and take your positions at the large Arrow of Light

CM The Arrow of light is the highest Award in Cub Scouting. It is the only Cub Scout badge of rank that a Cub may transfer to his Boy Scout uniform.

Tonight, we are privileged to present ____ Arrow of Light Awards.

You see the Pack ### Webelos Class of 20?? assembled at the ceremonial Arrow of Light

CA Webelos Scouts, you have completed all the requirements for the Arrow of Light Award. You have visited a Boy Scout Troop and obtained an application to join. You have begun to see the excitement that lies ahead for you in Boy Scouting.

WL #1 (Lights blue candle) This blue candle represents the spirit of Cub Scouting. That spirit of giving good will and doing your best.

WL #2 (Lights white candle) This white candle represents the spirit of Scouting. If you promise to fulfill the Scout Law and Oath and the Cub Scout Motto, Do Your Best. Please say, "I do"

WEBELOS I DO!!!!

CC (Lights yellow candle) This yellow candle represents the Arrow of Light Award. Let's take a moment to look at the Arrow of Light before we go any further.

CM The seven candles before you represent the rays in the Arrow of Light. These seven rays stand for the seven great virtues of life...virtues that WEBELOS Scouts must have if they are to succeed and advance in Scouting and in life. For younger Scouts, living by and using these 7 great virtues will help you achieve much on your trail upward to the Arrow of Light.

All other Webelos scouts please join their brothers on the stage to help in explaining the seven rays on the Arrow of Light.

Webelos #1 A Scout has WISDOM (light candle #1) Having wisdom doesn't mean that a Scout is smarter than others. It means that he uses what he knows to live a better life -- to be a good example for other people, young and old, Scouts and others, family and friends.

Webelos #2 A Scout has COURAGE (light candle #2) Having courage doesn't mean that you're never afraid -- very courageous people are often afraid. However, facing danger despite your fear is the act of a brave, courageous Scout.

Webelos #3 A Scout has SELF-CONTROL (light candle #3) Scouts have to know when to stop. When you can stop yourself when you have had enough or done enough of something -- enough eating, enough playing, or even enough working -- then you have self-control. Know what behavior is correct in each situation, and do it. When you have self-control, you are growing up as a Scout.

Webelos #4 A Scout gives JUSTICE (light candle #4) Justice is part of the Pledge of Allegiance: "with liberty and justice for all." Justice is being fair with others that we go to school with, work and play with. Justice means it doesn't matter who the person is, or what color they are, or what they do...Scouts are fair to everyone.

Webelos #5 A Scout has FAITH (light candle #5) Scouts believe in God. Faith means that we believe in God and other things we cannot see. When you know God exists in your heart, you have faith.

Webelos #6 A Scout has HOPE (light candle #6) Hope means you look forward to good things that you believe will happen. You hope for better things tomorrow, but you work hard today to make those good things happen.

Webelos #7 A Scout has LOVE (light candle #7) Scouts have many kinds of love. Love of family, home, your fellow Scouts, God and country are all a part of Scouting. Every kind of love is important for a full and happy life.

CM Thank you Webelos. You may return to your seats now.

CA You will find that if you live your life by these seven virtues, you will be happy and will make the people around you happy as well.

CC The WEBELOS Scouts before us this evening have proven that they understand their responsibilities as good sons and good Scouts. With the help of their willing parents, they will advance far along the Boy Scout Trail.

Webelos Scouts please extinguish your candles and assemble at the front of the stage.

CA Parents come forward. Stand behind your sons

CC Remember that the spirit of Cub Scouting and Boy Scouting are one and the same. The spirit of the entire Scouting movement is one of service, high ideals, and fellowship.

CM To each family I am presenting the Arrow of Light Award and ask you pin it on your boy. This award is worn on your Webelos uniform now and your Boy Scout uniform later.

CA Notice that we left an unlit green candle representing the Boy Scout program. This is to remind you that there is more adventure ahead as you continue in Boy Scouting after your graduation.

CM Congratulations, Scouts. (Lead Cheer)

WEBELOS TO BOY SCOUTS BRIDGING CEREMONY

Del-Mar-Va Council

I picked this up at a Del-Mar-Va Council Pow Wow a few years ago and it has become my favorite bridging ceremony. The bridge I made for this ceremony generally gets used several times each year as other Packs in my district borrow it for the ceremony. CD

Props –

4 - 5 to 6 foot 4 X 4's (or 2X6's) for foundation
notched to interlock

5 - 4 foot 2x10's - one plain, one yellow, one blue,
one green, one red

All words are spoken by same person (Narrator, Cubmaster) but you could divide them up amongst several leaders.

Narrative



WEBELOS leader, will you please place the first post on the stage in a North/South direction. (WL places post)

WEBELOS Asst. leader, please place the second post on the stage three feet away from the first post in the North/South direction. (WA places post)

These two posts placed here are symbolic of the foundations of Scouting that these WEBELOS leaders have instilled in their WEBELOS Scouts through activities and outings as represented by the natural brown color.

Scoutmaster (name) and Assistant Scoutmaster or Senior Patrol leader, please place your posts in an East/West direction 3 feet apart over the North/South posts that are already in place. (SM and SPL place posts)

The structure represents Boy Scouting building on the Scouting foundation begun in WEBELOS. These leaders have set the stage for bridging the boys from Cub Scouting into Boy Scouting.



WEBELOS Scout (name), will you and your parents please bring the unfinished plank forward and place it across the east/west posts. (Scout places plank)

This unfinished plank represents the boys as they arrived in Cub Scouting, full of potential but unfinished.

WEBELOS Scout (name), will you and your parents please bring the blue plank forward and place it snugly against the unfinished plank. (Scout places plank)

This Blue plank represents the Wolf and Bear years of Cub Scouting where with the help of their parents the Scouts became true blue and loyal friends.

WEBELOS Scout (name), will you and your parents please bring the gold plank forward and place it snugly next to the blue planks. (Scout places plank)

This Gold plank represents their golden years in Cub Scouting as Webelos learning important skills through activity badges and culminating in the Arrow of Light.

WEBELOS Scout (name), will you and your parents please bring the green plank forward and place it next to the gold plank. (Scout places plank)

This green plank represents their new beginning as Boy Scouts, who will soon be green Tenderfoot scouts, anxious to begin the Boy Scout trial toward Eagle.

WEBELOS Scout (name), will you and your parents please place the final plank onto the bridge. (Scout places plank)

This last plank is red the predominant color in the Eagle Scout Badge and represents the fact that as they step off the bridge from Cub Scouting to Boy Scouting they are beginning of their journey to becoming Eagle Scouts.

Webelos entering Troop (number), please assemble with your parents at the unfinished board of the now completed Bridge to Scouting?

As we present you with your Pack graduation Certificate, will each parent please remove your sons Webelos neckerchief and slide.

Scoutmaster invites boys across the bridge, calling each by name and (performing whatever ceremonies are customary for your pack and troop)

After all have crossed - Pack (number) please stand and show your pride to the new Boy scouts from this Pack. (Cheer (Blast Off), Applause)...

We are very proud of you all.

Graduation of a Webelos Den to Boy Scouts

Adapted from Alapaha Council Pow Wow Book

All graduating Cub Scouts stand at the front of the room.

Props: 10 candles, 10 cards with verse

Dim lights - candles are lit:

Cub # 1: We've played together and worked together.

Cub # 2: Maybe had a fight or two.

Cub # 3: We've taken trips and had some slips.

Cub # 4: And seen many projects through.

Cub # 5: That Tiger Badge seems so long ago

Cub # 6: We earned our Wolf and Arrow Points.

Cub # 7: And passed the tests for our Bear degree.

Cub # 8: We earned Activity Awards for Webelos

Cub # 9: And finally those for Arrow of Light

Cub # 10: Now, Boy Scouts we'll soon be.

Leader: We hope you remember Den (#) with delight!

CM: We salute you Den (#)! Good luck! Happy Scouting!

At this time, the den does its cheer one last time and the Bridging Ceremony to Boy Scouts is begun

Let's look at the requirements -

(<http://usscouts.org/advance/cubscout/aol-core-2015.asp>)

Do all of these:

1. Prepare yourself to become a Boy Scout by completing **at least a, b, & c** of the items below:
 - a. **Repeat from memory** the Scout Oath, Scout Law, Scout motto, and Scout slogan. In your own words, explain their meanings to your den leader, parent, or guardian.

NOTE – It says "repeat from memory" not "With help as needed" like the Bobcat Award.)

- b. **Explain what Scout Spirit is.** Describe for your den leader, parent, or guardian some ways you have shown Scout Spirit by practicing the Scout Oath, Scout Law, Scout motto, and Scout slogan.
- c. **Give the Boy Scout sign, salute, and handshake.** Explain when they should be used.



Comments welcome. Let me know your opinion -

Davethecommish@gmail.com

- d. **Describe the First Class Scout badge**, and tell what each part stands for. Explain the significance of the First Class Scout badge.

The Webelos Den Leader Guide has a puzzle you can reproduce for this requirement. I have a wooden replica built on thin plywood that the Scouts take apart and reassemble. Hands On versus simply memorizing is the key!

- e. **Repeat from memory** the Pledge of Allegiance. In your own words, explain its meaning.
2. Visit a Boy Scout troop with your parent or guardian and, if possible, with your den members and leaders. After the meeting, do the following:
 - a. Describe how the Scouts in the troop provide its leadership.
 - b. Describe the four steps of Boy Scout advancement.
 - c. Describe ranks in Boy Scouting and how they are earned.
 - d. Describe what merit badges are and how they are earned.
3. Practice the patrol method in your den for one month by doing the following:
 - a. Explain the patrol method. Describe the types of patrols that might be part of a Boy Scout troop.
 - b. **Hold an election to choose the patrol leader.**
 - c. **Develop a patrol name and emblem** (if your den does not already have one), as well as a patrol flag and yell. Explain how a patrol name, emblem, flag, and yell create patrol spirit.

Not too early to begin using these Boy Scout methods. Choosing a name often immediately boosts morale and spirit. Guide them here though – make sure the name has a positive meaning and the Patrol Leader will be an asset. The Webelos Leader Book has guidance on PL elections.

Need ideas for patrol names & patches? Here are some samples and places to go look.–

From BSA's www.scoutstuff.org -



From www.classb.com -



Just Google for "Boy Scout Patrol Patches" and you will find many more!!!

- d. As a patrol, make plans with a troop to participate in a Boy Scout troop's campout or other outdoor activity.

4. With your Webelos den leader, parent, or guardian, participate in a Boy Scout troop's campout or other outdoor activity. **Use the patrol method while on the outing.**

- ✓ *Again not too early – get them started on the correct foot. The Webelos Leader Book has a Duty Roster & other stuff needed for this activity.*
- ✓ *The Scouts will plan their meals for the campout.*
- ✓ *If attending a troop campout at the end of this adventure, make sure the parents/guardians are aware that they are required to have an adult attend the campout with their son.*
- ✓ *Determine a cost per boy and his parent/guardian to cover the purchase of food and any other materials for the campout. Let the boys and their parent/guardian know the*
- ✓ *total cost of the campout in your take-home flier*

5. Do the following:
 - a. **Show how to tie a square knot, two half hitches, and a taut-line hitch.** Explain how each knot is used.
 - b. **Show the proper care of a rope** by learning how to whip and fuse the ends of different kinds of rope.
6. Demonstrate your knowledge of the pocketknife safety rules and the pocketknife pledge. If you have not already done so, earn your [Whittling Chip](#) card.



To summarize:

This great Adventure provides an excellent intro to the Webelos Scouts to Boy Scouting. It wraps up a lot of requirements that previously were just a list into a neat package. The Webelos Den Leader guide for this Adventure has excellent information and resources.

Comments welcome. Let me know your opinion - Davethecommish@gmail.com

January Crazy Holidays

Dr. Darby, Garden State Council, Adapted from
<http://holidayinsights.com/moreholidays/index.htm>
<http://www.brownielocks.com/month2.html>

January is:

- National Bath Safety Month



- [National Blood Donor Month](#)



- [National Braille Literacy Month](#)
- National Hobby Month
- [Learn to Ski and Snowboard Month](#)



- [National Soup Month](#)
- [National Glaucoma Awareness Month](#)
- [California Dried Plum Month](#)



- [National Hot Tea Month](#)



- [Be Kind to Food Servers Month](#)
- [Birth Defects Month](#)
- [Book Blitz Month](#)
- Financial Wellness Month
- International Brain Teaser Month



- [International Creativity Month](#)
- [National Clean Up Your Computer Month](#)



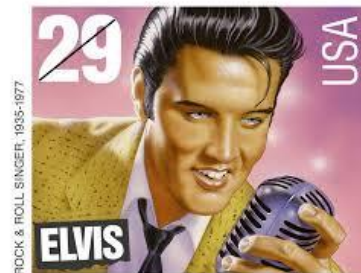
- [National Oatmeal Month](#)
- [National Radon Action Month](#)
- National Skating Month
- [Thyroid Awareness Month](#)
- [Celebration of Life Month](#)



- [Walk Your Dog Month](#)

Weekly Celebrations:

- New Year's Resolutions Week: 1-7
- Diet Resolution Week: 1-7
- National Lose Weight/Feel Great Week: 1-8
- Someday We'll Laugh About This Week: 2-8
- Home Office Safety and Security Week: 7-13



- Elvis' Birthday Celebration Week: 8-12
(Celebrated at Graceland. Elvis's birthday is Jan. 8.)

- [illegible]

-
- Sugar Awareness Week 15-19
-
- ACCORDING TO BRAIN SCANS,
- | | | |
|--------------|---------------------------------|----------------|
| <i>Sugar</i> | IS AS
ADDICTIVE
AS | <i>Cocaine</i> |
|--------------|---------------------------------|----------------|



- 
- GoSnowmobiling.org**
 Connect with Snowmobiling
 trails
 dealers
 lodging
 resources
 click to visit

-

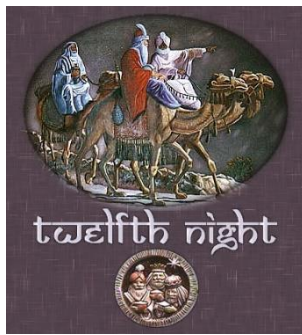
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- ### January Daily Holidays, Special and Wacky Days:

-
- Ellis Island**
Immigration Museum
 Statue of Liberty National Monument
- National Park Service
 United States Department of the Interior

-
- A photograph of two red cardinals perched on a snow-covered branch. The cardinal on the left is facing right, and the one on the right is facing left. They are both looking towards each other. The background is a soft, out-of-focus snowy landscape with falling snow visible.

- ## 5 National Bird Day



- 5 [Twelfth Night of Christmas](#)
- 6 [Bean Day](#)
- 6 [Cuddle Up Day](#)
- 7 [Old Rock Day](#)
- 8 [Bubble Bath Day](#)
- 8 [Elvis's Birthday](#)



- 8 [Argyle Day](#)
- 9 [Balloon Ascension Day](#)
- 9 [National Static Electricity Day](#)
- 10 [Bittersweet Chocolate Day](#)
- 10 [Houseplant Appreciation Day](#)



- 10 [National Cut Your Energy Costs Day](#)
- 10 [National Take the Stairs Day](#)
- 11 [Step in a Puddle and Splash Your Friend's Day](#)



- 11 [Learn Your Name in Morse Code Day](#)

- 12 [Feast of Fabulous Wild Men Day](#)



- 12 [National Pharmacist Day](#)
- 13 [International Skeptics Day](#)
- 13 [Make Your Dream Come True Day](#)
- 14 [Dress Up Your Pet Day](#)



- 15 [Martin Luther King Jr. Birthday](#) , (Actual date – January 15, celebrated on the third Monday)
- 15 [National Hat Day](#)
- 16 [National Nothing Day](#)
- 17 [Ditch New Years Resolutions Day](#)
- 18 [Thesaurus Day](#)



- 18 [Winnie the Pooh Day](#) -The Birthday of Winnie's author A.A. Milne
- 19 [National Popcorn Day](#)



- 19 [National Tin Can Day](#)
- 20 [National Buttercrunch Day](#)



- 20 [Penguin Awareness Day](#)
- 20 [National Buttercrunch Day](#)



21 [Celebration of Life Day](#)

21 [National Hugging Day](#)

21 [Squirrel Appreciation Day](#)

22 [National Blonde Brownie Day](#)

23 [National Pie Day](#)

John Hancock

23 [National Handwriting Day](#)

This is [John Hancock's](#) Birthday

23 [Measure Your Feet Day](#)-
we only ask...."Why!?"



24 [National Peanut Butter Day](#)

24 [Compliment Day](#)

25 [Opposite Day](#)

26 [Australia Day](#)

26 [Spouse's Day](#)

27 [Chocolate Cake Day](#)

27 [Punch the Clock Day](#)

28 [Fun at Work Day](#)



28 [National Kazoo Day](#)

29 [National Puzzle Day](#)

29 [National Corn Chip Day](#)

29 [Bubble Wrap Day](#)

30 [National Inane Answering Message Day](#)

31 [Backward Day](#)

31 [Inspire Your Heart with Art Day](#)

January – A Month to be Helpful

Alice, Golden Empire Council

January is National Hobby Month!

It's the perfect time to try a new hobby or work on one you already enjoy. Families can work together on some hobbies – like putting together one of those really big puzzles! Take a picture and show it off at the Den or Pack Meeting.

January 1 – New Year's Day

Encourage every Pack Family to choose some ways to be more Helpful. Enjoy the parades and games – but you could also spend a little time deciding on some ways you can be more Helpful in 2018. Maybe you need to spend a little time each week practicing being Helpful.

January 4 – National Trivia Day

In honor of the Pinewood Derby, let's find out about the Pinewood Derby – just think of the great trivia questions you could ask! If your Pack does the Pinewood Derby this month, you can have a Pinewood Trivia Game to keep everyone involved during set up or while waiting for the race results to be tabulated.

Pinewood Derby Trivia

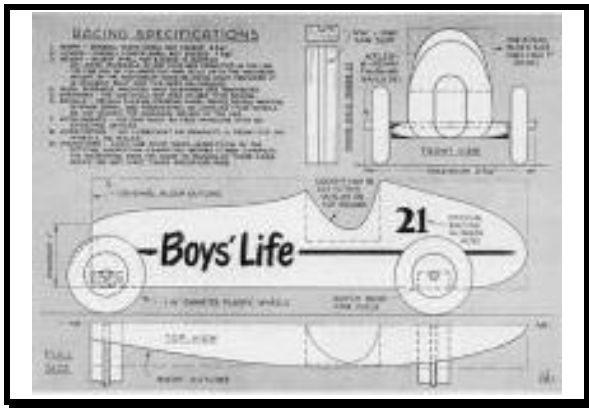


"I wanted to devise a wholesome, constructive activity that would foster a closer father-son relationship and promote craftsmanship and good sportsmanship through competition."

Don Murphy, 1953

- ✓ Pinewood Derby was the brainchild of Don Murphy, Cubmaster of Pack 280C in 1953 in Manhattan Beach, California.
- ✓ He was looking for a Father-Son activity for his 10 year old son, who was too young to race in the Soap Box Derby.
- ✓ He had always made models, so he decided to design a miniature Soapbox Derby model car – and his employer, North American Aviation, agreed to fund the model cars and provide trophies for the first race.

- ✓ Leaders in his Pack were also excited, and they used their woodworking and electrical skills to make a two lane, 31 foot race track – it even had a battery powered finish gate that would light a red or white light to show which car won each heat.



- ✓ This is the very first design – it was patterned after a Grand Prix race car, with a 7-3/8 inch block of pine with wooden struts that held the axles.
- ✓ The first “axles” were just finishing nails!
- ✓ The first kits were put in paper bags with numbers on them – but the block of wood had been carved down a little on the front third, to make a kind of cockpit.
- ✓ Don Murphy also wrote the first rules – and there were three classes of racers, based on their age.
- ✓ The first race was held on May 15, 1953 in the Scout House at Manhattan Beach.
- ✓ Pinewood Derby didn’t take long to catch on – by March of the next year, the Los Angeles City Park Department made kits available at 100 city parks! Over 300 people showed up the Los Angeles Derby Championship at Griffith Park.
- ✓ Don Murphy made a booklet called “Pinewood Derby” and sent it to the BSA National Office and gave them permission to use the program.
- ✓ The October 1954 issue of Boy’s Life had a one page article with a drawing of Don’s car plan, and two pictures from the first race.
- ✓ Those first plans for the track and the start and finish line mechanisms were available for 15 cents!
- ✓ The first Pinewood Derby car kits were first advertised in Boy’s Life in June 1955 for \$2.75.
- ✓ Art Hasselbach’s Beta Crafts Company was the exclusive supplier for Pinewood Derby car kits for 44 years!
- ✓ In 1956, the Cub Scout Program Guide first suggested the Pinewood Derby for the Blue & Gold Banquet. But the derby soon became a separate event.

- ✓ Most of the rules are still the same ones Don Murphy wrote over 50 years ago.
- ✓ The car isn’t much different either – just a little shorter (7 inches) and without the wooden struts.
- ✓ Over 50 million people of all ages have built the kits – including Girl Scouts, corporations and the US Military have used the kits!
- ✓ There’s a great story about “The Finder & The Founder” – how a young Cubmaster went searching for the “inventor” of the Pinewood Derby many years later – check out the rest of the story!

A lot more detail and some great pictures can be found at the official website. Go to:

<http://www.pinewoodpro.com>

January 7 – Old Rock Day

Webelos can celebrate this day, as they work on the Earth Rocks Adventure. Here are some other ideas:

- Get in touch with a local rock collecting club or a local college Geology instructor – they are often willing to show scouts how to recognize and collect rocks and minerals
- Check out some great ideas and links at www.trailmix.net. They have a great “Rock of the Month” program – really good samples are sent each month - and there is also a mystery challenge online each month. See if you can guess the name of this mystery rock:
- Make some Rock Cookies - Here’s the recipe:

Rock Cookies

Ingredients:

- 1 cup butter, softened
- 1 t. baking soda
- 3 cups raisins
- 2 cups chopped walnuts
- 2 cups dates, pitted and chopped
- 2-1/2 cups all purpose flour
- 5 eggs
- 1-1/2 cups packed brown sugar

Directions:

- ✓ Cream together the butter or margarine and the brown sugar.
- ✓ Add the eggs, and beat well.
- ✓ Add the flour and baking soda.
- ✓ Chop the dates, and add them with the raisins and walnuts to the dough.
- ✓ Spoon dough onto cookie sheets. Bake at 350 degrees F (175 degrees C) for approximately 8 minutes.

January 13 – Make Your Dream Come True Day

This is a day to think about what your dream is – what would you like to be? Where would you like to go? And what do you want to do?

Whatever YOUR dream is, if you set goals, and make a plan and work hard, it will probably come true.

January is a great time to look ahead – think about what you would like to be doing in five years. How old will you be? Where will you be in school? What can you do now to start moving in the direction you want to go?

Whatever the dream, you will need to work to make it come true!

January 15 – National Hat Day

National Hat Day celebrates all the different hats that you could put on your head. Hats come in all shapes, sizes, colors, materials and styles – just like people! Sometimes hats make a statement. Sometimes they identify membership and promote a cause or a product.

Hats are also practical – helmets protect and keep your brain safe. Some hats provide shade and protection from the sun's harmful rays. At this time of year, some hats keep your head warm.

Now that may not seem important – but did you know that more body heat is lost from your head than any other part of your body? That could really be important when you are out in the snow and wintry weather – so make sure you wear a warm hat!

Hats with Positive Attitude Game

See if you can match these hats with someone who is or was Helpful. It might be a real person, or a fictional one – it might be someone famous, or just someone with a familiar hat. Do you know who would wear the hat? Can you name someone famous who might wear the hat? Can you tell how this person demonstrates Positive Attitude?

**January 16 – Martin Luther King, Jr. Birthday**

Martin Luther King Jr. was a great example of being Helpful. He took on projects that looked impossible to many people, like organizing the 381 day Montgomery, Alabama bus boycott after Rosa Parks refused to give her seat to a white man. A lot of help was required to challenge long-standing segregation customs.

January 18 – Winnie the Pooh Day

This is the birthday of A.A. Milne, who wrote Winnie the Pooh and created one of the most loved characters in literature. So celebrate today by reading or watching one of the Winnie the Pooh stories – and make a treat with bread or biscuits – and don't forget the honey – oh, excuse me – “Hunny!”

January 24 – Compliment Day

Practice being helpful today by looking for ways to give a compliment to someone today – you'll leave them smiling. Share a Positive Attitude!

January 27 – Chocolate Cake Day

Try the Magician's Top Hat Cake – rabbit and all! Directions under CUB GRUB.

January 29 – National Puzzle Day

What a perfect day to do a puzzle! And there are all kinds of puzzles – Sudoku, a number puzzle, and crossword puzzles or even those 1000 piece puzzles that families like to tackle on a cold winter night.

Doing puzzles is fun! And some people just really like the challenge of completing a puzzle and graduating to an even more difficult one. Some people start doing puzzles when they want to kill time. And some people even do puzzles to keep their mind sharp, or to learn new words.

Anyone who starts a puzzle is demonstrating being helpful as the various puzzle makers share their ideas about where a puzzle piece goes.

But scientists have also proved that someone with a Positive Attitude can actually solve puzzles or word problems 20% better than a person who's in a bad or negative mood! Those in a bad mood can still solve problems, but they have a narrow view of possible solutions. A person with a Positive Attitude tends to have a much wider view of how to solve any problem! So stay Positive – and get out those puzzles!

January 31 Birthday of Jackie Robinson

Check out his story in back issues of Baloo – He was definitely a GREAT example of being helpful to all with whom he played and to all future major leaguers!

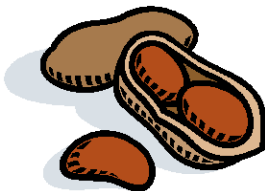
16 Fun Facts about Peanuts & Peanut Butter

Adapted from <http://nationalpeanutboard.org>



1. It takes about 540 peanuts to make a 12-ounce jar of peanut butter.
2. By law, any product labeled “peanut butter” in the United States must be at least 90 percent peanuts.
3. It takes fewer than 5 gallons of water to produce 1 ounce of peanuts. (Bonus fact: 1 ounce of almonds takes 80 gallons) (See “Treading Lightly: The Water Footprint of Peanuts” @ <http://nationalpeanutboard.org/news/treading-lightly-water-footprint-peanuts.htm>)
4. The average peanut farm is 100 acres.
5. The Huffington Post (Sept. 2014) asked, “What makes the best peanut butter and jelly sandwich?” “Good question,” we say! Results show, 36 % say strawberry jam is favorite (grape is 31%); favorite bread is white bread (54%); favorite type of peanut butter is smooth (56%) and a whopping 80 % like their PB & J with the crust left on the sandwich. Discover why the PB&J is the best sandwich ever at <http://nationalpeanutboard.org/news/5-reasons-pbj-is-best-sandwich-ever.htm> .
6. Two peanut farmers have been elected president of the USA – Thomas Jefferson and Jimmy Carter.
7. Astronaut Alan Shepard brought a peanut with him to the moon.

See a NASA astronaut teach you how to make a PB&J on the International Space Station at <http://abcnews.go.com/Technology/video/nasa-astronaut-teaches-make-pbj-47009896> .



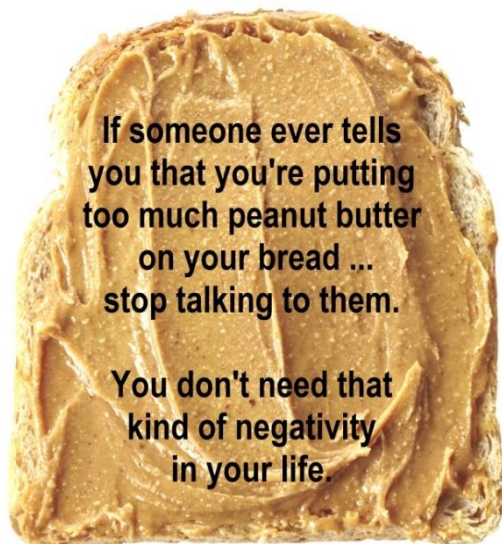
8. Former President Bill Clinton says one of his favorite sandwiches is peanut butter and banana; also reported to have been the favorite of Elvis “the King” Presley.
9. There are six cities in the U.S. named Peanut: Peanut, California; Lower Peanut, Pennsylvania; Upper Peanut, Pennsylvania; Peanut, Pennsylvania; Peanut, Tennessee; and Peanut West Virginia.
10. According to Little Brownie Bakers, cookie bakers use about 230,000 pounds of peanut butter per week to bake Girl Scout's Do-si-dos and Tagalongs. Click here for a peanut butter cookie recipe.
11. Women and children prefer creamy, while most men opt for chunky.
12. People living on the East Coast prefer creamy peanut butter, while those on the West Coast prefer the crunchy style. Cookie recipe site - <http://nationalpeanutboard.org/recipes/desserts/cottage-cookies.htm>
13. “Boiled peanuts” are considered a delicacy in the peanut growing areas of the South. Freshly harvested peanuts are boiled in supersaturated salt water until they are of a soft bean like texture. They are most frequently enjoyed at the end of the day with a favorite beverage.
14. Goober—a nickname for peanuts—comes from “nguba”, the Congo language name for peanut.
15. Peanuts are sometimes called “ground nuts” or “ground peas” because peanuts grow underground.



16. [George Washington Carver](http://nationalpeanutboard.org/news/16-surprising-facts-about-george-washington-carver.htm) was known as the “plant doctor” and the “grandfather of peanuts”. (See <http://nationalpeanutboard.org/news/16-surprising-facts-about-george-washington-carver.htm>) Though he did not invent peanut butter, he discovered many ways to use peanut and innovative farming methods, including crop diversification and soil conservation.

Who did invent Peanut Butter? Check out “History of Peanuts & Peanut Butter,” at <http://nationalpeanutboard.org/peanut-info/history-peanuts-peanut-butter.htm>. Hints -

- ☺ The history of peanuts is a journey from South America, to Asia, east across the Atlantic Ocean and back again to North America.
- ☺ Peanut butter was first introduced at the St. Louis World’s Fair in 1904 and became a source of delicious protein during the first two world wars.



5 Reasons PB&J is the Best Sandwich Ever

Adapted from <http://nationalpeanutboard.org>

★ It's comforting

Most of us grew up eating peanut butter and jelly sandwiches. Mom or Dad would make it for us to take to school, or it was the first “meal” we could make on our own. When the rest of the world is chaos, we can always rely on the comfort of a PB&J.

★ It's delicious

Something fruity, something rich and fatty and something to spread it on. Chef and author Justin Warner calls this “the law of peanut butter and jelly.” The fat in peanut butter is mostly good fat, the sweetness comes from the jelly, and the bread is the vehicle that holds all this gloriousness together. The combination is basic but tasty and satisfying.

★ It is power packed

ESPN magazine recently called the PB&J a “staple snack” of the NBA. Athletes love PB&Js for all of the reasons listed here and because it provides amazing nutritional benefits. A PB&J has 15 grams of protein per serving, 13 grams of plant-based unsaturated fat and 5 grams of fiber. That keeps you full and helps build muscle. Plus 12.5 grams of sugar provides the quick release of energy that athletes need.

★ It's versatile & convenient

You can make it your own. A PB&J can be any combination you like. PB&B with banana or fresh strawberries, honey, chocolate chips, bacon, or even mayo or cheese if you're feeling extra adventurous.

You can also enjoy a PB&J any time of day. With a side of fruit, the sandwich is a solid breakfast and works perfectly for dinner in a pinch or as an after-work out snack. Pack a PB&J in your carryon on a plane; take it along to disc golf or soccer practice; stash it in your bag before you go to a show. No refrigerator required.

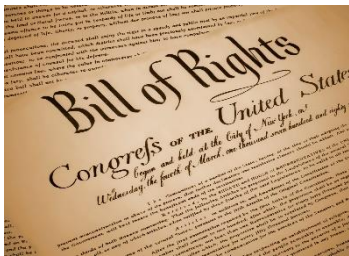
★ It's fast & affordable

You can whip up a pretty impressive PB&J in the same time it takes to heat up a frozen dinner. And a PB&J will only set you back about 50 cents.



A GD Ritzy's PB&J

THE BILL OF RIGHTS



Amendment I

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances.

Amendment II

A well-regulated militia, being necessary to the security of a free state, the right of the people to keep and bear arms, shall not be infringed.

Amendment III

No soldier shall, in time of peace be quartered in any house, without the consent of the owner, nor in time of war, but in a manner to be prescribed by law.

Amendment IV

The right of the people to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no warrants shall issue, but upon probable cause, supported by oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized.

Amendment V

No person shall be held to answer for a capital, or otherwise infamous crime, unless on a presentment or indictment of a grand jury, except in cases arising in the land or naval forces, or in the militia, when in actual service in time of war or public danger; nor shall any person be subject for the same offense to be twice put in jeopardy of life or limb; nor shall be compelled in any criminal case to be a witness against himself, nor be deprived of life, liberty, or property, without due process of law; nor shall private property be taken for public use, without just compensation.

Amendment VII

In suits at common law, where the value in controversy shall exceed twenty dollars, the right of trial by jury shall be preserved, and no fact tried by a jury, shall be otherwise reexamined in any court of the United States, than according to the rules of the common law.

Amendment VIII

Excessive bail shall not be required, nor excessive fines imposed, nor cruel and unusual punishments inflicted.

Amendment IX

The enumeration in the Constitution, of certain rights, shall not be construed to deny or disparage others retained by the people.

Amendment X

The powers not delegated to the United States by the Constitution, nor prohibited by it to the states, are reserved to the states respectively, or to the people.

Morse Code Chart

Here are the letters and numbers -

Try and write your own message!

Morse Code Chart		
A •—	N —•	1 •— — — —
B —•••	O — — —	2 •• — — —
C —• —•	P — — —•	3 ••• — —
D —••	Q — — —•	4 •••• —
E •	R —••	5 •••••
F •• —•	S •••	6 —••••
G — —•	T —	7 — — —••
H ••••	U •• —	8 — — —••
I ••	V ••• —	9 — — — —•
J • — — —	W • — —	0 — — — — —
K —• —	X —•• —	
L • —••	Y —• — —	
M — —	Z — —••	

SPECIAL OPPORTUNITIES

CYBER CHIP AWARD

<http://usscouts.org/advance/cyberchip.asp>

<http://www.scouting.org/cyberchip.aspx>

Cyber Chip is now an annual requirement for all Cub Scouts!!

For Cub Scouts the requirements are addressed in the brochure “How to protect your Children from Child Abuse” inside every Cub Scout Rank Handbook.

Announcing the New

cyberCHIP

Today's youth are spending more time than ever using digital media for education, research, socializing, and fun. To help families and volunteers keep youth safe while online, the Boy Scouts of America introduces the Cyber Chip. In developing this exciting new tool, the BSA teamed up with content expert NetSmartz®, part of the National Center for Missing and Exploited Children® and training expert for many law enforcement agencies.

The Cyber Chip can be earned by any youth in the BSA's programs. Material is tailored at each level for age-appropriateness.

- Cub Scouts—Grades 1-3 and 4-5
- Boy Scouts, Varsity Scouts, Venturers, and Sea Scouts—Grades 6-8 and 9-12

Topics include cyberbullying, cell phone use, texting, blogging, gaming, and identity theft.

TO UNIT LEADERS

Cyber Chip resources are available at www.scouting.org/cyberchip. The Cyber Chip can be used as a tool to show skill and a commitment to do what's right in the cyber world. Many unit leaders will be requiring the Cyber Chip before allowing any electronic use on outings—this is a decision each unit can make on its own, much like the Totin' Chip is used today.

This program is brought to you by a collaborative effort from BSA Program Innovation, BSA Youth Protection, and NetSmartz®.

NetSmartz® Workshop

www.net-smartz.org/bsa-youth-protection

BOY SCOUTS OF AMERICA

Prepared. For Life.™

Cub Scout Cyber Chip patch
Boy Scout/Varsity Scout/Venturer/Sea Scout Cyber Chip patch

The graphics are available on a color PDF hand out at <http://www.scouting.org/filestore/youthprotection/pdf/100-053.pdf>

Today's youth are spending more time than ever using digital media for education, research, socializing, and fun. To help families and volunteers keep youth safe while online, the Boy Scouts of America introduces the Cyber Chip. In developing this exciting new tool, the BSA teamed up with content expert NetSmartz®, part of the National Center for Missing and Exploited Children® and training expert for many law enforcement agencies.

NetSmartz® has a Scouting portal showcasing Cyber Chip resources, including videos, for each level. [Check it out here.](http://www.net-smartz.org/scouting) (http://www.net-smartz.org/scouting)

Topics include cyberbullying, cell phone use, texting, blogging, gaming, and identity theft.

Click [here](http://www.scouting.org/filestore/youthprotection/pdf/100-053.pdf) to download the brochure - <http://www.scouting.org/filestore/youthprotection/pdf/100-053.pdf>



Cyber Chip Requirements

Grades 1-3

1. Read, commit to, and sign the Level I Internet Safety Pledge. (BSA Cyber Chip blue card)
2. Watch the video “Bad Netiquette Stinks.” (NetSmartz.org/scouting)
3. Play the Router’s Birthday Surprise Interactive Adventure, and print the completion certificate to give to your den leader. (NetSmartz.org/scouting)
4. Show and tell your family, den leader, den, or pack what you have learned.

Grades 4-5

1. Read, commit to, and sign the Level I Internet Safety Pledge. (BSA Cyber Chip blue card)
2. Watch the video “The Password Rap” and another video you choose. (NetSmartz.org/scouting)
3. As an individual or with your den, use the Teachable Recipes to demonstrate Internet safety rules to your den leader, den, or pack. (NetSmartz.org/scouting)
4. Discuss with your unit leader the acceptable standards and practices for using allowed electronic devices, such as phones and games, at your meetings and other Scouting events.

Note: All Cyber Chips will expire annually. Each Scout will need to “recharge” the chip by going back to the Netsmartz Recharge area. This space will hold new information, news, and a place for the Scout to recommit to net safety and netiquette. Then, with the unit leader, the Scout can add the new date to the Cyber Chip card or certificate.

Go to <http://www.scouting.org/cyberchip.aspx> for available resources and ideas on integrating the Cyber Chip program into your Pack program.

The Scout Law and Cybersafety

http://www.scouting.org/filestore/youthprotection/pdf/100-055_WB.pdf

This is available as a PDF form at the site listed above to be signed by Scout, Parent and Leader

Trustworthy. Be truthful with others online, and be very careful of the information you share. Do the right thing when sharing other people's words or pictures. Make sure you have the owner's permission before using them.

Loyal. Share information about others only if you have their permission to share it. Uphold appropriate agreements you make with friends when you play games with them.

Helpful. Alert others to scams, cheats, and suspicious sites. Point to reliable and accurate sources of information. Encourage people to report bad behavior online.

Friendly. Reach out to support others who are doing good things, like posting quality creative works. Support those who are bullied.

Courteous. Be polite and respectful. When you use other people's work, be sure to ask permission when necessary, follow fair use standards, and give credit to the people who created and own the work.

Kind. Treat people with respect when you are on social networks, playing games, talking or texting on a cellphone, or in other digital activities.

Obedient. When using digital devices, follow the rules set by your parents/guardians, teachers, and Scout leaders. Abide by the rules established by sites, services, devices, and games.

Cheerful. Use games, messaging tools, and social forums to build your relationships with others while having fun.

Thrifty. Be a smart consumer. Know your voice, text, and data plans. Use them wisely. Be sure to study digital devices and services you want. Before buying them, make sure you are not overspending on functions and features you won't need. Be careful not to run up charges on apps and sites.

Brave. Stand up for what is right. Do not participate in mocking and bullying others, even if your friends are doing it. Report suspected abuse to a trusted adult, like your parent or leader; call 911 or call the Cyber Tip line at 1-800-843-5678. If the incident involves any part of the Scouting program, call your Scout executive immediately or email youth.protection@scouting.org.

Clean. Use clean language and discuss only appropriate topics when using digital devices to communicate.

Reverent. Respect the feelings of other people. Do not use digital devices to spread irreverent ideas.

After you earn your Cyber Chip -

Go for USScouts.org's

Internet Scout Patch

This program is open to all youth members in any Scouting program. However, youth may not participate in this program without the consent of a parent or guardian. Ultimately, it is up to a parent to work with his or her child or children on developing a good understanding of the Internet and how to use it safely. Permission from a parent and their support is critical to fostering a dialog that will lead to safer Internet use.



Check it out and download the requirements at <http://usscouts.org/InternetScoutPatch.asp>

The U.S. Scouting Service Project is pleased to announce Version 2 of its Internet Scout Patch Program. With the explosive growth of the Internet and the rise of Social Media, it was necessary to re-engineer the program to assure it remained relevant and useful. The new program focuses on fostering a dialog between parent/mentor and Scout that will help prepare Scouts to be aware and alert when using the Internet.

The current version, Version 2.1, of the program includes a new prerequisite. Before Scouts begin work on the Internet Scout Patch, they must now complete the requirements for the BSA Cyber Chip appropriate for their grade level.

The Cyber Chip requirements are available at <http://usscouts.org/advance/cyberchip.asp>.

The US Scouts Internet Scout Patch is a difficult and challenging program. It will require both the mentor and the participants to work hard. But, it will be worth it! As we continue to become more dependent on the Internet in our daily lives, it is critically important that we develop an understanding of its dangers and how to be prepared, aware, and alert to avoid trouble.

The Patches

Scouts and Mentors can earn the following patches:



Though it should go without saying, the patch is NOT an official award or emblem of the BSA. The patch may be worn by Scouts and Scouters as a temporary emblem to signify their education about the role of the Internet and the World Wide Web in particular as it relates to Scouting. It may also be worn on patch vests or jackets at the personal option of the Scout or Scouter.

Ordering the Patches

The price of each patch is \$3.50. We will send one free mentor patch for each order of 10 or more patches. Additional mentor patches are available for \$3.50 each. There is no additional charge for shipping.

KNOT OF THE MONTH CUBMASTER'S KEY

<http://usscouts.org/awards/scouterkeyC.asp>



Note: This award has replaced the Cubmaster Award, which has been discontinued.

TENURE

- ✓ Within a five-year period, complete at least three years of registered tenure as a Cubmaster or one year as a registered assistant Cubmaster plus two years as a registered Cubmaster.

(This can include the tenure used to earn the Scouter's Training Award.)

TRAINING

- ✓ Complete basic training for Cubmasters.
- ✓ Complete This Is Scouting training
- ✓ Attend a pow wow or university of Scouting (or equivalent), or attend at least four roundtables (or equivalent) during each year of the tenure used for this award.

PERFORMANCE

Do the following during the tenure used for this award:

- ✓ Achieve at least the Silver level of Journey to Excellence for at least two years. The Quality Unit Award is acceptable if the tenure used is prior to 2011.
- ✓ Earn the National Summertime Pack Award at least once.
- ✓ Conduct an annual pack planning session and have a published pack meeting/activity schedule for the pack's parents in each year.
- ✓ Participate in at least one additional supplemental or advanced training event at the council, area, region, or national level.

Source: [Progress Record for the Cubmaster's Key](#) (511-053) To obtain a copy go to:

https://www.scouting.org/filestore/training/pdf/511-053_WB.pdf

Unit Leader Award of Merit

<http://usscouts.org/awards/unitawardmerit.asp>



BACKGROUND

Quality unit leadership is the key to a quality unit program—and it leads to better Scout retention. Statistics show that if young people stay engaged in the program for at least five years, the BSA's influence likely will stay with them for the rest of their lives. A quality Scouting experience will help keep Scouts in the program, and the Boy Scouts of America created the Unit Leader Award of Merit to recognize the quality unit leaders who make that happen.

REQUIREMENTS

The nominee must:

- ✓ Be a currently registered Cubmaster, Scoutmaster, Coach, or Advisor who has served in that position at least 18 continuous months.
- ✓ Meet the training requirements for the position.
- ✓ Distribute an annual unit program plan and calendar to each family in the unit.
- ✓ Have a leader succession plan in place.

- ✓ Effectively use the advancement method so that at least 60 percent of the unit's youth have advanced at least once during the last 12 months.
- ✓ Cultivate a positive relationship with the chartered organization.
- ✓ Project a positive image of Scouting in the community.

NOMINATION PROCEDURE

- ✓ The unit committee chair completes the Unit Leader Award of Merit Nomination Form on behalf of the unit committee. For Boy Scout troops, Varsity Scout teams, and Venturer crews, the nomination must include endorsement by the senior patrol leader, team captain, or crew president, respectively.
- ✓ The unit or district commissioner certifies that the form is complete.
- ✓ The unit submits the nomination form to the council for approval by the Scout executive and council commissioner or president.

THE AWARD

- ✓ Upon receipt of the approved nomination form, the council may present the Unit Leader Award of Merit, which includes a certificate, square knot with the appropriate device, and a special unit leader emblem. Recognition of this achievement may be presented at appropriate district or council events, such as district or council leader recognition dinners, training events, and board meetings.
- ✓ The award may be presented for each program, Cub Scouts, Boy Scouts, Varsity, and Venturing, if the individual meets the requirements in each program. Only one knot is worn with the devices of each program that the award was earned in.

The application / nomination form is found at -

https://www.scouting.org/filestore/pdf/512-003_WB.pdf

CUB GRUB

Cub Grub Cookbook

This is a really great cookbook for Cubs -

<http://balboaoaks.bsa-la.org/download/blog/Cub%20Grub%20Cookbook.pdf>

You can save a copy on your PC by selecting **File, Save As...** in your web browser's menu bar.

Nutty Numbers and Letters

2011-2012 CS RT Planning Guide

Ingredients:

1/2 cup margarine, softened
1 cup flour
1/4 cup honey
1 cup wheat germ
Chopped nuts

Directions:

- ✓ Mix all the ingredients except nuts.
- ✓ Shape into numbers or letters on a cookie sheet (make "snakes" and shape them into numbers or letters).
- ✓ Cover with chopped nuts.
- ✓ Gently press.
- ✓ Bake at 350 degrees for 10 minutes. Serves six to eight.
- ✓ Letters could be an S for stars or each boy can make a few random letters and have other boys come up with positive words that begin with each letter.
- ✓ Note: Be aware of food allergies and diet restrictions.

Festive Eagle Brand Snowballs

Combine 1 can Eagle Brand, 1 tsp. vanilla, 1/3 cup maraschino cherries, quartered, 30 marshmallows (cut in quarters), 1/2 cup chopped nuts of your choice, 2 cups graham cracker or vanilla wafer crumbs. Mix well. Place 2-1/2 cups flaked coconut into a shallow bowl. With damp fingers, roll the marshmallow mixture into 1/4 inch balls and roll in the coconut. Place onto cookie sheets lined with parchment or waxed paper and chill 4 hours or until set. (36-48 snowballs – 10 minutes prep)

Treats with (Positive) Attitude*Alice, Golden Empire Council*

For your Pack Meeting refreshments, ask everyone to bring in their favorite food item that starts with a P or an A – then share the bounty – and remember that you are really spelling out “Positive Attitude” – so tell everyone to say something positive about the resulting treat!

Examples: Pears, Peaches, Peas, Pineapple, peanuts, Pumpkin, Pickles, Potato Chips

OR Apples, Apple Rings (dried or candy version), Artichokes, Asparagus, American cheese, Angel Food cake, almonds, Ants on a Log

Want a longer list? Go to:

[www.wiki.answers.com/.../What are some foods that begin with the letter P](http://www.wiki.answers.com/.../What_are_some_foods_that_begin_with_the_letter_P)

Here are some Snowballs I am POSITIVE you will want to eat instead of throw!

Magic Cookie Bars*Alice, Golden Empire Council*

This is the #1 favorite recipe using Eagle Brand milk – the magic is that you can create a cookie without eggs

– and they taste great!

Ingredients:

- 1 1/2 cups graham cracker crumbs
- 1/2 cup (1 stick) butter or margarine, melted
- 1 (14-ounce) can **EAGLE BRAND®** Sweetened Condensed Milk
- 2 cups (12 ounces) semi-sweet chocolate chips
- 1 1/3 cups flaked coconut
- 1 cup chopped nuts

Directions:

Preheat oven to 350°F (325°F for glass dish). In small bowl, combine graham cracker crumbs and butter; mix well. Press crumb mixture firmly on bottom of 13X9-inch baking pan.

Pour EAGLE BRAND® evenly over crumb mixture. Layer evenly with remaining ingredients; press down firmly with fork

Bake 25 minutes or until lightly browned. Cool. Cut into bars or diamonds. Store leftovers covered at room temperature.

Makes 2-3 dozen bars

You can also substitute chocolate chips or nuts with: candy coated pieces, dried cranberries, raisins, mini marshmallows or butterscotch chips.

Out of the Hat Cake*Alice, Golden Empire Council***Ingredients:**

- 1 cake mix
- 1 recipe of dark frosting – if you use paste food coloring, you can even have black!
- Or you can use 1 can of dark chocolate frosting
- Pudding or jam, your choice

Directions:

Mix the cake as directed and bake in three 8-inch round pans. Reduce the baking time listed by 5 minutes.

While the cakes cool, cut a 9-inch circle from cardboard. Then cut out a 6-1/2 inch circle from the center, leaving a 1-1/4 inch wide ring. This will be the hat brim of your Magician's Hat. Cut the same size ring from waxed paper and attach to the cardboard with a glue stick.

Cut out two bunny ears from white construction paper, and two inner ears from pink construction paper. Place a toothpick on the white ear so half of it extends below the ear. Now glue the pink inner ear on top of the white, sandwiching the toothpick in between.

Assemble the 3 cake layers, putting more frosting, jam or pudding between the layers. Frost the cake and also cover the ring with frosting and place it on the cake. Smooth the frosting over the cake and ring so they look like one piece. Place the rabbit ears in the center of the cake.

Now you have a Magician's Hat, complete with the Rabbit! Want a wand to go with it?

Edible Magician's Wands*Alice, Golden Empire Council*

In the “Pack & Den Leader's Resource Guide” they suggest taking a rod pretzel and using fruit leather around one end – delicious, easy and nutritious.

Another way is to use the rod pretzel, dip one end in frosting or melted chocolate, then into sprinkles or chopped nuts.

Edible Wands*Utah National Parks Council*

Cast a spell and satisfy a sweet tooth with edible wands. This craft uses ordinary pretzel rods and cake frosting to make a magical treat for kids.

Ingredients:

- Pretzel Rods (long, thick, straight pretzels)
- White frosting in a tub
- Knife or small spatula
- Small bowl
- Star sprinkles (edible)
- Waxed paper

Directions:

- ☺ Scoop out a small amount of frosting and put in a small bowl.
Note: The pretzels will make the frosting taste salty, so only take out how much you need. Save the rest of the frosting for icing cookies or graham cracker sandwiches.
- ☺ Dip the pretzel in the frosting and twist and pull the pretzel out of the frosting.
- ☺ Sprinkle with star sprinkles. Press the stars into the frosting, if needed.
- ☺ Place on the waxed paper and put in the refrigerator to set up.
- ☺ Now you have an edible wand!

Magic Peanut Butter Pie*Alice, Golden Empire Council***Watch out for Peanut Allergies!****Ingredients:**

- 1 graham cracker pie crust
- 1 - 18 oz. jar of peanut butter
- 1 8oz package softened cream cheese
- 3/4 C. honey
- 1 8oz tub frozen non-dairy whipped topping
- 1 semi-sweet chocolate baking squares
- 1/2 tsp. vegetable oil

Directions:

- ✓ Beat together cream cheese and honey until well mixed.
- ✓ Stir in peanut butter; mix well.
- ✓ Gently fold in whipped topping.
- ✓ Spoon into crust.
- ✓ Using a microwave, melt chocolate and vegetable oil in a glass, liquid measuring cup for 1 1/2 minutes;
- ✓ Drizzle over pie.
- ✓ Chill 4 hours.
- ✓ Refrigerate leftovers.

Pop Bottle Goblets*Utah National Parks Council***Materials:**

- Plastic .5 Liter bottle
- Sharp scissors
- Tacky glue
- Jelly Belly jelly beans in a variety of flavors, mixed
- Dish towel

**Directions:**

- ☺ Remove label, wash, and rinse bottle. Discard cap.
- ☺ Using sharp scissors, puncture, then cut right below where label had resided on bottle. Cut all the way around. Be sure to cut smooth to prevent any burrs or sharp places. The upper part will become the upper part of the goblet.
- ☺ Dry out the inside of the bottle using dish towel.
- ☺ Look at the bottom part of the bottle. There should be an indentation (line) going around the bottle close to the base. Cut on this line. Be sure to cut smooth to prevent any burrs or sharp places. This base will become the base of the goblet.
- ☺ Run a thick bead of tacky glue around the top of the bottle (smallest opening).
- ☺ Invert the top of the bottle into the middle of the (inside) of the base. It should have the shape of a goblet (see photo). Let dry.

OUTDOOR COOKING*Catalina Council*

Cooking and eating can be an outdoor adventure too.

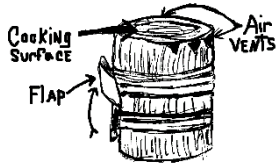
You don't have to camp out to get a taste of the camping adventure. There is just something about outdoor cooking that is special.

Cooking outdoors requires a different set of rules and equipment. Even cooking a hot dog or marshmallow just right without burning it can be a real challenge.

Charcoal Stove Catalina Council

Materials:

- Tin can (#10 or larger)
- Roll-type can opener
- Punch opener
- Wire for handle
- Three pieces sturdy wire screen



Note - This picture does not match directions but gives you an idea. I could not find a good picture to use. CD

Directions:

1. Remove top of can with roll-type can opener.
2. Punch air holes with punch opener all around the can near top and bottom.
3. Stick ends of wire for handle through two of the holes at top and twist to make a handle.
4. Push wire screen half way down into can to make a grate. This will hold the charcoal near top for cooking and keep air under charcoal. To keep screen from slipping, cut second piece of screen into a coil, and put between grate screen and bottom of stove.
5. Make a stove top out of the third piece of wire screen. This supports your hamburger or the cook pot.

To use:

- Set the stove on cleared ground and put tinder on the grate.
- When tinder is burning briskly, drop charcoal into fire.
- Swing the stove by the handle now and then to keep the charcoal burning.

Bug Snacks: Chief Seattle Council

Ants on a Log:

- ☉ Spread peanut butter or cream cheese on celery sticks.
- ☉ Add raisins or cranberries for “ants.”

Ants on a tire:

- ★ Core apples, and slice into rings.
- ★ Spread peanut butter or cream cheese on the rings.
- ★ Add raisins or dried cranberries for “ants”.

Peanut Butter Play Dough Bugs

- Make a recipe of peanut butter play dough.
- Boys can use straight pretzels, small regular shaped pretzels, thin licorice, raisins, M & M's, etc. to add antennae, eyes, legs, spots, and stripes, to their bugs.

Play dough recipes:

http://www.makingfriends.com/pro_edible.htm

Jell-O Snakes (or worms)

Ingredients

- 1 ½ cup apple juice
- 3 oz. package flavored gelatin
- 1 envelope unflavored gelatin
- 5 ice cubes
- small Ziploc bags

Directions

1. Pour half the juice into saucepan. Heat until boiling;
2. Remove from heat. Add gelatin, and stir until dissolved.
3. Pour remaining apple juice into mixing bowl. Add unflavored gelatin, and stir until dissolved.
4. Add mixture to hot apple juice.
5. Add ice cubes, and stir until melted.
6. Refrigerate until the consistency of pudding, about 10-15 minutes.
7. Spoon gelatin into Ziploc bags.
8. Cut ¼ inch off the corner of the bag.
9. Squeeze a wavy line of gelatin onto a foiled cookie sheet.
10. Chill in refrigerator about 2 hours.
11. To keep snakes firm while serving, place them on a plate over ice cubes.

Backyard Ice Cream

Baltimore Area Council

Ingredients

- 1 - 1 pound coffee can w/lid
 - 1 - 3 pound coffee can w/lid
 - 2 10" squares aluminum foil
 - 1 pkg. instant pudding
 - 1 qt. crushed ice
 - ½ pint milk
 - 1 - 13 oz. can evaporated milk
 - 1 roll duct tape
 - 1 pound rock salt (any flavor)
- For additional flavoring use fruit, chocolate chips, nuts, etc.*

Directions

- ✓ Into one pound can add the pudding mix, evaporated milk and enough fresh milk to fill can to the ¾ point.
- ✓ Stir very well.
- ✓ Place aluminum foil squares over can top and press plastic lid on.
- ✓ Secure lid with several wrappings of duct tape across top of lid and several more holding the lid on the sides.
- ✓ Place shallow layer of crushed ice into the 3 pound can.
- ✓ Sprinkle with rock salt.
- ✓ Place one-pound can in three pound can.
- ✓ Alternate layers of crushed ice and rock salt, filling the three-pound can.
- ✓ Secure lid with aluminum foil and cut tape as before.
- ✓ Roll or otherwise agitate the can for 20 minutes (perfect opportunity for a game!).
- ✓ Remove the ice cream and enjoy. Makes about a quart.

Nelson's Stew*Catalina Council***Ingredients:**

Box of macaroni and cheese
1 can of chunky ham

Directions:

1. Heat water to boiling.
2. Add macaroni and cook until soft.
3. Make macaroni and cheese in accordance with directions on box.
4. Crumble can of chunky ham into mixture, mix thoroughly.

This is easy. Feeds 2 scouts per box of macaroni and cheese, 1 can of ham may be mixed with each 2 boxes of macaroni.

I remember a card on Mac and Cheese boxes when I was a SM that gave various meat and vegetable combinations to add to the box mix. My Scouts loved those meals. Wish I still had the card. CD

Camp Stroganoff*Catalina Council***Ingredients:**

1-1/2 to 2 pounds ground beef
Onion soup mix
2-3 tablespoons of ketchup
1 cup sour cream
1 can cream of mushroom soup
Noodles

Directions:

1. Bring pot of water to a rolling boil and cook noodles until done.
2. Brown meat and drain off grease.
3. Add remaining ingredients and simmer until meat is tender. If necessary, thin sauce with a little milk.
4. Serve over cooked noodles.

Scout Tacos*Baltimore Area Council***Ingredients**

1 pkg. Taco Seasoning mix
2 pounds hamburger
1 15 oz. can Ranch Style Beans
1 medium onion, chopped
Lettuce
Tomatoes
Cheese, shredded

Instructions

- ☞ Sprinkle salt in bottom of Dutch oven.
- ☞ Follow directions on Taco Seasoning mix.
- ☞ Be sure not to add too much water.
- ☞ Add beans.
- ☞ Cook until beans are hot.
- ☞ Serve mixture on Doritos or Fritos.
- ☞ On top, sprinkle lettuce, tomatoes, cheese & onions.

Campfire Foil Dinner*Baltimore Area Council*

In a square piece of heavy duty aluminum foil, place enough of each of the following to make one serving:

sliced potatoes	thin ground beef patty
sliced carrots	sliced onions
salt	pepper

Cook package on hot coals for approximately 15 minutes on each side. Chicken patties, breast & thighs, and pork chops are also good this way.

Just A Little Bit Different Trail Mix*Utah National Parks Council***Ingredients**

2 cups Quaker Oat Squares
1 cup small Pretzels
1 cup Almonds
½ cup Honey Roasted Peanuts
1 or 2 small packages of M&M's
1 cup Craisins

Directions

- ☺ Mix them all together and
- ☺ Divide evenly into plastic baggies.

Dutch Oven Cobbler**Ingredients**

- 1 White or Yellow cake mix
- 1½ sticks butter or margarine
- brown sugar
- cinnamon
- 2 cans apple filling (or whatever fruit pie filling you prefer)

Instructions

- ★ Put pie filling into Dutch oven together with about 3/4 can of water.
- ★ Sprinkle cinnamon over apples.
- ★ Sprinkle dry cake mix evenly into Dutch oven.
- ★ Do not mix or stir.
- ★ Cut butter into 1/4 thick squares and cover cake mix.
- ★ Sprinkle cinnamon and brown sugar on top of butter.
- ★ Place lid on Dutch oven. Put 4 pieces of hot charcoal under Dutch oven and 12 pieces on top of Dutch oven.
- ★ Cook about 45 minutes or until you can't resist the aroma.
- ★ Peach cobbler can be made by using two cans of sliced peaches (29 oz. can) and eliminating the water.

A Pocket Banquet for One*Utah National Parks Council*

Here's a complete meal for one that you can carry in your pocket... and you can prepare all of it before you leave for a hike. Then all you do is add water where necessary, heat it and feast!

Soup –

Dehydrated soup (like Lipton's Chicken Noodle – or your preference) packaged in a piece of strong foil. The foil can be molded into a soup bowl when ready to eat just add water and heat.

Cocoa –

Pack enough instant cocoa mix for two or three cups in small envelopes of foil. Biscuits – Carry enough instant biscuit mix wrapped in foil to make two biscuits. Mix necessary amount of water right in the same foil. Puncture with knife so steam can escape when you put it next to the fire to bake.

Main dish –

Wrap a quarter pound of beef steak, one potato, one onion, and one carrot (Potato, carrot, and onion cut into small pieces) in a piece of foil. Remember to add seasoning, a tablespoon of water +/-, and a pat of butter. Place foil package on coals. Roll wrap to seal liquids inside. Cook for ten minutes.

Dessert –

Core one apple, add cinnamon and sugar. Wrap it in foil. Place it on coals, by the time you are ready for dessert, it will be baked, ready to eat.

Pinewood Derby Ideas**“Wheelie Cookies”****Ingredients:**

- ✓ 1-1/2 cup all purpose flour
- ✓ 1/2 cup softened margarine or butter
- ✓ 1/4 teaspoon of powdered sugar
- ✓ 1/2 teaspoon of baking powder
- ✓ 2 Tablespoons of milk
- ✓ 1 cup of pie filling or jam

Directions:

Pre-heat the oven to 375 degrees.

Mix flour, butter or margarine, powdered sugar, baking powder and a little milk. (Only enough for the dough to form – if the dough seems dry, mix in 1 teaspoon of milk at a time)

Divide the dough into six equal parts.

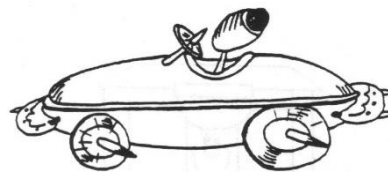
Shape each part into a ball, place on an ungreased cookie sheet and flatten slightly.

Make an indentation about 1-3/4” across and 3/4” deep in the center of each cookie – I use my finger or thumb.

Fill each indentation with about 2 Tablespoons of either pie filling or jam.

Bake until the edges begin to brown, about 20-25 minutes.

This recipe makes 6 “Wheelies” – easy to double or even triple!

Racing Car Treat*Alice, Golden Empire Council*

Each boy can build his own racing car. Begin with a hot dog bun sliced apart, with a slice of cheese in between – this makes racing “stripes” on the side of the “car.” You could also add a hot dog, or slice the hot dog horizontally to make another “stripe” down the side of the car. Make wheels out of carrot slices and attach with toothpicks. Use pimento strips to outline the driver's seat. The “driver” is an olive on a toothpick. Pickles can make bumpers and another carrot slice can make the steering wheel.

LAST THINGS

*This lady certainly was trying to be **HELPFUL**.*

I thought this was great story as you prep for your upcoming Blue and Gold Banquet!!

"Keep Your Fork"



There was a woman who had been diagnosed with a terminal illness and had been given three months to live. So as she was getting her things "in order," she contacted her pastor and had him come to her house to discuss certain aspects of her final wishes. She told him which songs she wanted sung at the service, what scriptures she would like read, and what outfit she wanted to be buried in. The woman also requested to be buried with her favorite Bible.

Everything was in order and the pastor was preparing to leave when the woman suddenly remembered something very important to her.

"There's one more thing," she said excitedly.

"What's that?" came the pastor's reply.

"This is very important," the woman continued. "I want to be buried with a fork in my right hand."

The pastor stood looking at the woman, not knowing quite what to say.

"That surprises you, doesn't it?" the woman asked.

"Well, to be honest, I'm puzzled by the request," said the pastor.

The woman explained. "In all my years of attending church socials and potluck dinners, I always remember that when the dishes of the main course were being cleared, someone would inevitably lean over and say, 'Keep your fork.' It was my favorite part because I knew that something better was coming...like velvety chocolate cake or deep-dish apple pie. Something wonderful, and with substance! So, I just want people to see me there in that casket with a fork in my hand and I want them to wonder - "What's with the fork?"

Then I want you to tell them:

"Keep your fork.... the best is yet to come".

The pastor's eyes welled up with tears of joy as he hugged the woman good-bye. He knew this would be one of the last times he would see her before her death. But he also knew that the woman had a better grasp of heaven than he did. She KNEW that something better was coming.

At the funeral people were walking by the woman's casket and they saw the pretty dress she was wearing, her favorite Bible and the fork placed in her right hand. Over and over, the pastor heard the question, "What's with the fork?" And over and over he smiled.

During his message, the pastor told the people of the conversation he had with the woman shortly before she died. He also told them about the fork and about what it symbolized to her. The pastor told the people how he could not stop thinking about the fork and told them that they probably would not be able to stop thinking about it either.

He was right.

So, the next time you reach down for your fork, let it remind you oh so gently, that the best is yet to come

What Cubs Are Made Of

Baltimore Area Council

Cub Scouts are made of all of these,

Scarves of gold, patches on sleeves,

Trousers of blue and well-worn knees,

That's what Cub Scouts are made of.

They're partly Indians, of fringe and feather,

And beads and buttons and bits of leather,

With war-paint and freckles mixed together,

That's what Cub Scouts are made of.

They're made of an oath, a pledge, and a prayer

Of hands that are willing, of hearts that play fair,

With something inside them that God put there,

And that's what Cub Scouts are made of.

