

Volume 23, Number 4

""If you want children to keep their feet on the ground, put some responsibility on their shoulders." Abigail Van Buren

November 2017 Cub Scout Roundtable

**December 2017 Program Ideas** 

# KIND / PAYING IT FORWARD

CS Roundtable Planning Guide – No themes or month specified material

# PART III – THEME & PACK MEETING IDEAS

# Apology from CD -

This is the same 1<sup>st</sup> page as last month. I goofed last month placing this month's stuff on that 1st page. Sorry

# **PACK MEETING THOUGHTS**

The Point of the Scout Law being highlighted for Cub Scouts in December is: **A Scout is Kind.** A Scout knows there is strength in being gentle. He treats others as he wants to be treated. Without good reason, he does not harm or kill any living thing.



## HOW DOES "PAYING IT FORWARD" RELATE TO THIS SCOUT LAW POINT?

At this pack meeting, Cub Scouts will learn the importance of treating others as they want to be treated. Although it is nice when someone does something kind for you, it is even more rewarding to do something kind for someone else—without expecting anything in return.

# FOCUS

Adapted from 1997-1998 CS Program Helps

Looking at the reason for this theme on the previous page, "importance of treating others as they want to be treated," brings the Golden Rule to mind. So, I looked and saw that "The Golden Rule" was a CS Theme in December 1997. My wife and I went to our basement and found the CS Program Helps for that year!!

The injunction in the Christian Bible to "do unto others as you would have others do unto you" is found in some form in almost all religions. In Judaism, for example, the great rabbi Hillel advised: 'What is hateful to thee, do not unto thy fellowman."

It's excellent advice year-round, but especially appropriate as we near the year-end holiday season. Cub Scouts can put it into practice by doing things for others - performing a service or making gifts. The pack's big event will be a holiday party.

This theme is designed to positively influence character development and spiritual growth in Cub Scouts. Help them develop good citizenship habits and attitudes. And show them how to be helpful and do one's best



# The Golden Rule Around the World

- **Christianity** All things whatsoever ye would that men should do to you, do ye so to them; for this is the law and the prophets. Matthew 7:1
- **Confucianism** Do not do to others what you would not like yourself. Then there will be no resentment against you, either in the family or in the state. Analects 12:2
- **Buddhism** Hurt not others in ways that you yourself would find hurtful. Udana-Varga 5,1
- **Hinduism** This is the sum of duty; do naught onto others what you would not have them do unto you. Mahabharata 5,1517
- Islam No one of you is a believer until he desires for his brother that which he desires for himself. Sunnah
- **Judaism** What is hateful to you, do not do to your fellowman. This is the entire Law; all the rest is commentary. Talmud, Shabbat 3id
- **Taoism** Regard your neighbor's gain as your gain, and your neighbor's loss as your own loss. Tai Shang Kan Yin P'ien
- **Zoroastrianism** That nature alone is good which refrains from doing another whatsoever is not good for itself. Dadisten-I-dinik, 94,5

# **MORE FOCUS**

Adapted from 2008-2009 CS RT Leaders' Guide We often hear of random acts of kindness, but what about some not-so random acts of kindness?? How about "Paying It Forward" on purpose? Many organizations such as Habitat for Humanity, the Salvation Army, and your local food bank are in place to help others. Their purpose is to serve the needy. As Cub Scouts and Cub Scout leaders, we should make plans to "Pay It Forward" by helping organizations like these or coming up with ideas all our own in order to keep our promise from the Scout Oath, " To help other people at all times."

"You cannot do a kindness too soon, for you never know how soon it will be too late."

Ralph Waldo Emerson

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# Months with Cubs Paying It Forward



and being Kind

Recent* Baloo's Bugle Issues for <b>KIND</b>					
* After	* After 2015 shift to Adventure Program & One Oath/One Law				
March	2015	Aware and Care			
May	2016	My Animal Friends			
October	2016	Creepy Crawlers			
	Other	KIND Months			
December	1958	The Golden Rule			
December	1961	Follows, Helps, and Gives			
December	1969	Cub Scout Gives Good Will			
December	1971	Cub Scout Gives Good Will			
December	1972	Follows, Helps, Gives			
December	1975	Cub Scout Gives Good Will			
December	1984	Do a Good Turn			
December	1985	Follows, Helps, Gives			
December	1986	The Golden Rule			
December	1991	Follows, Helps, Gives			
December	1992	To Help Other People			
December	1995	Do a Good Turn			
December	1996	Helping Others			
December	1997	The Golden Rule			
December	2003	Cub Scout Gives Good Will			
December	2005	Faith, Hope & Charity			
April	2006	Our Feathered Friends			
November	2008	Spreading Seeds Of Kindness			
March	2013	Planting Seeds of Kindness			
March	2014	Pet Pals			
November	2014	Give Goodwill			



# **GATHERING ACTIVITIES**

Why Have Pack Gathering Activities. 2011-2012 CS RT Planning Guide

A successful, planned gathering activity will get a pack meeting off to a good start. A good gathering activity has pack members and parents interacting with each other. They should require minimal preparation, be fun for the boys, and can be enjoyed by the entire family. Since the Cubmaster is busy preparing for the pack meeting, other members of the pack should lead the activity. This is a great opportunity to begin involving parents who are not in a formal leadership position to help with something. Gathering activities may be found in the Den & Pack Meeting Resource Guide, the Den Chief Handbook, the Cub Scout Leader How-To Book, Group Meeting Sparklers, and Boys' Life. Plus the monthly Cub Scout roundtables.

#### Seeds of Kindness Word Search Baltimore Area Council

DBOYCMLSYSDQJ Е C UAMTHDJ MSYOE R S E ΕТ COESFQOHF ІНН DDNDOOFE UXE DC U R NC S WMLP T Ζ Т Y D G Т C X G C В Ν Е S EF S S R V Т X R Q I D Е Т В н C 0 C Т M V D 0 ZRX Т Y V RLROC SPZVI D A OP Ρ YQ EWEF C PNGLZE L C SNO Т ANODACUEN 1 MTFEVEDIVUCJPOH IRSVUJTWRYOCFS

#### Find the following words in the grid.

CANS	CLOTHING	COLLECT
HELP	DONATIONS	FOOD
COMMUNITY	NEED	KINDNESS
OTHER	PEOPLE	SEEDS

#### Helping Hands

Sam Houston Area Council

- ➢ Give each boy a piece of paper with "HELPING HANDS" written across the top of it.
- Set a time for 5 minutes and have each boy write as many ways as he can think of for him to be helpful to others under each letter.
- ✤ The only words he can use must start with the letter.



Is THIS a PICTURE OF KINDNESS and COMPASSION?

#### Gathering Game in honor of our Buzzards -

Enlarge and display this picture and challenge your audience to answer the following questions:

- Buzzards can't make that scary sound we hear in cartoons - they can only hiss or grunt, since they don't have voice box!
- Buzzards mate for life and take good care of their young.
   TRUE
- They can smell carrion from over a mile away.
   They also have good eyesight!
   TRUE
- During the hot summer months turkey vultures will
   "poop" on their feet to cool them off. TRUE
- Turkey vultures can travel up to 200 miles a day, and they don't eat while they are travelingFALSE
- Turkey vultures have been reported by aircraft pilots to rise to as high as 20,000 feet and soar for hours without flapping their wings.
- ▲ As groups of vultures catch thermal updrafts they look like water boiling in a pot – so they are called kettles.

#### TRUE

- Hawks look for "kettles" groups of flying vultures – because they know the vultures always find the best thermals!
- Buzzards are actually gentle birds they can't kill their prey. And if they disappeared, we'd be overrun with dead animals!
  TRUE

#### EXTRA CREDIT

- Buzzards don't flap their wings, but just rock from side to side and ride the currents!
   TRUE
- They are the most graceful fliers in the world, even though they look ugly and awkward up close! TRUE

# Note: Check the Fun Facts About Buzzards for more trivia – in VALUE RELATED

#### Alice, Golden Empire Council

Invite families to bring photos and material about their favorite service project to help others – Give each family a chance to share what they chose as a project, why they chose it, and how it has impacted their family and those they served.

#### Whoville on an Eraser

Pencils didn't always have an eraser! The idea was patented on March 28, 1858. But if you glue a large pink pompom on top of the pencil eraser, (to represent Whoville) and a tiny white pompom on top of that to represent the "Who" – you will have "Whoville" on an Eraser!

# **Collect blankets, towels and pet food for local pet rescue services.** In our area, the Food Bank also provides pet food for those in need.

#### **Disability Awareness Round Robin**

Have several Disability Awareness games set up around the room. As people arrive, divide them up so some people start at each station, then go around clockwise to the other stations. The Braille Cell below would work. See other suggested activities under GAMES section.

#### No Matter How Small

Read "Horton Hears the Who" to celebrate Dr. Seuss. A fun story about kindness and compassion – that teaches "A person's a person, no matter how small."

#### Smiles for Everyone – in honor of Smile Day! Challenge each boy, den or family to bring all kinds of smiles cut out of magazines and newspapers. Have a large piece of paper for each den, furnish paper glue sticks. Each group can create a collage of "Smiles" – talk about how a smile makes everyone feel welcome, and challenge everyone to practice smiling all week long.

#### Make Christmas Cards for our Troops Alice, Golden Empire Council



Have supplies – paper, scissors, markers, paper, glue sticks – ready so boys and/or families can make cards.

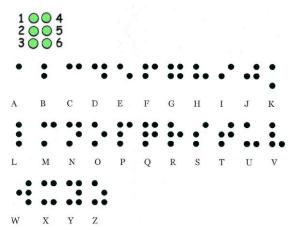
**Materials:** White  $8-1/2 \ge 11$  paper folded in half horizontally, then in half vertically to make a card; Green construction paper; Green sharpie or marker

**Directions:** Cut three small hearts the same size from green paper folded in half. Now put the pointed end of each heart together on the front of your card, so that the "hearts" form a cloverleaf. Draw a stem with a green sharpie or marker. Add a "Happy St. Patrick's Day" message. Cards can be delivered or mailed to an elderly care home.

## Your Name in Bumps!

Alice. Golden Empire Council

Most people read by using their eyes. However, people who can't see can still read. They read with their fingertips!



## **The Braille Alphabet**

- The Braille alphabet is based on a rectangle of six ÷ dots.
- Each dot position has a number, 1 through 6. ÷
- For each letter, some dots are raised and some are ÷ not.
- For example, an A has one raised dot in position 1. ÷
- The G has four raised dots in positions: 1, 2, 4, and \* 5.

Can you write your name in Braille in this box? Use as many boxes as you need, one letter to a box.

L		 l		

Want to see how it feels? Use the pencil to poke a little hole at each dot from the back side. Now close your eyes and read with your fingers!



## Alice, Golden Empire Council

Have a display and information about this great idea. Encourage pack families to share with neighbors, or with a local food bank; consider joining with the Garden Writers Association Foundation – go to: http://gardenwriters.org/gwa.php?p=index.html

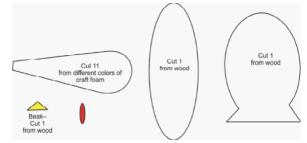
Invite everyone to bring some "Seeds" of a kind idea to share with everyone – Service project ideas, information about how to help provide food to others

through Senior Gleaner projects, or Community Garden projects.

## Be Thankful



We all need to be reminded now and again to show gratitude for the many things we have. This easily assembled turkey can help us remember the many things we enjoy.



Cut the body from wood, paint and assemble it ahead of time As each family comes in have them cut out and write what they are thankful for on a foam tail feather. Present the turkey to your sponsoring organization for everyone to enjoy.

## Just One Word

## Utah National Parks

You'll really have them at a loss for words with this one! Cut out the following letters from magazine or newspaper headlines (or draw black letters on paper and cut them out.)

## JNOORSTUW

Place the letters in any order on the floor or table (or any flat surface), Ask the players to rearrange the letters to spell "just one word".

If/when they give up, rearrange the letters to spell the three words, "Just One Word,"

## Good Will Word Search

Utah National Parks

Find the following words in the puzzle above. Words may be diagonal, horizontal or vertical. Words may be forwards or sdrawkcab (backwards).

					· · · ·						_
H∑ww⊢−ZGDwZXG≷	<b>ЧШОР № № № А ШО № О Ш</b>	PQLTEOOSDA-LOJ	PDOPHOYMZRFEDS	YOURIEPSIOTCOS	BESTANRLNXVLYE	ARROQXGKEEERFZ	EDJCTACBOBFUND	осолноннолнсосо 2 на 0 листи 2 листи	КО∟−ОІН≫⊥О≻ШШ−	<b>ΥΖၯυ</b> ΆΣξ⊁ΛΟ≽ΨΩό	
mom			best						kino	iness	S
Webel	los		happy						а	irrow	7
cub			tree							fur	1
of			scout						he	lping	5
meetir	ıg	light						:	snow	/	
people	e	dad							gif	t	
boys			other					wolf			f
pack				bo	obcat					you	r

#### Seed Word Search

						E	Balc	00						
Т	U	Ν	0	С	0	С	Ζ	Р	Е	А	S	Ζ	А	Е
G	V	Р	Х	Х	Ζ	Т	Р	W	Н	Κ	Р	D	М	Κ
Ζ	D	S	С	Α	х	Y	Е	L	R	А	В	В	Х	М
С	0	Т	Y	L	Е	D	0	Ν	Н	D	R	L	Т	Т
Е	Y	D	S	Ν	R	0	С	А	G	Y	G	С	Q	Ι
S	0	Е	G	Μ	Α	Y	Ρ	G	0	Κ	V	Q	V	U
L	U	Е	0	Т	Р	0	Р	С	0	R	Ν	Р	Р	R
W	R	S	0	Y	Ζ	С	U	В	S	С	0	U	Т	F
U	В	Е	D	Y	R	D	V	С	Е	Μ	Α	S	Е	S
D	Е	L	Т	L	U	F	Р	L	Е	Η	Μ	Q	D	Y
R	S	Ρ	U	Q	Е	в	Ρ	S	В	L	R	Е	J	Х
W	Т	Р	R	Ι	А	Ι	U	J	Ζ	Ι	Е	V	В	J
G	0	Α	Ν	G	Т	Μ	Κ	Μ	С	S	R	В	в	Т
н	G	F	G	S	М	S	Т	Е	Е	Т	D	Х	Х	Ρ
Т	0	С	Ι	D	R	S	S	Е	Ν	D	Ν	Ι	K	С

#### Find the words related to "Seeds of Kindness"

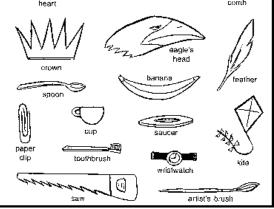
COTYLEDON	CUB SCOUT	APPLE SEED
SESAME	ACORNS	RICE
BARLEY	PEAS	KINDNESS
PITS	FRUIT	HELPFUL
DO YOUR BEST	EMBRYO	GOOD TURN
POPCORN	DICOT	COCONUT
	SEEDS	

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Johnny Appleseed, who was really named John Chapman, walked all over the country, planting apple seeds as he went, so that there would be trees for birds to nest in, people and animals would have fruit to eat and shade to enjoy on a hot day. He looked to future generations as he shared generously with people who would never know he had been responsible. He realized that both people and animals would benefit from the apple trees he planted – a great example of Compassion! See how many of the hidden items you can find.





## The Bean Game

Pam, from the 2008 CS Program Enrichment Conference at Philmont

## Thank you from Dave



## Set Up:

Place about 2 dozen dried beans (or large dried seeds to keep it theme related) in a snack or sandwich bag

Have a bag for each Cub Scout

## **Object:**

To balance beans on the back of your hand The person who can balance the most is the winner

## Instructions:

These are written for a right hander, reverse for a lefty

- ✓ Pick up one bean with your left hand
- ✓ Transfer bean to your right hand
- ✓ Place bean on back of left hand
- ✓ While still balancing bean on back of left hand, pick up another bean with your left hand
- ✓ Transfer bean to your right hand
- Place second bean on back of left hand with first bean
- ✓ While balancing two beans on back of left hand, pick up a third bean with your left hand
- ✓ Transfer bean to your right hand
- ✓ Place third bean on back of left hand with first two beans
- ✓ Keep going (repeating) until one or more beans fall off your hand



## **OPENING CEREMONIES**

Den Meeting Opening Say Something Kind Sam Houston Area Council

Start a den meeting by saying something kind (nice) about someone else. Give this part of your meeting a special name. Not everyone needs to participate every time. Give the Scouts an opportunity to thank someone, offer encouragement or share kind words.

Planting Seed of Kindness Opening

Alice, Golden Empire Council

#### Set Up: -

- 8 Cub Scouts, 1 Den Leader (DL) or other adult to narrate
- A picture made by boys showing good soil, with rocky, dry soil along one side; several "seeds" drawn on paper
- Watering pail or picture of rain
- Picture of sun
- Pictures of "crops" flowers, wheat, sunflowers, etc. (*Adjust number of seeds to the number of boys*)
- **DL:** This month, we've been learning about Seeds of Kindness. Let's see what can happen to those seeds. The seed is an idea – we might hear about a service project from our den leader or a teacher. If we decide to help, we might want to find out what we can do.
- Cub # 1: I heard about a canned food drive from my den leader, and I wanted to help.
- Cub # 2: My neighbor is old and has trouble keeping her lawn mowed and watered. I wondered it I could help.
- DL: Sometimes, when we hear about some service or see someone who needs help, we decide to try and find a way to do something. It's like putting seeds in good soil, where they can grow. But sometimes, we are busy or the problem seems too big for us to do anything about, so we decide we can't help. That's like dropping a seed in rocky, dry soil, where it can't grow. It will just dry up and nothing will come of it.
- **Cub # 3:** I heard about the canned food drive, but I don't have time to help I have soccer practice, and a game on Saturday.
- Cub # 4: I asked my dad, but he said the local food bank will take care of the problem.

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- DL: Where do you think these seeds ended up? (Lets the audience decide where each boy should put his seed) But just getting in the dirt doesn't guarantee a seed will grow – it needs water and sunlight. The water could be compared to a willingness to figure out a way to help, a way to deliver what someone else needs.
- Cub # 5: I wanted to help with the food drive, too I decided to ask my neighbors if they could help, so we would get even more cans!
- Cub # 6: I saw that my neighbor couldn't take care of her lawn anymore, so I asked my dad if he could help me get the lawn mower started and figure out how to finish the job.
- **DL:** (holds up the watering can and adds the sun to the picture) If we use our imagination and ask other people to help, our "seeds of kindness" can keep growing.
- Cub # 7: When I went to pick up cans from my neighbors, one of them said they had a grandma who needed help from the food bank sometimes. They said they were happy to help, and that made me feel good!
- Cub # 8: It was a lot of fun to find a way that I could help – I collected coats from my family, kids at school, and neighbors, and donated them to a clothing drive. I had such a good time that I am going to do it again! And it made me very glad that I have my own warm clothes for the winter.
- DL: So we discovered that "Seeds of Kindness" grow only when we each decide to do something for others. Then they can produce a crop of gratitude, and a desire to do more. We have learned to keep our eyes open for other opportunities to be kind. (Put up the picture or drawing of flowers or a food crop) In the United States of America, we have a tradition of helping others. Let us honor that tradition by pledging allegiance to our flag.

#### Planting Seeds ... Grand Teton Council

**Set Up**: Seven Cub Scouts with placards having appropriate picture son front and their parts on back in LARGE print.

- Cub # 1: In America, we plant seeds of kindness every day. Our founding fathers thought all Americans should be treated equally.
- Cub # 2: I plant seeds of kindness when I go to school to learn. Playing and Sharing with others in my school.
- Cub # 3: I plant seeds of kindness when I worship as I choose, and as I let other people worship as they want.
- Cub # 4: I plant seeds of kindness when I write an editorial to a newspaper praising the good things in my community. All Americans are free to express their opinions.
- Cub # 5: I plant seeds of kindness by living free and treating nature and others with respect. All Americans are free, too.
- **Cub # 6:** I plant seeds of kindness by being proud to be an American. All Americans should take pride in their country.
- Cub # 7: I plant seeds of kindness when I pledge allegiance to the Flag of the United States of America in a proper way. Please stand and salute the flag and repeat the pledge with me.

#### **Helping Other People**

Sam Houston Area Council

After the flags have been posted, but before the pledge, have parents or Den Chief/Den Leader read the following off of cards you have prepared.

- **Cub # 1:** Helping other people might be picking up a toy or a bottle that a boy dropped.
- **Cub # 2:** Helping other people might be playing with a younger brother or sister while mom is busy.
- **Cub # 3:** Helping other people might be telling a friend he did a great job when he did his best.
- **Cub # 4:** Helping other people might be shoveling a walk of someone not able.
- Cub # 5: Helping other people may be simple everyday things, even a smile, or difficult things like fighting for our country.
- Cub # 6: The people throughout history that have kept our country free helped other people, you and me. As we pledge our allegiance to the flag, let us be glad that others have helped other people. Cub Scout leads the pledge.

**GREETINGS** *Capital Area Council* 

#### Set Up:

The Den Chief explains that the audience is to respond by doing as the boys say and then introduces the ceremony.

The boys hold cards that spell out the word G-R-E-E-T-I-N-G-S. Each exposes his card as he speaks his line.

- Cub # 1: G Glad to see you here tonight. Let's spread some Seeds of Kindness
- **Cub # 2: R** Reach out your hand to a friend left or right.
- Cub # 3: E Everyone smile and shake his hand,
- Cub # 4: E Everybody smile and nod at another friend.
- Cub # 5: T Together now, stand up on your feet,
- **Cub** # 6: **I** I'd like for you all to take your seat.
- Cub # 7: N Now that we're all friends, we'll start the show,
- Cub # 8: G Good will is a feeling we get from spreading seeds of kindness
- **Cub # 9:** S So now we say greetings to everyone.
- All We've tried to sow the seeds of kindness in all that we have done. So Cubmaster, our program's begun.

The boys motion for Cubmaster to come on stage

#### Seeds of Kindness Opening Grand Teton Council

**Equipment**: Cornucopia, Carrot seed packet, Carrots with tops on

**Cubmaster:** This is the time of year when crops have been gathered in for the harvest. In the spring, seeds were planted (hold up seed packet), and in the fall, we see the results (hold up the carrots). Just as small seeds become fruits and vegetables, all around us, we can plant other seeds - all year round – even as Cub Scouts. Part of the Scout Oath is "to help other people." So tonight, we are going to plant seeds of kindness, seeds of caring, seeds of service. One of the great things about our nation is the service that Americans give – to each other, and to those of other nations. Let us celebrate this greatness by singing together, "No Man is an Island" (or substitute another song that your group would be familiar with, i.e., God Bless America, etc) **Building A Better World** Capital Area Council

11 Cub Scouts, each holding a card with a letter on the front and his line on the back. Each speaker holds up his letter as he says his line. Last line delivered by all.

**Den Leader (DL) introduces this Opening by stating** – We have been learning how a Cub Scouts can spread seeds of kindness and through these acts of kindness they can help build a better world. We will now show you how Cub Scouts spreading seeds of kindness can help build a Better World -

- **Cub # 1:** B for BROTHERHOOD, boosting for each other's good
- **Cub # 2:** E for EVERY LAND to share in earth's riches everywhere
- **Cub # 3:** T for TRUSTFULNESS, trusting more and fearing less
- **Cub # 4:** T for TEAMWORK, for joining hands to put things through
- **Cub # 5:** E for EQUAL CHANCE for each nation to advance
- Cub # 6: R for REAL RESPECT in spite of race, creed, or sect.
- **Cub #7:** W for WILL TO WORK for peace with faith and skill
- **Cub # 8:** O for OPPORTUNITY to keep our speech and action free
- **Cub # 9:** R for REVERENCE for a guiding providence
- **Cub # 10:** L for LOVE TO SPREAD around when need and bitterness are found
- **Cub # 11:** D for DIGNITY of man devoted to a better plan.

#### (All hold up letters)

**DL:** There you have it - that is how you build A BETTER WORLD.

# AS A GOOD CITIZEN OPENING

Heart of America Council

**Set Up: -** Six Cub Scouts with placards with appropriate pictures on the front and their parts on back in LARGE print.

- **Cub # 1:** As a good citizen I will try to be helpful and kind.
- **Cub # 2:** I will strive to take good care of all property and practice safety and health rules.
- **Cub # 3:** I will practice thrift and good work habits.
- **Cub # 4:** I will show a respect for authority. I will be honest and dependable.
- Cub # 5: Fair play and good manners will be my goal.
- **Cub # 6:** I will take pride in achieving and be patriotic and loyal to my hometown and country

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**Cubs Give Thanks Opening** *Alice, Golden Empire Council* 

Before the meeting, gather pictures or photos the boys have made or chosen of things they are thankful for. This could also be done by each den, with one boy as the narrator for the den.

**Cubmaster:** This month, the boys have been thinking a lot about what they are thankful for - and as you will see, they have come up with a lot of ideas.

**Cub #1:** We had a challenge to choose three things each day for which we are thankful and write or draw them in a special journal. (*holds up his journal*)

**Cub #2:** We went for a hike and saw and heard a lot of things for which we are thankful – from fall leaves to the songs of the birds. (*holds up the ABC list from the hike*)

**Cub #3:** We learned that one way to be thankful is to share a special treat, like these children in Africa did. *(holds up enlarged picture)* 

## No Man is an Island

Grand Teton Council

No man is an island, no man stands alone Each man's joy is joy to me Each man's grief is my own We need one another, so I will defend Each man as my brother Each man as my friend

No man is an island far out in the blue We all look to One above Who our strength doth renew When I help my brother Then I know that I plant the seeds Of friends that will never die

I saw the people gather I heard the music start The song that they were singing Is ringing in my heart

No man is an island, no man stands alone Each man's joy is joy to me Each man's grief is my own We need one another, so I will defend Each man as my brother Each man as my friend



## Cub Scout Harvest

Pamela, North Florida Council

- Cub #1: To have a good harvest a farmer needs rich soil, the sun, water and hard work.
- **Cub #2:** A good Scouting program to a Scout is like a rich soil to a bountiful harvest.
- **Cub #3:** Loving assistance and guidance are the sun and water necessary for a plentiful harvest.
- Cub #4: Good leaders are the farmers, and Cub Scouts are the tiny seeds.
- Cub #5: The Tiger Cubs start out as tiny seeds but with assistance and guidance of the leaders, they grow to be Webelos Scouts--crops ready to harvest.

#### Formula to Grow

Pamela, North Florida Council

- **Cub #1:** Growing requires starting with a solid foundation of strong values and clear principles.
- Cub #2: Add a seed -- a young spirit eager to grow.
- **Cub #3:** Use lots of warm support and a safe protection.
- **Cub #4:** Feed frequently with fun activities.
- Cub #5: Water daily with encouraging words.
- **Cub #6:** This is the formula to grow a successful Cub Scout into a leader for tomorrow.

# AUDIENCE PARTICIPATIONS

Traditionally, Audience Participation means giving speaking parts to the members of the audience, based on a keyword they'll hear in the story. Separating the audience can be done in several ways, like by seating section, age, den, etc. You instruct them that when their word is heard, they shout out their part, which may be a phrase or sound effect. The keywords in the story are in all **CAPITAL LETTERS**.

## **Helping Others**

*Capital Area Council* Divide audience up into six parts. Assign each part an action to do and say when their key word is read. Practice as you assign parts.

	2	UI
Lights:	<b>"B</b>	link, blink, blink"
Cub Scout:		"Do Your Best"
<b>Helping Other</b>	People:	"Warm Fuzzy"
Pack:	Yell	the Pack Number
Old Lady:	"No, I D	on't Want To Go"
Tree:		"Ahhhhhhhhh"

Once upon a time, in a CUB SCOUT PACK a CUB SCOUT was learning about HELPING OTHER PEOPLE. The CUB SCOUT helped an OLD LADY across the street. But the **OLD LADY** did not want the CUB SCOUT to help her. The OLD LADY did not care that the CUB SCOUT had been learning about HELPING OTHER PEOPLE or that the CUB SCOUT and his PACK had set out to do good deeds. The **OLD LADY** just wanted to get a **TREE**. But the CUB SCOUT and his PACK were learning about HELPING **OTHER PEOPLE** and really wanted to HELP OTHER PEOPLE and so the CUB SCOUT helped the **OLD LADY** across the street. The **OLD** LADY thought what kind of a PACK is this? The **OLD LADY** just wanted her **TREE** and pretty LIGHTS. The CUB SCOUT said, "Nice OLD LADY, my CUB SCOUT PACK and I are learning about HELPING OTHER PEOPLE. I'll help vou get your **TREE** and put your pretty **LIGHTS** on, if you will just let me learn about HELPING OTHER **PEOPLE** by getting you across this busy street." The OLD LADY sighed and smiled and said "Thank you."

## The King's Highway

Grand Teton Council

Once a king had a great highway built for the members of his kingdom. After it was completed, but before it was opened to the public, the king decided to have a contest. He invited as many as desired to participate. Their challenge was to see who could travel the highway best. On the day of the contest the people came. Some of them had fine clothing, fine hairdos, or great food. Some young men came in their track clothes and ran along the highway. People traveled the highway all day, but each one, when he arrived at the end, complained to the king that there was a large pile of rocks and debris left on the road at one spot, and this got in their way and hindered their travel.

At the end of the day, a lone traveler crossed the finish line and wearily walked over to the king. He was tired and dirty, but he addressed the king with great respect and handed him a bag of gold. He explained, " I stopped along the way to clear away a pile of rocks and debris that was blocking the road. This bag of gold was under it all, and I want you to return it to its rightful owner."

The king replied, "You are the rightful owner."

The traveler replied, "Oh no, this is not mine. I've never known such money."

"Oh yes," said the king. "You've earned this gold, for you won my contest. He who travels the road best is he who makes the road smoother for those who will follow."

#### BROKEN WATER JUG Great Salt Lake Council This was a little long for a Cubmaster's minute but it is a great story. Use it wherever you want. CD

100 years ago, a family lived in the St. George area. Water had to be carried from the creek every day for the family's use. Two large pots were suspended across the carriers back on a stout stick. One of the pots had a crack in it, while the other pot was perfect and always delivered a full portion of water. At the end of the long walk from the stream to the house, the cracked pot arrived only half full.

All summer this went on daily, with the bearer delivering only one and a half pots full of water to his house. Of course, the perfect pot was proud of its accomplishments, but the poor cracked pot was ashamed of its imperfection, and miserable that it was able to accomplish only half of what it had been made to do.

Finally, it could bear it no longer and said to the bearer, "I am ashamed of myself, and I want to apologize to you. I have been able to deliver only half my load because this crack in my side causes water to leak out all the way back to your house. Because of my flaws, you must do all of this work, and you don't get full value from your efforts."

The bearer said to the pot, "Did you notice that there were flowers only on your side of the path? That's because I have known about your flaw, and I planted flower seeds, and every day while we walk back, you've watered them. I have been able to have these beautiful flowers to enjoy. Without you being just the way you are, there would not be this beauty for us all to look at"

It's the cracks and flaws we each have that make our lives together so very interesting and rewarding. Take each person for what they are, and look for the good in them.

## **BIG TURKEY HUNT**

Heart of America Council

Divide audience into 7 parts. Assign each part a word and a response. Instruct them to say the response when they hear the word. Practice as you make assignments.

neur me noru.	There as jou make assigning
Vance	"I love to swim"
Pilgrim:	Whistle
Turkey:	Gobble, Gobble
Duck:	Quack, Quack
Squirrel:	Chatter, Chatter
Fish:	Bubble, Bubble
Bear:	Growl, Growl
Bee:	Buzz, Buzz
Hunt. All et	and and make their counds

Hunt: All stand and make their sounds

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Once upon a time, there was a PILGRIM who decided to go out to HUNT for a TURKEY for his Thanksgiving dinner. As he walked along through the forest, all of a sudden he met a DUCK.

"Hello, DUCK," he said. "Have you seen the TURKEY? I'm on a big HUNT for him." "No," said the DUCK, with a sly wink. So the PILGRIM marched along till all of a sudden he spied a SQUIRREL playing in the treetops. "Good day, SQUIRREL," said the PILGRIM. "Have you seen the TURKEY? I'm on a big HUNT for him." "No, No!" said the SQUIRREL, smiling behind his paw.

As the PILGRIM crossed the brook, he bent down from the bridge when he saw a FISH swimming near the surface. "Oh, FISH," said he, "has the TURKEY been down to the water for a drink today?" "No, not for a long time," said the FISH, diving deep to hide his laughter. The poor PILGRIM continued down the shady path and suddenly came face to face with a big brown BEAR. "Hello, B-BEAR," he said. "H-have you s-seen the TURKEY? I'm on a b-big HUNT

for him." "No!" said the BEAR, "I don't even know what a TURKEY is." But he gave a rumbling laugh.

The PILGRIM was feeling quite depressed by now, for he thought that he would never find the TURKEY. Finally, he saw a BEE buzzing by. "Stop a minute, BEE," he said. "You fly just about everywhere; is the TURKEY near? I'm on a big HUNT for him." No," buzzed the BEE, "nowhere around here." And he flew away, buzzing hard to hide his chuckles.

Soon the PILGRIM saw ahead of him a clump of bushes and small trees. As he neared it, here suddenly rang out the most deafening noise you ever heard. It was the most ferocious

growl of the BEAR, the loudest buzz of the BEE, the biggest bubbles of the FISH, the most irritable chatter of the SQUIRREL, the squawkiest quack of the DUCK and the deepest gobble of the TURKEY.... TURKEY had hidden himself in the midst of the thicket, and all of his friends had gathered together to try to scare the PILGRIM out of his boots and away from the TURKEY.

But the joke was on him, for guess what! All the PILGRIM had wanted to do was invite the TURKEY to help him eat his bountiful harvest Thanksgiving dinner! As the poor misunderstood PILGRIM let out a very loud yell and took off for home, all heard him exclaim, ere he hove out of sight, "That's the last HUNT I'll go on, so good-night, good-night." A Kind, Compassionate Hero Utah National Parks

**Parts:** 

ERIC	I'm a Cub Scout!
CHICK	Peep, peep
MICHAEL	Thanks, friend.

**ERIC** is a real hero. One day, he and **MICHAEL** were goofing off down by a pond that was in a remote area by where they lived. No one else was around.

MICHAEL was wading along the shore when he suddenly disappeared under the water. MICHAEL came to the surface sputtering and splashing wildly. ERIC did not know how to swim that well, but he seized a long branch and pushed it into the water toward MICHAEL. It didn't quite reach, so he waded in cautiously and pushed it further. Finally MICHAEL could get hold of it and was pulled to shore safely.

**MICHAEL** and his father were so grateful, they tried to give **ERIC** some money, but he wouldn't take it. He said he was a Cub Scout and wanted to help others.

**ERIC** is a hero in other ways, too. One rainy, cold day he was on his way to school. In the weeds he spotted a **CHICK**. It was cold and glassy eyed. He picked it up and cuddled it in his warm hands. He thought he would take it to school and show it to everyone, but instead he looked under a bush and saw a mother hen on a nest. He set the **CHICK** down close to her and it burrowed under her wing. She clucked at **ERIC** and pecked his hand. He knew the **CHICK** would be safe.

In **ERIC'S** school class there was a bully named Johnny. He especially loved to pick on Robert. Robert was timid and quiet and was never chosen to play games. One day **ERIC** got to choose the teams at recess. He chose Robert first. All the guys looked surprised, and Johnny jeered. That afternoon, when they were walking home from school, Johnny grabbed Robert and forced him to the ground. **ERIC** pulled Johnny off and stood between them until Robert could get up. Johnny threatened to hit them, but with two boys to fight, it wasn't so easy. Finally, Johnny left and the two boys walked home together.

**ERIC** always helps fold up the chairs and pick things up at the end of Den and Pack meetings.

All of us can be KIND HEROES. We may not save a life, but we can show compassion and be helpful to others.

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Sowing Seeds of Scouting with a Computer Pal Utah National Parks

#### Parts:

JEFF	Whew, it's hot!
MOUSE	Squeak, Squeak
ALBERT	Brrrrrrr, it's cold!
NOME, ALASKA	Watch out for the
	moose!
E-MAIL	Zoom, Bing!
ORLANDO,	Mickey Mouse
FLORIDA	
SENT or SEND	Click, Swish!
KEYBOARD	Typity, typity
CUB SCOUTS or	Do Your Best!
SCOUTING	

ALBERT had just attended "School Night for SCOUTING" in his hometown of NOME, ALASKA. He sent an E-MAIL to his computer pal JEFF, in ORLANDO, FLORIDA to tell him that he had just joined CUB SCOUTS. He knew that JEFF had been in SCOUTING for a while and wanted to find out what it was all about.

**ALBERT** sat down at the **KEYBOARD** and reached for his **MOUSE.** He typed in the message, hit **SEND**, and eagerly awaited **JEFF'S** reply.

JEFF received ALBERT'S E-MAIL while doing homework at the KEYBOARD. He was really excited to get ALBERT'S news. JEFF immediately SENT an E-MAIL back to ALBERT telling him all the fun SCOUTING stuff they do in ORLANDO. He talked about such things as the Pinewood Derby, Day Camp, the Blue & Gold Banquet, the Raingutter Regatta, plus all of the great hikes, field trips and more! When JEFF finished listing all the things they do in CUB SCOUTS, he hit the SEND key on his KEYBOARD. After ALBERT finished reading JEFF'S answers, he decided he had made a smart decision by joining CUB SCOUTS.

After **ALBERT** had received his Bobcat badge, he **SENT JEFF** an **E-MAIL** to tell him the good news.

After each Pack Meeting, **JEFF** from **ORLANDO** and **ALBERT** from **NOME** would **SEND** each other an **E-MAIL** telling what they had done. They both agreed **SCOUTING** is a lot of fun. They also became lifelong buddies and pen pals!

#### **Wouldn't and Shouldn't – A Different Perspective** *Alice, Golden Empire Council*

Divide the group into two groups and assign each group one of the words listed below. Practice as you assign parts. Read the story. After each of the words is read, pause for the group to make the appropriate response.

WOULDN'T: No, No, No SHOULDN'T: Never, Never, Never

Once there was a trash pick-up company who had two people that worked for them that were always causing trouble. One of them was named WOULDN'T and the other was named SHOULDN'T.

WOULDN'T would never drive his garbage route the same way twice and so he missed picking up some of the people's trash. SHOULDN'T would drive around his route so early that half the people had not even put out the garbage when he came around. No matter what the supervisor told them it made no difference. WOULDN'T would start on a different street, and SHOULDN'T would start before light. Complaints were being phoned into the trash pick-up company all the time. Finally a lady told SHOULDN'T how much she appreciated him and the trash pick-up company.

She told him how horrible her property would be if it were not for the garbage disposal. A man thanked WOULDN'T for getting out of his truck and picking up some of the garbage that had fallen onto the road.

That had been the trouble all along. SHOULDN'T was embarrassed to be driving a trash pick-up truck. When he realized how necessary his job was, he stopped going so early so that no one would see him and all the people on his route were happy.

WOULDN'T didn't feel that what he did was important. From that day on, he still started on a different street every week but he never missed a house.

So now the trash pick-up company is happy and so are WOULDN'T and SHOULDN'T.

**Narrator:** And that just goes to show that sometimes all it takes is for someone to look at the situation and understand another person's feelings!

# ADVANCEMENT CEREMONIES

### Award Presentation Idea:

#### **Can the Awards!** Pamela, North Florida Council

Use one of those new safety can openers that removes the whole lid. Prepare in advance by saving cans for each boy and washing out. If you save the original label on the can the boys will be even more surprised when the first can is opened. Fill a can with awards for each boy. Replace the lid. Let each boy open their award can.

#### Kindness Through the Ages Advancement Alice, Golden Empire Council

Before the Ceremony, each award is covered by a quote about being KIND or showing KINDness. When the boy is called up, he reads the quote before receiving his award. *There are many appropriate Quotes from which to choose in this Baloo's Bugle.* 

**Cubmaster:** There's a lot to think about if you want to practice being KIND or showing KINDness to other people. Tonight, each boy is going to read a quote that will give us all some help in being KIND.

Call up boys and parents as usual, and ask each boy to read his quote before he is given the parent pin to put on his parent or guardian.

#### Be sure to lead cheers for all the boys earning awards. When all awards have been given....

**Cubmaster:** As you can see, KINDness can be shown in many ways – thank you Cub Scouts, for sharing some wise ideas about being KIND. And thank you for working hard to earn those awards!

It takes many hours or work and practice to be good at anything worthwhile and the survival of the world may someday rest with the accomplishments of these boys.

Hang pictures of those for whom you are thankful around the meeting area, one per den. Pictures may be those of actual people or drawings of occupations such as firefighter, policemen, teacher, etc.

#### Seeds of Kindness Advancement Ceremony Ideas Grand Teton Council

- Attach awards to "Seeds of Kindness" packets. Talk about kindness and being kind, and how the seeds we plan grow great dividends in the future.
- 2) Have a "plant" (dead tree branch, twig, etc.) to which you have attached "leaves" made of paper or fun foam, etc. On the leaves are written the good deeds the Cub Scouts have done this month. Attached to some of them are the awards the boys are receiving. Be sure to talk about the awards.
- 3) Make a "garden" with a miniature picket fence (glued to Styrofoam so it will stand up), with "grass" or "soil" (crumpled paper, straw if you would like, something to simulate soil). In the soil, place the awards, attached to "vegetables." You can make your own, or you can use real ones (clean ones, of course). Have small hoes, shovels, or other gardening implements for children available. Let boys "dig" their awards from the "soil."

#### Advancement Ceremony Ideas 1998 Simon Kenton Council

- ★ Give each boy an apple with his award and tell them that Johnny Appleseed would be as proud of them as his parents and everyone in the pack are.
- ★ To give recognition to leaders and parents, who have done something for the pack, give them a package of seeds (preferable apple) and tell them you appreciate the seeds they are planting for the future.
- ★ Another recognition for adults, who have helped during the month, is to give them a package of lifesavers and tell them they are just like Molly Brown, unsinkable in helping our pack.
- ★ Use a fake tree or small live one in a pot, put the boys awards in plastic apples and attach to the tree. The boys can "pick the apple" and get their awards.

## **CUB SCOUTING'S SEEDS**

San Gabriel Valley, Long Beach & Verdugo Hills Councils

**Equipment:** Cloth or paper sack labeled: —Johnny Cub Scout Seeds. Have the advancement awards inside and an apple.

**Cubmaster:** Cub Scouts, I have here in my hand an apple. This and many more apples came from a tree that grew from a tiny seed.

A long time ago, right after the American Revolution, there was a man named John Chapman. We know him better as Johnny Appleseed. Johnny Appleseed wandered through Ohio and Indiana for 40 years planting apple orchards. For generations afterward, those trees helped feed the people.

The badges we're awarding tonight are like those seeds. They are symbols of growth for our Cub Scouts, who are themselves growing straight and tall like Johnny Appleseed's trees. And like those trees, our Cub Scouts will help other people. (Take badges from sack and give them to parents to put on son's shirts.

## GROWING TREE ADVANCEMENT

San Gabriel Valley, Long Beach & Verdugo Hills Councils Personnel: Cubmaster (CM) and Assistant CM (CA) Props: Draw on a poster board plants at different stages:

- ★ A seed labeled Bobcat,
- ★ A small sprout labeled Tiger;
- $\star$  A small shoot labeled Wolf;
- ★ A larger plant labeled Bear;

★ A plant in full bloom labeled — Webelos. Cover each drawing with a strip of paper loosely attached so that each strip can be easily removed.

- **CM** A young boy growing in our program starts out like a small seed. Parents are just like farmers, trying to help that seed grow to reach its full potential. It takes many resources and lots of time. Every boy starts as a Bobcat, small seeds all set to sprout. (Pull off paper covering Bobcat seeds). They quickly grow when conditions are favorable. (Call out names of Bobcats. Present awards to parents and congratulate each boy) Lead Cheer.
- **CA** Some boys start Scouting as Tiger Cubs, the first growth area in Cub Scouting, earning their Tiger rank. (Pull off strip covering Tiger sprout) Will the following boys and parents please step forward? (Call out names of Tigers. Present awards to parents and congratulate each boy). Lead Cheer
- **CM** The next stage of development comes at Wolf, when the Cub Scout is really starting to grow and take shape in Scouting. (Pull off strip covering Wolf) Will the following Cub Scouts and parents please step forward and be recognized for reaching the next level? Present awards to parents and congratulate each boy. Lead Cheer.
- CA Repeat process for Bears. Lead Cheer
- **CM** Close with comments about Webelos having reached full bloom in Cub Scouting. Their next task will be to start in Boy Scouting and grow to a who new level. Lead Cheer

Mighty Oaks from Little Acorns Baltimore Area Council Materials needed: Paper cup filled with soil, quick sprouting seeds such as alfalfa, water Set Up: When a boy is ready to advance from one rank to another, the Cubmaster calls him to the front of the Pack Meeting with his parents and says the following:

Cub Scout \_\_\_\_\_, you have within you the seed of a man. Through Scouting, that seed may grow. Your advancement tonight from \_\_\_\_\_ to \_\_\_\_\_ is part of that growth.

To help you better understand the growth you must make, we give you this cup of soil (hand to Cub), to represent the fertile ground of Scouting with the opportunities and direction it affords you for growth.

When you became a Cub Scout, you planted your seeds in this soil. (Hand Cub seeds to plant in soil.)

For a seed to grow, it must have nourishment. Your Den Leaders nourish your seeds through the activities and projects you work on at den meetings each week. (Have Den Leaders water the soil.)

No seed can grow without the warmth of the sun. By their encouragement and support in Scouting, your parents provide the warmth needed for your own seed to grow. (Ask the parents to help their son place his cup in a sunny spot at home.)

Now, Cub Scout \_\_\_\_\_, as you receive your advancement, we instruct you to take these seeds home and care for them, so they will grow into healthy strong plants. And we promise you that as your seeds grow through the care you give them you too will grow through the care your Cub and Scout leaders give you as you go through the Scouting program.

# With a little work this could be adapted for a great Cubmaster's minute. CD

**Recruiter Recognition** 2011-2012 CS RT Planning Guide

Materials: Recruiter strips

**Personnel:** Cubmaster, Committee or Membership Chair or "Other" may lead this ceremony.

Boys make a difference for our Cub Scout pack by inviting their friends or recruiting new boys from school. Would the following boys come forward to receive their recruiter strips?

## (Call their names and present recruiter strips.)

Congratulations to these boys for making a difference in their dens and our pack. Remember that boys can join Cub Scouts any time of the year. Always put out the Cub Scout welcome mat to your friends.

# LEADER RECOGNITION

# The Light of Scouting

Baltimore Area Council

**Setting** – You will need candles for every person in the pack. Wrap each candle in foil to create a drip plate.

**Scene** – Dim the lights in the room. There should be two candles on a table in the front of the room. The pack committee should be near the front with the Cubmaster and the Assistant Cubmaster. The den leaders line up on each side of the room after the pack committee, and the Scouts line up next to their den leaders. Make sure the Cubmaster has a lighter.

(Cubmaster lights one of the candles on the table and turns to speak to the group.)

This candle represents the spirit of Scouting. All by itself in this room, it doesn't seem like much. But then, the spirit of Scouting finds me, to be your Cubmaster

(Lights the 2nd candle from the 1st, and continues.)

While this is a little better, it is not nearly enough light. Fortunately, the spirit of Scouting continues to spread from me to the Assistant Cubmaster and to our wonderful Pack Committee

(Cubmaster lights candle of Assistant Cubmaster, and then they each light one candle of the pack committee members. Lighting continues from one candle to another until all the pack committee candles are lit.)

The spirit of Scouting doesn't stop there! It continues to spread as more and more folks learn about the riches and treasures found in our program.

(Den leader candles are lit from committee members')

Are you starting to see a pattern? Don't you think having even more spirit would be better? How do the den leaders spread their Spirit? That's right! They spread the spirit of Scouting with their dens and all the Tigers, Wolves, Bears, and Webelos Scouts can experience this spirit.

#### (Den leader lights one candle of the den and Scouts light one candle from a previous candle until all Scout candles are lit.)

Wow! Isn't this better? Let's consider that this is just one pack. We're a small part of one district in one council in the United States. The spirit of Scouting burns all over the world! So, when our light combines with all the other lights in all the other packs all over the world, the spirit of Scouting becomes a tremendous beacon to guide Scouts on their journey through life. I hope you carry this spirit of Scouting with you all your life!

## Scouting is a Candle

Sam Houston Area Council

#### Materials –

Candles - longer tapers, OR small birthday cake candles

Mount each candle on a piece of wood/plywood – write in black marker – thank you for shining your light in our pack.

#### Have Committee Chair read this poem:

Poem could be read before or after Cubmaster's presentation, your choice

Scouting is a candle that will light you on your way. It's trying on your honor, and helping every day. Exploring worlds around you and looking wider still. Pitching tents out in the woods and hiking up a hill. Music and voices blended under God's majestic sky, Helping those around you, kindness in great supply. The meaning in a moment, in a smile, or in a tear, Makes you a little taller with each new Scouting year. A promise to your God and to your country, too, Makes you a part of your world,

and your world a part of you. It's something that you carry wherever you may go, A secret deep inside you that only Scouts would know. But it's the kind of secret that you

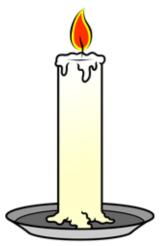
want the world to know,

You can't hide all the happiness; you can't hide all the glow.

A candle glows together, it shines externally. Make it shine on everyone,

that's the way the world should be.

**Cubmaster:** Tonight, we would like to say thank you to some leaders and parents who have lit up our pack meeting with their helping hands. (Call adults forward and give them thanks and the memento.)



# SONGS

#### If You Want to Help Someone

Baltimore Area Council Tune: If You're Happy and You Know It

If you want to help someone, Wash their car. If you want to do some service, Don't look far. You can help your family, With your neighbor, or a friend. You don't have to do a lot to help out.

Just like the big oak tree we start to grow From small seeds on the ground, Don't you know? And so it is with service And helping others kindly You can make a big difference starting small.

#### I'd Like to Teach the World To Sing Baltimore Area Council

And for the story http://www.coca-colacompany.com/stories/cokelore-hilltop-story

I'd like to build the world a home And furnish it with love Grow apple trees and honey bees And snow white turtle doves I'd like to teach the world to sing In perfect harmony I'd like to hold it in my arms And keep it company

I'd like to see the world for once All standing hand in hand And hear them echo through the hills For peace throughout the land

That's the song I hear Let the world sing today A song of peace That echoes on And never goes away

I'd like to teach the world to sing In perfect harmony

I'd like to teach the world to sing In perfect harmony

I'd like to build the world a home And furnish it with love Grow apple trees and honey bees And snow white turtle doves

I'd like to teach the world to sing In perfect harmony I'd like to hold it in my arms And keep it company

> More lyrics: http://www.lyricsmode.com/lyrics/n/new\_seekers/

Be Kind to Your Web Footed Friends Santa Clara County Council This is sung to the tune of Sousa's "The Stars and Stripes Forever." How many of you sang this each week at the end of "Sing Along with Mitch?" CD Be kind to your web-footed friends For a duck may be somebody's mother Who lives all alone in a swamp Where it's very cold and damp You might think that this is the end Well it's not caus' I know another stanza Be kind to your web-footed friends For that cop may be Dick Tracy's brother Who lives all alone on the beat On a dark and dingy street You might think that this is the end Well, Why not!

## Be Kind to Your Cub Scouting Friends

*Tune: Stars and Stripes Forever* Be kind to your Cub Scouting friends, That's a pledge from one Scout to another. Be kind to your leaders today, 'Cause for helping they don't deserve trouble, Be kind to your neighbors and friends, 'Cause by caring you follow Scouting's letter. Scouting and friendship are grand, And as we grow, the world will know, We've made things better.



#### CARING

Heart of America Council Tune: Dashing Through the Snow Show caring to your neighbors. Give friends a helping hand. Always think kind thoughts. Let your words be kind, Caring for folks you know Is the best way to show That you love God and all of mankind.

## For The Beauty Of The Earth

Alice, Golden Empire Council For the beauty of the earth, For the glory of the skies, For the love which from our birth Over and around us lies: Lord of all, to Thee we raise This our hymn of grateful praise. For the beauty of each hour Of the day and of the night, Hill and vale, and tree and flower, Sun and moon and stars of light: Lord of all, to Thee we raise This our hymn of grateful praise.

#### Garden Song Baltimore Area Council

To hear the song -

https://www.youtube.com/watch?v=RHhRyjwYnX0

#### **Chorus:**

Inch by inch, row by row Gonna make this garden grow Gonna mulch it deep and low Gonna make it fertile ground Inch by inch, row by row Please bless these seeds I sow Please keep them safe below 'Till the rain comes tumbling down

Pullin' weeds and pickin' stones We are made of dreams and bones Need a place to call my own 'Cause the time is close at hand Grain for grain, sun and rain Find my way in nature's chain Till my body and my brain Tell the music of the land

#### Chorus

Plant your rows straight and long Season with a prayer and song Mother Earth will make you strong If you give her loving care An old crow watchin' hungrily From his perch in yonder tree In my garden I'm as free As that feathered thief up there

Chorus

If I Had a Hammer Heart of America Council On You Tube -Arlo Guthrie & Pete Seeger http://www.youtube.com/watch?v=ujzKk\_4WBsE Peter, Paul & Mary http://www.youtube.com/watch?v=lUKB3PxG-0E If I had a hammer, I'd hammer in the morning I'd hammer in the evening, All over this land I'd hammer out danger, I'd hammer out a warning, I'd hammer out love between my brothers and my sisters. All over this land. If I had a bell. I'd ring it in the morning, I'd ring it in the evening, All over this land I'd ring out danger, I'd ring out a warning I'd ring out love between my brothers and my sisters, All over this land. If I had a song, I'd sing it in the morning, I'd sing it in the evening, All over this land I'd sing out danger, I'd sing out a warning I'd sing out love between my brothers and my sisters, All over this land. Well I got a hammer, And I got a bell, And I got a song to sing, all over this land. It's the hammer of Justice, It's the bell of Freedom, It's the song about Love between my brothers and my sisters. All over this land. It's the hammer of Justice, It's the bell of Freedom, It's the song about Love between my brothers and my sisters. All over this land.

Friends Alice, Golden Empire Council This is also a favorite of Girl Scouts~ learn about the connection between the original founder of Girl Guides and our founder, Robert Baden-Powell

1	Make new friends, but keep the old. One is silver, the other is gold.	5	Silver is precious, Gold is too. I am precious, and so are you.
2	A circle is round, it has no end. That's how long, I will be your friend.	6	You help me, and I'll help you and together we will see it through.
3	A fire burns bright, it warms the heart. We've been friends, from the very start.	7	The sky is blue The Earth is green We can help to keep it clean
4	You have one hand, I have the other. Put them together, We have each other.	8	Across the land Across the sea Friends forever We will always be

To hear the tune for "Friends", go here https://kids.niehs.nih.gov/games/songs/childrens/makenew-friends/index.htm

> Walk in My Shoes Cascade Pacific Council Tune: Frere Jacques

Walk in my shoes, walk in my shoes, How's it feel? How's it feel? We're alike, but different, We're alike, but different, Let's be friends, let's be friends.



**Do Your Best** *Piedmont Area Council* Tune: Are You Sleeping

When you do your best, When you do your best You'll feel great, You'll feel great Make and do for others, too, Make and do for others, too

Spread good cheer, Spread good cheer

Tommy the Cub Scout

*Heart of America Council* Tune: Frosty the Snowman

Tommy, the Cub Scout Was a very happy boy. With a uniform of blue and gold And a Den that gave him joy.

Tommy, the Cub Scout Earned his badges one by one. He did his best and met the test. A good citizen he's become.

He helps out other people when He sees they need a lot. He does his chores around the house And feeds his dog (named Spot).

Tommy, the Cub Scout Does his duty willingly. Someday he'll join a Boy Scout Troop And a fine man he will be.

Do A Good Turn

Sam Houston Area Council Tune: Are You Sleeping

Do a good turn, Do a good turn, Do your best, Do your best, Do a kindly favor, Be friendly to your neighbors, Cheerful Cubs, Cheerful Cubs.

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**That's Why We Are In Cub Scouts** *Cascade Pacific Council* Tune: Deep In The Heart Of Texas

The fun things in life, Our family's delight! (*clap hands four times*) That's why we're in Cub Scouting.

We do our best, To pass each test (*clap hands four times*) That's why we're in Cub Scouting.

Just me and my son, Work, play and have fun, (*clap hands four times*) That's why we're in Cub Scouting.

We think our pack's great, We keep it first-rate; (*clap hands four times*) That's why we're in Cub Scouting!

#### **Catch the Scouting Spirit**

Cascade Pacific Council (Tune: Catch a Falling Star)

Catch the Scouting spirit Put it in your heart Never let it fade away. Catch the Scouting spirit Put it in your heart Never let it fade away.

For someday soon you'll see What's been accomplished It will make you proud And don't forget the fun And fellowship there you'll Get rewards beyond compare. Catch the Scouting spirit Put in it your heart Never let it fade away.

#### (Repeat first verse)

**Cub Scout Friends** *Cascade Pacific Council* Tune: "It's a Small World"

We all come in different shapes and size, We all come with different hair and eyes. Some are tall, some are short, But we're proud to report, That we all are Cub Scout friends.

#### **Chorus:**

We're alike but different, All of us have different strengths. No matter what, we do our best, We all are Cub Scout friends.

## **STUNTS AND APPLAUSES**

## **APPLAUSES & CHEERS**

Alice, Golden Empire Council Show You Care Applause: Demonstrate, then have audience do it three times – Say "Show You Care" as you put one hand over heart, second hand over first hand and bouncing up and down (like a heart beating). Repeat three times.

Let's Walk Together Applause: Audience teams up in twos, with arms linked and walk around in a circle, in place, while saying "Let's Walk Together!"

Johnny Appleseed Applause: Make a motion of taking a big bite out of an apple. Then make a motion of picking out a seed, making a hole with a stick, dropping the seed and "covering" the seed with dirt with your foot. Now say, "There's another Apple Tree!"

Horton Hears a Who Applause: Divide audience into two groups. One group is the "Who" and on signal they say very quietly, "The Who!" as they put their hands on either side of their mouths.

The second group says loudly "Who's There?" on signal as they cup a hand to their ear.

Point to each group several times in random order, but on the last turn, "The Who" shouts as loud as they can.

Santa Clara County Council

**Big Bear:** Stand up. Pretend to be a bear standing on his hind legs and give a great big "GROWL".

**Snake:** Put hands together above your head. While standing, slither with your body in place and say, "SSSSSSSSSSSSSSSS".

Heart of America Council **TURKEY APPLAUSE I**: Say, "Gobble, gobble, gobble,"

If you want you can add then rub stomach and say, "Yum, Yum."

#### TURKEY APPLAUSE II:

Put hands under armpits to make wings, flap wings and yell, "Gobble, gobble, gobble."

Grand Teton Council

Do A Good Turn Cheer I Have the group stand up to applaud. They clap once, Then turn a <sup>1</sup>/<sub>4</sub> turn and clap again, Then turn another <sup>1</sup>/<sub>4</sub> turn and clap again, and continue until they have completed a full turn. Good Turn Cheer II:

Everyone stand up, turn around, and sit back down.

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San Gabriel Valley, Long Beach Area, & Verdugo Hills Councils

**Watermelon Applause:** Pretend you're holding a watermelon, run it past your mouth while slurping and turning your head from right to left, then turn your head back spitting out seeds. (*repeated on purpose - CD*)

**Cantaloupe Applause:** Variation of Watermelon (above) cup hands to hold cantaloupe, take one big bite, then spit out only one seed!

**Grape Applause:** Use in conjunction with the Watermelon and Cantaloupe applauses. Hold an imaginary grape between thumb and first finger. Pop grape into mouth with appropriate sound.

**Southern Watermelon** – Say Ya'll after spitting out the pits.

**Fruit Salad** - Pretend like your eating a watermelon, spit out seeds, then a cantaloupe, then a cherry. *(for cherry, put finger in cheek bone and pop out of mouth)* 

#### Southern Samurai Warrior Watermelon Cheer – Baloo's Archives

- Hold watermelon in your hands (Upper arms at your sides, elbows bent hands in front of body, palms up)
- Toss watermelon into the air (Say wiiiish (or something like that))
- Pretend to pull out your sword from the imaginary sheath hanging from your belt.
- With two hands on the hilt of the sword, reach up and slice the watermelon in half above your head (say thooop or similar cutting sound)
- Put palms out again to catch the watermelon (Say Foooommpp or other sound to indicate the catch)
- Do standard watermelon cheer (see above)
- Say Ya'll

## Insect Cheers

Trapper Trails Council

John Travolta & the Mosquito Cheer- Use your disco pointer finger pointing up and down and sing, Oo AH, Oo ah, (Then slap all over) Eatin' alive, Eatin' Alive. My RT is definitely going to do this one. Even if it is too old for the Cubs!! CD

**Beehive cheer**- When Cubmaster raises hand audience buzzes loud, lowers hands they buzz quieter.

**Bug Applause:** When the leader waves hands (as if to "shoo" away a bee or mosquito, make buzzing sound (zzzzzz). When leader finally slaps hands together (as in smacking the bug) everyone stops.

# Capital Area Council

- Constitution Cheer: We, the people, approve!
- Bravo (For an excellent performance) The cheer leader says: "That deserves a Bravo ! We'll do this in a circle." He then proceeds to have one end of the circle start with the 'BRR' sound and proceeds to point around the circle while they do the 'AVOOOO' sound. The sound level should rise as more of the circle comes in.
- Canned Laughter: Laugh when lid is removed from a can, and stop when lid is closed.
- Great Job Cheer: Have one half of the audience say "Great" and the other half say "Job." Alternate each side.
- ➢ Ice Cube Cheer: Shape an ice cube with a thumb and index finger, saying, "COOOOOOOL!"
- Double Ice Cube Cheer: Make an ice cube with a thumb and index finger of each hand, saying, "TOOOOO COOOOOOL!"

## **RUN-ONS**

Piedmont Council

**Owls:** Cub comes on stage carrying a picture of an owl. He says, "'Owl be seein' ya!"

**Quacking Up**: Have several Scouts walk across the stage staring at the ceiling and saying "Quack, quack." Leader then asks what they are doing and they reply, "Quacking Up!"

- Cub: Mr. Pet Store owner, I want to buy a dog. How much are these puppies?
- Owner: They are \$5.00 apiece.
- Boy: OK, but I wanted a whole one.
- Emcee: We interrupt this program for a spot announcement. Dog: (off stage):Arf, Arf, Arf!
- Emcee: Thank you, Spot.

## Sam Houston Area Council

## **Bird Seed**

**Cub Scout #1:** May I have 25 cents worth of bird seed?

Cub Scout #2: How many birds do you have? Cub Scout #1: None yet, but I'm gonna grow some!

## Do A Good Turn

- Cub Scout #1: (comes on stage turning around)
- **Cub Scout #2:** (comes on stage doing forward rolls)
- Cub Scout #3: (comes on stage rolling over and over)
- Cub Scout #4: (comes on stage doing cartwheels)
- Cub Scout #5: What are you guys doing?
- **Cub Scouts #1-4**: Don't you know a good turn when you see one?

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- Trapper Trails Council
- **Person 1**: I just saw a moth crying.
- **Person 2:** That's impossible!
- **Person 1**: You mean you never saw a moth bawl?
- DL: Why don't you come in Tommy? Are your feet dirty?
- **Tommy**: Yes, ma'am, but I have my shoes on.

Ask if anyone can walk out of the room with two legs and return with six legs. (Carry in a chair)

## **JOKES & RIDDLES**

Heart of America Council

- **Boy 1:** What's the date?
- Boy 2: I don't know.
- Boy 1: Look at the newspaper.
- Boy 2: No good. That's yesterday's paper.

Knock-knock. Who's there? Accordion. Accordion who?

Accordion to the paper, it's going to snow (rain) today.

Cub Scout #1: There were seven copycats sitting on a fence. One jumped off, how many were left?

Cub Scout #2: None.

How can we become wiser from a paper of pin holes? *It will give us many good points.* 

What does an envelope say, when it is licked? It just shuts up and says nothing, I think.

What goes in one ear and out the other?

A worm in a cornfield.

#### Santa Clara County Council Be Kind to Animals (by John Ciardi)

There once was an ape in a zoo Who looked out through the bars and saw – You! Do you think it's fair To give poor apes a scare? I think it's a mean thing to do!

## **Elephant Jokes in Honor of Horton**

Alice, Golden Empire Council

- Q: What cheers you up when you are sick?
- A: A Get Wellephant card!
- Q: What should you do to a blue elephant?
- A: Cheer it up!
- Q: How can you tell when an elephant has been in your refrigerator?
- A: Look for elephant tracks in the butter.
- Q: What has 6 legs, 3 ears, 4 tusks, and 2 trunks?
- A: An elephant with spare parts.
- Q: What is large and gray and goes around and around in circles?
- A: An elephant stuck in a revolving door!
- Q: How can you tell when an elephant is under your bed?
- A: Your nose is squashed against the ceiling.

And my personal favorite Elephant joke. I won a Silver Dollar on this from the Editor of the Westwood (NJ) Local (An old time weekly shopper that carried all the Scouting news, Little League and other news. Thank you Mr. Barblinado) when Elephant Jokes first came out. The joke is probably not completely politically correct any more. CD

- Q: Why do ducks have web feet?
  - A: To stamp out forest fires.
- Q: Why do elephants have flat feet?
  - A: To stomp out burning ducks!!

# SKITS

#### Magic Of A Smile

Sam Houston Area Council

#### Set Up:

Boy #1 is trying a magic trick. Boys 3, 4, and 5 are watching him Boy #2 enters, watches, then asks:

## Skit:

- Boy #2: What are you doing?
- Boy #1: I'm a magician!
- Other: Yeah, he's doing magic tricks.
- Boy #2: Oh, really? (Watches, then asks) Why are you doing magic tricks?
- Boy #1: I like to do magic tricks because that makes people happy and when people are happy they smile and I like to see people smile.
- Boy #2: I can make magic!
- Others: Oh, sure! No you can't.
- Boy #2: Yes I can, but I need all of you to help with this magic trick. (Leaves)

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DALO	
Boy #1:	I didn't know he knew how to do magic
	tricks.
Boy #3:	I'll bet he doesn't know any magic.
Boy #4:	He probably won't even come back.
Boy #5:	He's just showing off.
Boy #2:	(Enters with gardening tools)
Others:	Gardening tools?
Boy #5:	You call that magic?
Boy #2:	No! But with your help and these tools we
	can make magic.
Others:	Oh, sure! Gardening tools aren't magical.
	How can they make magic?
Boy #2:	You said magic makes people happy, didn't
	you?
Boy #1:	Yes, but
Boy #2:	You said you like to make people happy so
	they will smile, didn't you?
Boy #1:	Yes, but
Boy #2:	Well, if we take these tools over to Mrs.
	Robinson's and clean her front yard, I'll bet
	she would be happy and she would smile the
	biggest smile you have ever seen.
Boy #3:	Say, I think you have got magic. I'll rake
	leaves.
Boy #4:	I'll go and get a lawn mower. I've always
	wanted to do magic tricks!
Boy #5:	Me too! I'll prune her shrubs. I really like
	Mrs. Robinson. I'd like to see her smile.
	(Boys agree and start to leave)
Boy #1:	Hey, what about my magic?
Boy #3:	We all want to try (boy's name) magic.
Boy #1:	Oh well, I guess I'll go too. Hey, wait for
	me.

#### **Always Do Good Turns**

Sam Houston Area Council

- Akela: "Now, (Cubs name), you know you should always do Good Turns."
- Cub # 1: I tried, honest!
- Akela: OK

[Each Cub enters and says similar things to Akela] Next to Last Cub: [carrying a small frying pan with a "pancake" in it] I did a good turn!

[*He flips pancake over and catches it in pan*] **Last Cub:** But you should see the mess in the kitchen!

## **BADEN-POWELL & GOOD DEEDS**

Alice, Golden Empire Council

Setting: An adult dressed as Baden Powell, and standing off to the side of the stage (or a large picture of BP, with a voice coming from off-stage.) A group of Cub Scouts and their Den Chief (DC) are sitting in the middle, looking like they are talking. (moving their mouths and hands, but not saying anything) If possible, it would be great to have stars on the wall behind the boys, with small white Christmas lights, not turned on, but able to be turned on at the end. Baden-Powell: When I founded scouting, I wanted boys to learn how to take care of themselves. But I also taught them to be kind to others - to do a good deed every day. I often think (that) when the sun goes down, the world is hidden by a big blanket from the light of heaven – but the stars are little holes pierced in that blanket by those who have done good deeds in this world. The stars are not the same size; some are big, some are little, and some men have done small deeds but they have made their hole in the blanket by doing good deeds before they went to heaven.

- DC: (Looking at a Cub #1) Wow, you're doing great – you almost have the Scout Oath memorized! But remember to put in "..to help other people" – Baden-Powell wanted scouts to do a good deed each day.
- **Cub # 1.** What kind of good deed?
- Cub # 2. Well, Saturday my family helped plant trees along the river – it was hard work, but fun, too. And boy, did I get dirty!
- **Cub # 3.** I helped my den leader clean up after we finished our project that's a good deed, too.
- **Cub # 4.** So, we need to do a good deed every day? Sounds kind of hard.
- Cub # 5. Well, sometimes you have to work hard to do a good deed –my dad and I helped paint a neighbor's fence – and that was hard work.
- Cub # 6. But sometimes, a good deed is pretty easy. There's a new boy in my class, and he was kind of lost – so I helped him find the cafeteria and meet some of my friends – I guess that was my good deed for the day.
- **Cub #1:** Hey, I helped Mom bring in all the groceries from the car was that a good deed?
- DC: Sure, that was a good deed. Just remember to be kind and helpful, and you won't have any trouble doing a good deed each day... (pauses, then looks like he has a great idea) Hey, even helping you learn the Scout Oath is a good deed!

Lost Money					
	S	am Houston Area Council			
Cast:	Cast: Several Cub Scouts				
Setting:	Cub S	Scout #1 is circling around and looking			
down at the ground.					
Cub Scout #2:		What are you doing?			
Cub Scou	ıt #1:	I dropped my money and I'm looking			
		for it.			
Cub Scout #2:		Well, I'll help you look.			
Cub Scou	ıt #1:	That would be great if you could help			
		me!			
(Other Cubs come up one at a time and ask him what					
he is doing. He tells them he lost his money and they					
agree to help look. Eventually there are several boys					
circling around looking for the money on the ground.)					
Last Cub Scout: What are you doing?					
Cub Scout #1: I'm looking for the money I lost.					
Last Cub	Scout	: Where did you lose it?			
Cub Scou	ıt #1:	Down the street by those houses.			
Last Cub	Scout	: Then why are you looking for			
		it here?			
Cub Scou	ıt #1:	Because this is where the street light			
		is.			





#### CLOSING CEREMONIES

## A Scout is KIND

Alice, Golden Empire Council Gather props, or enlarge the images shown below.

**Narrator:** – The point of the Scout Law (KIND) that was our focus this past month. So let's review:



**Cub #1:** (holding up clock or enlarged image) KINDness is the right choice no matter what time of day or night it is.



**Cub #2:** (holding up calendar or enlarged image) And it doesn't matter what month it is – always be KIND!



**Cub #3:** (holding up globe, map or enlarged image) It also doesn't matter where you are – KINDness can be practiced across the world!



**Cub #4:** (holding up Elephant or enlarged image) Dr. Seuss' story about Horton Hears a Who shows that it doesn't matter what size you are -You can be KIND and compassionate!



(holding up a picture of Scouts of all ranks or enlarged image) No matter what rank you are in Scouts, always remember that a Scout is KIND!

**Narrator:** So when you leave here tonight, please remember:

#### All: A Scout is KIND!

At the end of this closing, have other Cub Scouts come forward, join these Cub Scouts, and proceed right into the Closing Flag Ceremony.

Seeds of Kindness Closing Sam Houston Area Council

#### Set Up:

A group of Cub Scouts is talking with the Cubmaster. The conversation is ending and the Cubmaster says:

- **Cubmaster:** Remember, guys, it's important to be kind to everyone you meet but, it is most important to be kind to the people in your family. *The Cubmaster walks off stage.* 
  - The Cub Scouts start to gather closer together and the conversation continues.
- Cub Scout #1 Wow, I never thought about that.
- **Cub Scout #2** Yeah, I guess it really is important to be kind to my family.
- **Cub Scout #3** My mom is kind when she cooks our favorite foods. I love it when she makes lasagna.
- **Cub Scout #4** Mmmmm. Yum! Maybe we can think up a special recipe for our families.
- **Cub Scout #5** OK. Let's write down the ingredients. (Looks for a card and pencil and starts writing.)
- **Cub Scout #6** Well, we should probably start with a cup of eagerness. Maybe even three cups. It's important to be eager to help at home.
- Cub Scout #1 Sure, and how about some cheerfulness. Maybe two cups. Cheerfulness and Laughter help everyone feel good at my house.
- Cub Scout #5 This is beginning to look enticing. What next?
- **Cub Scout #2** How about some courtesy. Two hands full. You can never have enough of that at our house!
- **Cub Scout #3** What about helpfulness? At least a cup and a half of that!
- **Cub Scout #4** And obedience with the ability to follow instructions. That's really important to my parents.
- **Cub Scout #6** Oh, and a gallon of patience...especially with my sisters! Write that one in big letters!
- **Cub Scout #5** Hey guys, this is looking really great. Is there anything we've left out?
- **Cub Scout #1** I'd say we need at least four cups of love for each other. In fact, we should add a little more for good measure.
- **Cub Scout #2** Yeah. Don't forget to put down the instructions, too.
- Cub Scout #3 Stir it all up. Mix it well.
- **Cub Scout #4** What will we call it?
- **Cub Scout #5** How about "A Recipe for a Happy Family."
- **Cub Scout #6** And make sure to serve generous portions daily!

## FRIENDS--CLOSING

*Piedmont Council* **Set Up:** Five Cub Scouts and a Cubmaster (CM) or other Leader. Have each Scout make a card with a picture of his pet or selected animal. Have his part in LARGE letters on the back side of the card. Feel free to use whatever animals you want. Do not be limited by these ideas.

- Cub # 1: My best friend is my pet dog. I walk him, feed him, water him, and brush his fur to keep him clean. My folks take him to the vet to get his shots. He thanks me by being my friend by saying "Bow-wow-wow" (Continues to bark)
- Cub # 2: I learn responsibility by taking care of my cat. I care for her. I like to hear her purr when I pet her. She thanks me by saying, "Meow-meow-meow" (Continues to meow)
- Cub # 3: I care for my friend, the snake. I keep him in his cage and watch him slither around. He doesn't make much noise but when he does it sounds like "Hiss-sssss-sssss" (Continues to hiss)
- Cub # 4: I care for my bird, and my bird is my friend. I clean his cage everyday and hear him say, "Tweet-tweet-tweet" (Continues to tweet)
- Cub # 5: I care for my hamster. I feed him and watch him running in his wheel, squeaking like this all night long "Squeak, squeak, squeak" (Continues to squeak)
- **CM:** These Cub Scouts learn to be friends by being a friend to a pet. There are many different kinds of pets out there, just like there are many different types of friends. By being kind and responsible for our pets, we learn to be kind and responsible to our friends, too.

## Ant Hills

## Trapper Trails Council

Bugs are everywhere around us. Have you ever noticed an ant hill? The Ant Hill was constructed with team effort from each ant. During the winter, the ants stay underground. When the weather warms, they clear a passage to the outside world.

Grain by grain the soil is brought up and deposited in a little pile around the opening.

Like the ANTS, our Den/Pack requires teamwork from each Scout to be successful. Please join me in repeating the SCOUT LAW and SCOUT OATH.

#### **Goodwill Closing Ceremony**

*Capital Area Council* **Set Up:** 8 Cub Scouts each with a sign with one of the letters on front. The words are written on the back in large print. Boys say their parts in turn.

- Cub # 1: G Good Cub Scouts are friends to all.
- Cub # 2: O On their honor to obey the Scout Oath
- Cub # 3: O Once they spread seeds of kindness all around.
- Cub # 4: D Doubled friendships will surely be found.
- **Cub # 5:** W Working together to spread the seeds will make the world a better place.
- **Cub # 6:** I Including as friends -- boys from each faith and race.
- **Cub #7:** L Leaving behind them a path of good cheer planted from their seeds.
- **Cub # 8:** L Let's all practice spreading seeds now and all through the year.

#### **Cub Scout Garden of Thoughts**

Heart of America Council

- **Personnel:** 7 Cubs dressed in farmer's hats, shirts, levis, etc., with garden tools.
- **Props:** Large cut-outs of vegetables as indicated.
- Cub # 1: We're Cub Scout farmers who've come your way to share with you, our garden of thoughts for the day.
- **Cub # 2:** (holds up carrot) Take care at all times, remembering to do your best each day.
- Cub # 3: (holds up lettuce) Let us always give a smile to others as we travel down life's way.
- **Cub # 4:** (holds up turnip) Be sure to turn up at meetings and participate in pack activities.
- Cub # 5: (holds up bean) Learn not to put things off, for it's not fun being late.
- Cub # 6: (holds up beet) In life's game, you can beat if you strive to work with everyone.
- Cub # 7: (holds up large package of seeds) And now that we've planted some seeds of thought, we'll say good night, for our meeting is adjourned.

#### The Key

(This could also be an opening or a skit but it leaves a powerful message as a closing) Baltimore Area Council

#### **Props:**

- ✓ A large door marked "Happiness" with easily read letters, big box behind the door
- ✓ Seven cut outs resembling keys each with one word written on it in large letters.

**Personnel:** Den Leader (DL) or other adult as narrator and 7 Cub Scouts.

#### **Outline** -

- $\star$  Each Cub takes his key and tries to open the door.
- ★ As he crosses in front of audience, make sure the key is in front of him with the word facing the audience.
- ★ Have each Cub announce what their key is (read word)
- $\star$  Have the Narrator give the result
- Cub # 1: (key called Effort) He tries to open the door but cannot unlock it. (He steps aside.)
- Cub # 2: (key called Knowledge) He tries to open door, but cannot (He steps aside).
- Cub # 3: (key called Wealth) Does same as other boys.
- Cub # 4: (key called Honesty) Does as others.
- **Cub # 5:** (key called Truth) Does as others.
- **Cub # 6:** (key called Cooperation) Does as others.
- Cub # 7: (key called Love) He opens the door to find a big gift.
- **DL:** Love opens the door to happiness because with love comes the gift of sharing your, knowledge, wealth, effort, and honesty, and truthfully in a cooperative spirit. Love is the spirit of caring and sharing. Let us keep the caring, sharing, feeling all year round for that is the Spirit of Scouts.

#### Depending on your unit, your location and your audience you could follow this up with I Corinthians, chapter 13, "The Love Chapter" CD

	Do More Closing	THANKSGIVING CLOSING
	Sam Houston Area Council	Heart of America Council
Prop: A	candle lit by the leader	Since grains of corn can become seeds to grow more
Cub # 1:	This candle represents the spirit of Cub	corn, this ceremony fits with Seeds of Kindness (sort
	Scouting the world over. It burns today to	of) CD
	show the friendship and fun we share.	Set Up: - Five Cub Scouts with placards with their
Cub # 2:	But there is more that we can do to spread	word on the front and their parts on back in LARGE
	seeds of kindness. Listen:	print.
Cub # 3:	Do more than belong. Participate	Narrator: When the Pilgrims celebrated
C <b>ub # 4:</b>	Do more than care. Help.	Thanksgiving, they placed five grains of corn at
Cub # 5:	Do more than believe. Practice.	each place at the table. This was a reminder that
Cub # 6:	Do more than be fair. Be kind.	all our abundance was given by God, and also a
Cub # 7:	Do more than forgive. Forget.	reminder of the time when the food supply was
Cub # 8:	Do more than dream. Work.	so scarce that only five grains were available as
Cub # 9:	Do more than teach. Inspire.	the ration of each person. Those five grains
Cub # 10:	Do more than live. Grow.	were
Cub # 11:	Do more than be friendly. Be a friend.	<b>Cub Scout #1:</b> GRATITUDE For the necessities of
Cub # 12:	Do more than give. Serve.	life.
	Take Time Closing	<b>Cub Scout #2:</b> PRAISE To our God for His good
	Sam Houston Area Council	gifts.
Set Up:		Cub Scout #3: COURAGE To carry on under many
-	each repeat two lines, or	types of difficulties.
•	n each read a line.	<b>Cub Scout #4:</b> SHARING With those less fortunate
Cub # 1:	Take time to think.	than ourselves.
ουσ π 1.	Thoughts are the source of power.	Cub Scout #5: DEPENDENCE On each other and
Cub # 2:	Take time to play.	our God for His care.
	Play is the secret of perpetual youth.	<b>Narrator:</b> In the manner of the grateful Pilgrims,
C <b>ub # 3:</b>	Take time to read.	with their ration of five grains of corn, let us
cub // 51	Reading is the fountain of wisdom.	remember the source of all our blessings and be
Cub # 4:	Take time to pray.	mindful of those who are hungry tonight and
	Prayer can be a rock of strength in time of	resolve that somehow we will continue to spread
	trouble.	seeds of kindness.
Cub # 5:	Take time to love.	Outdoor Code Closing
	Loving is what makes living worthwhile.	Trapper Trails Council
Cub # 6:	Take time to be friendly.	<b>Set-Up:</b> Five Cubs. Have copies of the Outdoor
	Friendship gives life a delicious flavor.	
Cub # 7:	Take time to laugh.	Code for the audience or a large poster with
	Laughter is the music of the soul.	underlined words on it.
Cub # 8:	Take time to give.	<b>Cub # 1.</b> Please stand as we say the Outdoor Code
	Any day of the year is too short for	together. Pause after each line for an
	selfishness.	explanation of that line.
Cub # 9:	Take time to do your work.	All AS AN AMERICAN, I WILL DO MY
	Pride in your work, no matter what it is	<b>BEST TO: BE CLEAN IN MY</b>
	nourishes the ego and the spirit.	OUTDOOR MANNERS
Cub # 10:	Take time to show appreciation.	<b>Cub # 2.</b> I will treat the outdoors as a heritage to
	Thanks is the frosting on the cake of life.	be improved for our greater enjoyment.
	Good night and take time going home.	will keep my trash and garbage out of
		America's water, fields, woods, and

roadways. AS AN AMERICAN, I WILL DO MY All: **BEST TO: BE CAREFUL WITH** FIRE.

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- Cub # 3. I will prevent wild fires. I will build my fire in a safe place and be sure it is out before I leave.
- All: AS AN AMERICAN, I WILL DO MY BEST TO : BE CONSIDERATE IN THE OUTDOORS.
- Cub # 4. I will treat public and private property with respect. I will remember that use of the outdoors is a privilege I can lose by abuse.
- All: AS AN AMERICAN, I WILL DO MY BEST TO: BE CONSERVATION MINDED
- Cub # 5. I will learn how to practice good conservation of soil, water, forests, minerals, grasslands, and wildlife, and I will urge others to do the same. I will be a good sportsman in all my outdoor activities.

## **Do More Closing**

#### Pamela, North Florida Council

**Personnel:** Cubmaster (CM), Den Chief (DC or Asst CM, Den Leader or another Cub Scout), 9 Cub Scouts **Set Up:** Each Cub Scout should have card with his words on the back in LARGE font and an appropriate picture (That he drew!! would be good) on the front

- **CM:** We have learned some important lessons about faith and being thankful. I challenge you all to "Do Your Best" and remember to tell those around you Thank you.
- **DC:** Take a moment to think about how we can live up to the words of Bill Elliot...
- Cub #1: Do more than belong...participate
- **Cub #2:** Do more than believe...practice
- Cub #3: Do more than be fair...be kind
- Cub #4: Do more than forgive...forget
- Cub #5: Do more than dream...work
- Cub #6: Do more than teach...inspire
- Cub #7: Do more than live...grow
- Cub #8: Do more than be friendly...be a friend
- Cub #9: Do more than give...serve



## **CUBMASTER'S MINUTES**

A Scout is Kind https://johnscout.wordpress.com



A Scout is Kind. A Scout treats other as he wants to be treated. He knows there is strength in being gentle. He does not harm or kill any living thing without good reason.

This point of the Scout Law is closely related to the prior. To be Courteous is to be Kind. Yet they each have their distinction.

In my mind, Kindness is more basic. It's the Golden Rule (do unto others as you would have them do onto you). It may be <u>dharma</u>. It may be simple human charity.

Being Kind is not something you stop and think about. You don't take more than you can eat. You close the gate when you go through. You put the seat down when you're done in the outhouse.

You either treat others with kindness, or you go through life oblivious to anything greater than yourself.

#### A Scout is Kind http://scoutmaster.typepad.com/

A Scout is kind. A Scout knows there is strength in being gentle. He treats others as he wants to be treated. Without good reason, he does not harm or kill any living thing.

No kind action ever stops with itself. One kind action leads to another. Good example is followed. A single act of kindness throws out roots in all directions, and the roots spring up

and make new trees. The greatest work that kindness does to others is that it makes them kind themselves. - Amelia Erhart

This is my simple religion. There is no need for temples; no need for complicated philosophy. Our own brain, our own heart is our temple; the philosophy is kindness. - His Holiness the Dalai Lama

Kindness is not usually my first reaction to difficult situations. My first reaction may be disappointment, anger, frustration or some other form of dismay. But if I can maintain an even temper (something that gets easier and easier as I practice) I can choose to respond with kindness.

Buddhism teaches a conceptualization of other people that reminds us we are all part of each other. Admittedly this concept is foreign to the western mind and may not pass theological muster in other systems of belief yet it contains some broad truths that correspond to most.

Buddhism accepts that we have all passed through innumerable cycles of rebirth in innumerable worlds in the the infinite past. In these innumerable cycles we are so closely interrelated to the rest of humankind we have all shared the same family at one time or another. Keeping this in mind that person who is the source of our distress was, in some past life, our mother, father sister or brother and we should look on them as such. We should treat them not as an enemy but as we would treat the closest member of our own family.

This thread of kindness is woven into every system of belief.

The Judeo-Christian imperative that we treat others as we would wish to be treated ourselves echos this concept.

Hinduism declares that "One should never do that to another which one regards as injurious to one's own self. This, in brief, is the rule of dharma." in the Mahabharata.

Islam's Muhammad said "None of you [truly] believes until he wishes for his brother what he wishes for himself."

Scouting's aspiration to kindness possesses great potential to unite many disparate opinons on a single point of agreement.

#### A Smile Alice. Golden Empire Council

A smile costs nothing, but creates much. It happens in a flash, but the memory sometimes lasts forever. It cannot be bought, begged, borrowed, nor stolen, but is something that is of no earthly good to anyone unless it is given away. So, if in you hurry and rush, you meet someone who is too weary to give you a smile, be kind. Leave one of your smiles. No one needs a smile quite as much as he who has none left to give.

#### If It's Harder, It's Even More Important Alice, Golden Empire Council

Most of us find it pretty easy to understand and relate to one who is a lot like ourselves – and it's easy to be kind and not be critical. But the true test of being a "Good Scout" is when we can look at someone who is different, who worships a different God, who honors a different flag, who dresses in a different way. We can put ourselves in that person's place, walk a mile in his shoes, and treat him as we would treat our friends. It's when we see someone who walks or talks or writes in a way that makes us uncomfortable – and instead of pity we feel a kinship – Now THAT'S kindness!

#### An Act of Kindness

Pamela, North Florida Council

An act of kindness begins with full attention, just as rapport does. You must really see the person. If you see the person, then naturally, empathy arises. If you tune into the other person, you feel with them. If empathy arises, and if that person is in dire need, then empathic concern(kindness) can come. You want to help them, and then that begins an act of kindness. So I'd say that kindness with attention.

#### **Two Prayers**

Pamela, North Florida Council Last night my son confessed to me Some childish wrong And kneeling at my knee He prayed with tears: "Dear God, make me a man Like Daddy - wise and strong, I know you can."

Then while he slept I knelt beside his bed, And prayed with low-bowed head: "O, God, make me a child Like my child here, Pure, Guileless Trusting Thee with faith sincere." Andrew Gillies, 1870-1942

#### **Spreading a Seed of Kindness** *Heart of America Council*

A friend of mine once told me of being on a long business trip. His car broke down in the middle of nowhere and he was going to be late for a very important meeting. Just then a farmer came around the corner on a hay wagon, and pulled over to see what was wrong. The farmer and his son often fixed their own machinery and they were quickly able to get my friend's car running again.

My friend offered to pay the farmer and his son for their help, but they refused. He insisted that they must take something because they had saved him so much by letting him get to his meeting on time.

The farmer replied that he and his son now had something far more valuable than the businessman could give them. They had helped someone when they did not have to. That gave them a warm feeling about themselves. If they took the money for an act of kindness, then it would simply be a job, and take the feeling of goodwill away.

Keep your feelings of goodwill by spreading seeds of kindness. It will be the most valuable reward you will ever receive.

## **Over Four Million**

#### Baltimore Area Council

So we end this evening of celebrating Seeds of Kindness. But before we go, let us take in this thought...

Today in our country there are over 4.5 million youth and adults in Scouting. That's a good thing to know, a good thing to think about when we start wondering about the future. Four and a half million keeping a promise to "Do My Best," to "Help Other People," and "Respect God and Country." Four and a half million following Baden- Powell's admonition: "Try to leave this world a little better than you found it."

These 4.5 million can make the difference in tomorrow. These 4 and a half million will make the difference in the future of this country and in the future of the world around us.



## **Using Our Talents**

Sam Houston Area Council Do you like to put together jigsaw puzzles? Some families find a lot of pleasure putting together a big jigsaw puzzle on a cold autumn night, with cups of steaming hot cocoa and fresh cookies nearby. The most important thing about a jigsaw puzzle is that all of the puzzle pieces must be there. If even one small piece has been lost, then the whole puzzle is incomplete, and that takes away a lot of the fun of seeing the puzzle come together.

The same thing is true for people. Each of us is a piece of the puzzle that makes up our family, our school, our church, our community. We each have special abilities and skills that no one else has. When you put your abilities together with those of everyone else, it makes a beautiful picture of friendship and cooperation. But if even one of the pieces is missing, then the whole picture is incomplete. Use your abilities to help others; don't let your piece be the one that makes the puzzle incomplete!

#### A Good Turn

Grand Teton Council

In a past issue of Scouting Magazine, there was a story about a Webelos Scout named Daniel Simon of Pack 381, Buffalo Grove, Illinois. Daniel earned a \$750 gift certificate, and instead of spending the money on himself, he filled seven shopping carts with toys for other children who might not get anything that holiday season. It was a fine example of spreading seeds of kindness and generosity.

For Daniel, the Scout Oath and Law aren't just words; they represent a way of life. Wouldn't it be a great holiday tradition if we all followed Daniel's example and performed some special good turn for someone in need? That would bring a lot of joy to the people we served. It would also bring a lot of joy to us, knowing that we had done something to make someone's life a little better.

When you ask the question, "How do you spread seeds of kindness?" think about what you can do to give good will and serve others. What better way to build good memories that will last forever?

#### **Good Turn Closing Thought** Capital Area Council

Most of us are happiest when we are spreading seeds of kindness. That is doing something good for others. Think, for a moment of a time when you were helpful to someone. Chances are it made you feel pretty good. Of course, we feel best when we do something for others without being found out. When we help others regularly, it soon becomes a habit and gets to be a

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natural thing. Once a Cub Scout establishes this habit, he learns the real meaning of a good turn.

#### **Starry Night**

Capital Area Council Dim or turn off room lights except for an electric candle or flashlight

This is the season of lights and stars, when days are short, and the nights are long with beautiful stars. Lord Baden-Powell, the founder of Scouting, once said this to his Scouts, "I often think when the sun goes down, and the world is hidden by a big blanket from the light of heaven. But the stars are little holes pierced in that blanket by those who have done good deeds in this world. The stars are not all the same size; some are big, and some are little. So some men have done great deeds, and some men have done small deeds, but they have all made their hole in the blanket by doing good before they went to heaven."

Let's remember when we look at the starry sky, to make our own hole in the blanket, by doing good deeds that spread seeds of kindness and help other people.

#### Freedom

#### Baltimore Area Council

Boys, I want to tell you a story that has a meaning. When I was a boy I had three turtles. They had a beautiful terrarium with rather low sides. They had everything they needed, except one thing - FREEDOM. Every chance they had, they climbed out.

People in many countries in this world lack the same thing - FREEDOM. But not in America. In America we have Freedom of Speech, Freedom of the Press, Freedom to go wherever we chose, the Freedom to Worship God as we wish and the Freedom to choose people to govern us.

A boy like you can grow up to be wherever he dreams of being. This is why I love America. Don't you?

#### SCOUT BENEDICTION

*Heart of America Council* Introduction from HOAC -

Over the years I have been involved in many different Scout organizations, all of which have used this prayer at one time or another (or regularly) as a closing. Each seems to have its own variation on the "actions" that accompany it, but in general, they involve holding arms outstretched as in a bowing or veneration posture. If this is new to your group, you can use the "repeat after me" method of reciting it.

> May the Great Master Of all Scouts Be with us 'Till we meet again.

I Will Do My Best! Capital Area Council

"I will do my best!" Do these words sound like there is a job that has to be done? Yes, it does. What do they mean? These words explain what every Cub Scout, Webelos, and adult leader has promised to do.

What do they mean for the young 6-year-old Cub Scout? For him they mean that he will try to do his best in all things that are taught to him by his Den Leader at den meetings and by his Cubmaster at pack meetings. He must do his best in helping around the house, school, and community.

What do they mean for the Webelos? He now turns his thought to going on Scout trips, hiking, and camping out under the stars with just the sounds of the night all around him. He learns the first part of the Scout Oath that says, 'On my honor, I will do my best. Yes, like the knights of old, he has to be gallant, brave, and strong. He has to do his best to be kind, courteous, thrifty, and prepared at all times, especially when called upon in times of need.

What do they mean for the adult Scouter? This is the person who lives up the street and has volunteered to see that activities for the boys get carried out. The adult leaders have to do their best in showing and teaching the boys how to do their best. They give up their time to go to training, committee meetings, and den and pack meetings.

But what is the true meaning of 'To do your best'? It means doing the best work and service of which you are capable always. Service to your family, to God, and to your community. As we leave tonight, let us all remember that doing his best is one way a Cub Scout Gives Goodwill during the holiday season and throughout the year.

#### Little Things

Baltimore Area Council

The other day in Colorado a great stalwart tree fell. It was nearly 800 years old, a mere sapling when Columbus landed. It had been struck by lightning 14 times; it had braved the storms of almost five centuries. It had defied earthquakes and hurricanes; it had laughed in scorn at the winter's blast and blizzards. But in the end, tiny beetles killed it. They bored under the bark, dug into its heart, and one day down come this mighty king of the forest. It is the little things that make or break us – in our business – our profession – our homes – our lives and in Scouting. Don't let the little things get you down – Keep your eye on the goal!

## THANKSGIVING THOUGHT

*Heart of America Council* As is natural at this time of year, we all start thinking about the blessings in our life. As we do this, we need to think of Cub Scouting and what it means to each of us and what Cub Scouting has brought to our lives.

Not only the things we have learned but all the wonderful people we have the pleasure of knowing. I count each of you as a blessing in my life.

#### Horizons

#### Voyageur Council

We often speak of horizons, not one, plural, horizons. Did it ever occur to you that there is more than one? When you have worked and planned to reach your horizon, you stop to rest and look up to see before you still another horizon just as far away as the last. When that horizon is within your grasp, wonder of wonders, still another is waiting. Few men ever reach all horizons, some never even reach the first, and still others never start. Look at what they miss. All they ever see is the small area around them. This is NOT the Cubbing way. Cub Scouts must reach a series of horizons, but they lead to the farther horizons of Scouting and manhood.

#### If a Dog can -

#### Voyageur Council

With all the wonderful skills dogs can learn, there is one thing they cannot do. Dogs cannot see colors. As a matter of fact, monkeys and apes are the only other animals that can see colors.

Do you ever feel like you cannot do something because you are too small, too clumsy or too young? Well next time you do, remember the dog and how he can fetch objects, guide the blind, track lost people all without being able to distinguish colors.

#### Some Dogs Are So Dog-Gone Cheerful Baloo's Archives

Have you ever stopped to wonder why some dogs are so dog-gone cheerful? It's kind of pleasant, isn't it, to be around a happy dog? On the other hand, we usually try to steer clear of dogs who appear to be grumpy. That's the way it is with people, too. It's much nicer around people who have a cheerful attitude than someone who's always looking on the dark side of things. You know, if you look for them, there are lots of reasons to be happy.

## GAMES

#### With a Little Help from my Friends Relay

Alice, Golden Empire Council

- ★ Form teams of 5-6 Cubs and/or family members or sisters and brothers.
- ★ Each team makes a circle with one player in the middle and the others holding hands around that player.
- ★ On signal, the team takes off as a group and runs to the finish line.
- ★ Then they start back to the starting line, still holding their places.
- ★ When the first player crosses the starting line, the team sends another player into the middle and the relay continues till everyone has a chance to be in the middle.
- ★ Winning team finishes first.

#### SEED UPSET

#### Heart of America Council

- Give each boy a piece of paper with the name of a seed.
- ✓ The boys form a circle, sitting in chairs, around the boy who is IT.
- ✓ IT stands in the middle with a list of all of the seeds.
- $\checkmark$  IT starts to tell a story using the seed names.
- ✓ When a seed name is mentioned, the boy with that seed must stand up and turn around and sit down.
- ✓ When "seed upset" is mentioned, all the boys must exchange chairs.
- ✓ The boy left standing is now IT and must continue the story.
- $\checkmark$  (IT should not use his seed in the story,)

#### **Planting Seeds**

#### Grand Teton Council

- ✓ On a large cardboard draw a garden with holes for planting seeds
- ✓ Number each of these 5, 10, 15, 20, 25, 50.
- ✓ Each boy has twelve roundish seeds or beans (could use marbles if you would prefer), or they may use the same seeds or beans and pass them along when each boy has finished throwing.
- ✓ Individuals on teams may play by rolling the seeds or beans onto the cardboard one at a time.
- ✓ If the seed or bean comes to rest in a hole, they get those points
- Each boy or team keeps score and a token prize is given to the individual or team with the most points.

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## Seed Relay

Heart of America Council

- ★ Fill a bowl with large seeds (or cranberries or nuts or ...)
- ★ Each player thrusts his hand, palm down, into the bowl to see how many objects he can catch on the back of his hand.
- ★ Without spilling any, he must circle the room three times or he may be required to carry them from one bowl to the other.
- ★ The one having the most in the second bowl at the end of a certain time wins.
- ★ This may be played in the form of a relay, each taking his turn carrying the objects, competition being to see which side can get the most items into the bowl in the shortest time.

## Wipe the Smile

## Sam Houston Area Council

- ★ Players sit in a circle, making sure they can see everyone else.
- ★ One player who is "It" starts the game by smiling widely, while all the other players are somber.
- ★ "It" then uses his hand to wipe the smile off his face and throw it to another player who has to catch the smile with his hand and put it on.
- ★ This new "It" can then wipe off the smile to throw to someone else--though he will probably choose to smug wildly at everyone for a few minutes before relinquishing his happy role.
- ★ Meanwhile, all other players must sit stone-faced.
- ★ One smirk and they're out.

## **Balloon Passing**

## Sam Houston Area Council

This game is for den families also.

- ✓ Give each team a balloon inflated to about six inches in diameter.
- ✓ On signal, the first player on each team tucks the balloon under his chin and, without using his hands, passes it to the next player,
- $\checkmark$  The next player must take it under his chin.
- ✓ Continue until all have received the balloon.
- ✓ If it drops, the player may pick it up with his hands but must put it under his chin before passing it on.

## Thumb Catch

Sam Houston Area Council This is game of fast reflexes and can be played with a very large group.

- Players stand in a circle and each player puts his left hand out to the left with his hand in a fist and his thumb facing down, and his right hand out to the right with his hand open and his palm up.
- Your left thumb should be directly above the player to your left's palm, and your right palm should be directly beneath the player to your right's thumb.
- Have a person who is not playing count to three and say, "Go!"
- On the word "Go," all the players should try to grab the thumb of the player on their right side and at the same time try to lift their own thumb fast enough to avoid being grabbed by the person on their left.
- Anyone whose thumb was grabbed is out and should leave the circle.
- Close the circle in and continue playing until there is only one player left.

#### **Hot Potato Tag**

#### Sam Houston Area Council

- $\star$  Play this with a ball or a potato.
- ★ Have the players form a circle with one in the center.
- ★ The potato (or ball) is passed or thrown across the circle.
- ★ When the player in the circle is able to tag the one who has the potato, the tagged player must then be "it".

## FEATHER PASS

#### Heart of America Council

Materials - very small, light feathers (available at a craft shop).

- **Object:** To pass the feathers down the line to the last person.
- ✓ Line group into two equal numbered lines.
- Place feathers on open hands (You cannot close your hands).
- ✓ The team who has any (or the most) feathers at the end point wins.

who Stole the Cookies?					
Baltimore Area Council					
Cubs sit in a circle and are numbered.					
They start to alternately slap their own knees and then					
clap hands with the Cubs on each side of them.					
The Cubs chant: Who stole the cookies from the					
cookie jar?					
The Leader chants: Number (i.e. 5) stole the					
cookies from the cookie jar.					
Number responds: Who me?					
All reply: Yes, you!					
Number 5 chants: Couldn't be!					
All reply: Then who?					
Number 5 replies: Number (i.e. 12) stole the cookies					
from the cookie jar!					
Number responds: Who me?					
And the game goes on -					

The idea of the game is to keep the, rhythm of slaps and claps going, while continuing the chant with new number being called each time. As the Cubs get used to the game, the leader can speed it up.

#### **Toothpick and Raisin Relay**

Grand Teton Council

- Divide boys into two groups of equal numbers.
- Line them up facing each other and provide each group with a saucer of large raisins enough for four for each boy in the group.
- The captain holds the saucer in his hand and passes it down the line.
- Each boy has been provided with a toothpick with which he must spear the four raisins and eat them.
- The captain feeds himself last.
- The first team to finish wins.

#### **Disability Awareness Games**

Alice, Golden Empire Council

To make Cub Scouts aware of the needs of others, here are some special games. These "disability awareness games" are fun in themselves, but they also serve to show able-bodied boys the problems of boys who have physical disabilities – and awareness is the first step in being compassionate!

Without making a big deal of it, you might introduce these games with the thought that disabled boys must deal with the limitations imposed for the games in their everyday lives. The idea is to make scouts aware of the needs of others.

### **Fumble Fingers**

Alice, Golden Empire Council

- $\star$  Divide the den into two teams.
- $\star$  Tell players to untie their shoe laces.
- ★ Then tell them to put one hand behind their back (or tie one hand to belt.)
- ★ On signal, each team tries to the tie their shoe laces, with each player only using one hand.
- $\star$  First team finished wins.

#### Ships In The Fog

Alice, Golden Empire Council

- ★ Divide the den into two teams and line them up relay fashion at one end of the room.
- ★ For each team set up a series of obstacles—a chair, tables, stools, etc.—between them and the other end of the room.
- $\star$  Blindfold the first player on each team.
- ★ On signal, he starts for the other end of the room, trying to avoid the obstacles.
- ★ His teammates may call out directions ("Go right", "Turn left", etc.)
- ★ When he reaches the other end of the room, he takes off the blindfold and runs back to touch the next player, who is already blindfolded.
- $\star$  Continue until all team members have raced.
- ★ First team finished wins.

## **Muffled Sounds**

#### Alice, Golden Empire Council

- ★ Divide the den into two teams and give each player two cotton balls to stuff in his ears.
- ★ When all ears are covered, one leader steps outside the room where he or she cannot be seen and produces a series of sounds—tinkling bell, sentence spoken in normal conversational tones, pan being scraped, barking dog, hammer on a board, etc.
- ★ When the leader returns, each team huddles and writes a list of the sounds it heard.
- ★ Winning team is the one with the longest list of correct sounds. You could pre-record the sounds.

#### Walk In My Shoes Relay

Alice, Golden Empire Council

Identify a starting and ending point. Divide into two teams. Have each team, one person at a time, race to the target and back again, till everyone has a chance. Now, "handicap" boys, one team member at a time, in the following ways (But DO NOT tell the boys what the changes represent):

- Rub Vaseline on a pair of dollar glasses to represent poor vision
- Give each boy a big box that he must "wear" on one foot to represent difficulty in walking

- Each boy must wear an oven mitt on one hand and pick up six tissues on the ground to represent having trouble with bending fingers, like a person with arthritis.
- Hand each boy a paper with a paragraph that has jumbled letters, representing a person with dyslexia or some other learning disability he must try to read the words before he can head back to the finish. (Don't insist on being able to make out the meaning just let each boy try for a minute)
- Tell each boy he has to listen for instructions from his teammates – ("Hop on one foot, Turn around and walk backwards, etc.") and if he doesn't do what they say, he must start over – then have the team open their mouths without saying the instructions – they just move their mouths.

Talk about which way was fastest and why? What difficulties did they have on the second race? Who might have the same kind of problem doing the race? How do they think they would feel if they had to do everything with the "handicap?" Talk about how people who have some handicap might feel, and how we should interact with them.

Be sensitive to any boys with reading difficulties if you are doing the last idea. - Alice

Walk a mile in my shoes... See what I see, Hear what I hear, Feel what I feel... Then maybe you'll understand Why I do what I do... till then don't judge me.

#### THANKSGIVING GAMES

#### Turkey

Grand Teton Council

- ★ All eyes closed (option: Use blindfold).
- ★ The leader whispers in one boy's ear, "You're the turkey."
- ★ Keeping eyes closed, each boy finds another's hand, shakes it and says, "Gobble, gobble."
- ★ If both boys say gobble, the two drop hands and to on to someone else.
- $\star$  The turkey remains silent throughout the game.
- ★ A boy who gets no response to the gobble has found the turkey, and becomes part of it by holding on the turkey's hand and remaining silent from then on.
- ★ Anyone shaking hands with any member of the turkey becomes a part of it, and the Turkey grows larger and larger until everyone in the playing area is hold hands.
- ★ Once the group has become one giant turkey, the leader asks that all eyes open.

## FEEDING THE TURKEY

Grand Teton Council

- Boys are in pairs.
- One boy is blindfolded and holds a cup of popped corn and a spoon. He is the feeder.
- On signal, the feeders feed their partners.
- The "turkey" gives instructions to the Blind-folded feeder.
- After the corn in finished, the players change places.

## THANKSGIVING SHARING

Heart of America Council

- ✓ Boys are seated in a circle.
- $\checkmark$  They are each given ten beans.
- $\checkmark$  One is chosen to be "IT" and stands in the center.
- ✓ "IT" points to a Cub Scout and asks a question, then counts to ten.
- ✓ If the boy cannot answer the question before "IT" counts to ten, he must share one of his beans with the neighbor seated on his right and he also becomes "IT."
- ✓ If the boy answers the question before "IT" counts to ten, then "IT" must go to another Cub Scout in the circle.
- ✓ The boy having the most beans when time is called is the winner.
- ✓ All the boys share the joy of winning with the winner by giving him a special applause.

Questions can be written for the boys beforehand by the leader. They might be:

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- How many legs does a turkey have?
- What are the Cub Scout colors?
- What do you give thanks for?
- How many days in November?
- What day is Thanksgiving this year?What color shirt is Joe wearing? etc.

**PUMPKIN RELAY** Heart of America Council Here's a game that will keep boys "in line" for a few minutes.

- $\checkmark$  Line up each den, as a team.
- $\checkmark$  Give each boy a paper drinking straw,
- ✓ Give each team a 4-inch pumpkin print in which a 1-inch hole has been cut.
- ✓ The idea is to pass the pumpkin from straw to straw (no hands, please) to the end of the line and back.

## PUMPKIN PIE GAME

Heart of America Council

#### **Preparation:**

- Use an orange paper plate for the pumpkin pie. Divide the plate into 8 pieces.
- From a discarded calendar, cut small squares of numbers from 1 to 6.
- Glue one number on each pie slice.
- Find bonus numbers such as 4 and 5 in red.
- Cut out, and glue these on the 2 remaining pie slices.

#### Directions

- 1. Place all pie pieces together in the center of the area.
- 2. Each player throws the die.
- **3.** The player with the highest number starts the game.
- 4. The starter throws the die.
- 5. If his number is 3, he takes the number 3 piece of pie and places it in front of himself.
- 6. His score (equal to the number) is recorded.
- 7. If the second player throws a 4, he takes the number 4 piece and his score is recorded on the score sheet.
- 8. If another player gets a 4, he can take the bonus pie piece which matches his number but in a different color.
- 9. Game continues until all pie pieces are gone.
- **10.** Highest score is the winner.

## **PACK ACTIVITIES**

# KIND PACK AND DEN ACTIVITIES

Alice, Golden Empire Council

**Collect blankets, towels and pet food for pet rescue groups in your area.** Also, Food Banks now stock pet supplies, recognizing that people in need also have pets they love.

Visit a veterinarian or invite one to your meeting.

You could combine this with a visit to a local zoo or a Nature Center or perhaps a group that rescues animals. Before your visit, find out what your group could bring to help support their work – often simple items like old blankets, dish soap, and pet food are really needed.

Ask den or pack families to share their experiences of service to others – this could be the start of a group service project. Ask them to bring in pictures and other items and tell why they chose the project and if it changed their thinking in any way.

Invite a guest who trains dogs for service or as rescue or blind service dogs to come to a den meeting. Recently, two people who train service dogs brought their dogs and spent a great den meeting teaching the boys about their program. Check with a local service club or your Reference Librarian to make a connection.



Challenge den or pack families to save their change every day for a month and then donate the funds to a community group, such as a shelter for homeless families or a pet rescue group. Look for a group that boys have something in common with, and discuss how they would feel it they were in that situation. For example, what would it be like if you had to put all your stuff in just one small bag? (If you were homeless) What would you choose? What if you couldn't come back to your own room? What if you had to go to a new school?

**Check out children's books and poems about KINDNESS** – They range from "Horton Hears a Who" to Native American poetry about feelings of betrayal and abandonment. Check with your local Children's Librarian for some great ideas

In Sacramento, we depend on Bats to keep us from drowning in bugs! Challenge Pack Families or Dens

to choose some "undesirable" animal and research what is good about them. How do they have a positive impact on your lives!

**Pennies for Packs** – an idea from a Herms District scouter to help support packs in areas without enough resources. This could be an ongoing project, with funds going to help provide uniforms, books, program materials, attendance at camp or field trips.

**Contact your area Volunteer Center or Bureau** – almost every town or region has one – they can suggest activities that would fit your group.

**Challenge every family to do a Pre-Christmas Cleaning, and donate gently used items to a shelter** – Books, toys, clothing are great, but check with your local charity to see what they prefer and need. (One group I know picks up the oversupply of books at a thrift store, cleans them up, then shares them with a Children's Home or Shelter for Families)

**Investigate Bullying** – BSA has Scout focused literature (They look like comic books) that could help get the subject out in the open. According to a poll of kids, about one in three kids has been bullied and almost half of those also said they had sometimes been the bully. And usually, there is a need for compassion for both the bully and the person he picks on. So it's a topic that could be helpful for both adults and kids to look at. Check out: <u>http://stopbullyingnow.com/</u> or <u>www.kidshealth.org</u>

#### Make sure parents know of the Kind, compassionate and/or positive choices their son

**makes** – they may not see their son in that role, and it's always great to applaud someone in front of parents or peers! Try sending home a note or an email.

#### From A to Z What Families Can Do to "Pay It Forward" in Their Communities Southern NJ Council

A. <u>Adopt</u> a stream. park or roadside to clean up and keep beautiful.

**B.** <u>**Bring**</u> lunch to school in a lunch box. Save your paper bags.

C. <u>Care</u> for toys so they will last longer. Then you won't have to replace them and can pass them on.

**D.** <u>**Donate**</u> clothes that you have outgrown to a needy person or someone smaller.

**E.** <u>Encourage</u> others to join you in collecting glass, newspaper and aluminum to be recycled.

**F.** <u>Flatten</u> empty cans. boxes and other containers to they don't take up so much space

**G.** <u>Get</u> in the habit of turning off the water when you brush your teeth. Turn it on only to wet your brush and to rinse.

**H.** <u>Help</u> by caring about our wildlife & be very careful with matches.

**I.** <u>**Insist**</u> on buying products that are biodegradable (they rot or decompose when discarded.) Most plastics are not.

J. <u>Jog</u> or walk, ride a bike or scooter from place to place to save energy.

**K.** <u>Keep</u> jars of cold water in the refrigerator so you won't have to run the tap water waiting for it to get cold.

L. Look for the recycled symbol on products you buy.
M. Make it a habit to cut each six-pack ring. These sometimes wind up in the oceans. Animals often get caught in them.

N. <u>Never</u> litter. Always put your trash in a trash can.

**O.** <u>**Open**</u> the blinds in the wintertime to let in the sun. Close blinds in the summer to keep out the sun's heat.

**P.** <u>Plant</u> a tree to stop soil erosion, give you shade and give birds a home.

**Q.** <u>**Ouit**</u> buying products that have a lot of packaging.

**R.** <u>**Reduce**</u> the amount of water you use to keep clean. Take showers, not baths.

**S.** <u>Save</u> energy by asking your parents to turn down the thermostat.

**T.** <u>**Turn**</u> off lights if you are the last person to leave a room. Turn off appliances if you are not using them.

U. <u>Use</u> products made to be used many times, such as sponges or cloth towels.

V. <u>Value</u> and appreciate your Earth. Realize that you can make a difference.

W. <u>Watch</u> what you pour in the drain. Hazardous waste can get into the ground water.

**X.** <u>eXamine</u> labels before using products Certain household cleaners can be dangerous.

**Y.** <u>Yearn</u> to do what you can to help our environment. Grow up to be an adult who takes an interest, too.

**Z.** <u>Zip</u> to close doors and windows if they are opened when the heater or air conditioner is on.

## Seeds of Kindness Starters – Service Project Suggestions

## Sam Houston Area Council

- ★ Visit a nursing home and spend time with the elderly playing checkers, reading to them, listening to them, writing letters for them, etc.
- ★ Bake cookies for the entire staff at a school, including custodial, clerical, cafeteria, and

administrative employees, as well as teachers and their aides.

- ★ Make puppets and put on a show for a children's hospital.
- $\star$  Host a faculty/staff breakfast for a school.
- ★ Collect pet food, blankets, towels, toys, and other supplies for an animal shelter.
- ★ Collect canned food and provide a Thanksgiving dinner for a family in crisis.
- ★ Rake leaves, shovel snow, or trim yards of people who are incapacitated, grieving, or accident victims.
- ★ Collect winter hats and mittens for children and families at shelters and crisis centers.
- ★ Clean up litter around the place you hold your meetings, whether it is a faith organization, a school, or other building. Don't forget the playground.
- ★ Collect donations and make pans of lasagna for a soup kitchen or other food service facility. (Check with them first about any guidelines or restrictions.)
- ★ Collect food door-to-door for a food bank.
- ★ Work with a housing nonprofit to build household items, such as benches, planters, window boxes, coat hook racks, and letter holders.
- ★ Collect nonfood items, such as toiletries, new underwear, or socks for a homeless shelter.
- $\star$  Collect books for a homeless shelter or safe house.
- $\star$  Clean up a school and plant trees or flowers there.
- $\star$  Buy coffee and donuts for school bus drivers.
- $\star$  Set up a bagel table for teachers.
- ★ Trim landscaping around a school, faith organization, or museum.
- $\star$  Pick up litter at a park.
- $\star$  Run errands for the elderly.
- ★ Put up and maintain a birdfeeder(s) for outside strategic windows at a nursing home.
- ★ Make get well cards for patients in a children's hospital.
- ★ Collect food, coats, and Halloween candy for children on a reservation.
- ★ Collect used eye glasses for organizations that can distribute them to people who need them.
- $\star$  Plant or weed a garden.
- $\star$  Prepare a meal for someone in need.
- $\star$  Write a letter of appreciation.
- $\star$  Hug at least three people a day.
- ★ Say "Thank You" to everyone who helps you for one day. Then try doing it for two days. Pretty soon it will be a habit.

## More KIND Pack and Den Activities

*Alice, Golden Empire Council* **SMILE!** Did you know it takes fewer muscles to smile than to frown? Make a conscious effort to smile at everyone!

**Remind yourself every day to look for opportunities to be kind.** When someone drops a pencil, struggles to get packages through a door, take the opportunity to help.

Have each boy commit to doing a kind deed each day for the next month. Share the story of the unknown London Scout who helped Jim Boyce find his way in the fog – bringing scouting to America was a direct result of this kindness!

**Bake cookies or rolls as a family or den and then have fun doing "doorbell ditching"** – a favorite for all seven of my children when they were young. We would park around the corner, then one family member would ring the doorbell and race back into hiding. If you really want to enjoy it, NEVER admit it was you!

**Fill Dollar Store baskets with fresh fruits for the elderly.** This could be done in a neighborhood, or with the help of a church, senior center or chartered organization.

**Sign up to help serve a meal** at a local shelter, such as Loaves & Fishes or Salvation Army.

**Penny Power** - Collect pennies from everyone in your pack from now till Dec. 1<sup>st</sup>. Use the money collected to purchase needed items for a local group, such as Toys for Tots. You might be surprised how much penny change is just lying around!

Take part in a local food, toy, winter coat drive.

With your children, go through and pick out items in good condition, such as toys, books, clothing – then let everyone go with you to drop off your donations.

Have a Pack "Make a Difference Day" – everyone can participate in making, buying or donating items for other people to use. In the past, my pack made wooden toys, cleaned and dressed dolls, made marble bags and filled them, made checker games or other board games – projects can be based on core and elective Adventure requirements, and families can also work on their own projects at home. See Websites.

**Help start or support a local urban garden.** A bare plot of earth can support a garden than supplies good food at low cost. For ideas on how to get started, go to <u>www.heifer</u> > <u>Our Work</u> > <u>Our Initiatives</u> > <u>Urban</u> <u>Agriculture</u> > Heifer International's Urban Agriculture Program

Volunteer to help clean up and/or prepare a garden at a local school. Many schools now devote some

space to a vegetable garden to help kids learn about healthy food choices. Check with local schools, garden clubs, or "Green" programs - again, ask a reference librarian for local contacts.

Team up with your chartered organization - If they have a site, the Pack can provide man hours, tools, seeds, etc. needed for an urban garden. Produce can be given to a local food bank or Senior Gleaners.

**Collect blankets and towels for a pet shelter** – Check with a local shelter, wild animal care center or veterinarian for what they need first.

Choose a seeds of kindness symbol – bring it out whenever someone is caught being kind. This could be as simple as a paper "Caught you being kind" that is put on a pillow, to a special statue that makes its appearance on the dinner table whenever a kind deed has been seen.

**Give a Hundred** – We did a lot of this type thing for the hundredth anniversary of Scouting in 2010 – but for this theme, commit to doing a Hundred Acts of Kindness, donating a Hundred items or a Hundred quarters, etc. to a charity or service project.

Choose a project from Heifer International projects range from \$10 to \$5000, from a share in planting seedlings, urban gardens, providing a flock of chicks or a cow or water buffalo, and lots of other choices as well, all over the world. See more information at Websites.

Check out the "Seeds of Kindness" website- one of their "rules" is to do something personally, not to just give money to a charity. "Google" Seeds of Kindness to see some ideas. They have some great examples of how people decided to sow their own "seeds" – here are some ideas from them:

- Purchase donation certificates at your local grocery • store, or donate directly to a local food bank or charity of your choice.
- Some families paid utility bills anonymously for • neighbors.
- Talk to a local children's hospital; find out what • toys would be appropriate for their use, then buy and donate them.
- One group uses fast food coupons, buys as much • product with them as they can afford, then give them out to homeless people they find in their area once a month.

Save some seeds – be kind to future generations: go to www.seedsavers.org for information about how to help save seeds, especially heirloom varieties. This organization helps gardeners share seeds – and many people are finding that heirloom varieties have better flavor and nutrition. They even have gift certificates. Check it out - you might be able to actually "sow" some seeds!

## **Personal Rules for** Satisfying Giving:

**Give anonymously** – not knowing the benefactor is leaves the receiver feeling loved by and grateful to all!

Keep your eyes and ears open – when you see or hear of a need, fill it!

Be creative – let children offer their ideas, too.

Share the bounty - if you have season tickets to a sports event, concerts, theatre and can't use them, share them.

And of course, you can literally share the bounty – flowers or produce from your garden, or even the seeds from a successful growing season!

Make an inventory of the talents and supplies available to you – you might be surprised at how much you have to offer!

**Keep a "Giving" Diary** – it could be personal, family or a scrapbook for a den or pack project. Include pictures of preparations, and ask everyone how doing the service project made them feel.

Think about personal passions – if you are especially interested in the environment, help clean up a local creek or "adopt" a local bus stop or neighborhood playground. Make a commitment to go by on a regular basis and pick up trash. Another environmental way to share seeds of kindness is by giving a gift of trees (\$60) or a share of seedlings (\$10), both thru Heifer International. (See websites)

Contact local volunteer bureaus for some ideas for a project you can do. If you don't know where they are, check with a local librarian – she will have a listing of local possibilities.

**Recognize other people and what they contribute.** Every week choose people who quietly perform service - the church organist, the neighbor who takes in your garbage can – send them a thank you note or put a container of cookies or some flowers on their doorstep by way of saying "thanks for what you do." Boys could also give service to a cubmaster, grandparent, pack chair, or someone else who helps make the scout program go.

Let <u>everyone</u> participate – even the youngest children can make Play Doh or pick out pictures to use to assemble a picture dictionary for another child.

### **Favorite Play Doh**

Alice, Golden Empire Council Not strictly grub, although it won't hurt if you eat a little during play. It looks, smells, works and even tastes just like the play doh you buy in cans!

## Ingredients:

## Liquid -

- ✓ 1 tbsp vegetable oil
- ✓ 1 cup water
- ✓ Food coloring (Paste works best and you can do any color, even black, but regular will work too)

#### Dry -

- ✓ 1 cup flour
- $\checkmark$   $\frac{1}{21/2}$  cup salt
- $\checkmark$  2 tbsp. cream of tartar

#### **Directions:**

- ✓ Mix the liquids together,
- Then add the dry ingredients.
   (This is a different way to do it, but this way, you don't have food coloring staining everything in

#### sight)

- ✓ Now add in the dry ingredients:
- ✓ Mix all ingredients in saucepan.
- ✓ Heat on medium, stirring constantly until ball forms. (The color will suddenly change, and the consistency will become rubbery looking) Takes only 3-5 minutes.
- ✓ Pour out onto a board, let it cool a little, then knead it till soft and pliable.
- ✓ After kneading, store in an airtight container or baggie.

It will last a long time.

- ✓ This recipe makes about 4x as much as you get in the little cans.
- ✓ Snack baggies work great for making sets of different colors to give to individual children.

I've done this recipe with lots of children, some as young as two, and they always have fun with it. I've even used it for a project for the Christmas Bishop's storehouse – each child made a batch, then they got to take home just a snack baggie full of the color – the rest went for stockings for other children who needed a Christmas. One time, my den watched one of those claymation cartoons (Gromet or Gumby) then we made play doh in whatever colors the boys wanted. Then, either in pairs or groups, they "produced" their own claymation films – with a parent handling a video cam. Great fun!! Alice

p.s. - it really does taste the same - I tried it!!

#### Need help finding a project?

- ★ Ask! Check with your school, church, local charities such as the American Red Cross, food banks, senior gleaners, neighborhood service organizations or local volunteer centers.
- ★ Check online google a type of giving you are drawn to, or go to the Points of Light website and use the interactive map to find a volunteer center near you – they have lots of projects and contacts.

#### **BE KIND TO BIRDS**

Heart of America Council

#### What you'll need:

Flat wooden heart (or any wooden shape) Peanut butter Birdseed Drill Approximately 4 feet of 1/4 inch wide ribbon Bowl

#### How to make it:

- 1. Drill one small hole in each side of the heart same distance from the top so that the heart is not lopsided.
- 2. Cover the wooden heart completely in peanut butter and then place the heart in a bowl of bird seed.
- **3.** Cover the entire area of the heart with the birdseed making sure no bald spots are left anywhere on the heart.
- 4. Cut two lengths of ribbon each 2 feet long and run one length of ribbon through each hole.
- 5. Tie all ends of the ribbons together in a bow or knot.
- 6. Hang bird biscuit in a tree or somewhere birds have easy access to it.

#### Windowsill Bird Feeding

Heart of America Council

Jays, nuthatches, and cardinals are bold, curious birds. They will fly right onto a window ledge for a meal. Start by putting bread crumbs on a windowsill. Birds can spot them quickly. When the birds are used to coming to your house to eat, you can switch to sunflower seeds or wild birdseed.

#### Here's a quick windowsill treat:

Roll 1 cup of peanut butter in birdseed or sunflower seeds to make a ball.

Squeeze it in your hands until it holds together well.

Put the ball on your windowsill. (If you have a backyard, you can put it out on a fencepost).

## **Bird Feeding Tips**

If you can, set up two or three bird feeding stations.

Some birds are bullies. Once they find an eating spot, they will drive other birds away. If there are several eating places, all the birds have a better chance to get their share. Once you start feeding the birds, DON'T STOP. They will come to depend on you for food. If you stop suddenly in the winter, they may starve.

## Who Likes What

Sunflower Seeds: Jays, cardinals, chickadees, goldfinches, nuthatches, sparrows

- / Millet: Juncos, sparrows, goldfinches
- Peanuts: Jays, chickadees, goldfinches
- Suet and bacon fat: Woodpeckers, chickadees, starlings

#### Thank You Cards Sam Houston Area Council

Maybe not paying it forward, but in today's environment a hand written note is very rare and usually, greatly appreciated by the receiver. **CD** 

## Materials:

paper or index cards, markers or crayons, magazine pictures or stickers, glue, envelopes

## Instructions:

- $\checkmark$  Fold the paper or index card in half to make a card.
- ✓ Have Cub Scouts think about someone who has done something nice or helpful for him. The card could be for a parent, brother, sister, grandparent, neighbor, babysitter, teacher, etc.
- ✓ Once the Cub Scouts have thought of someone that they would like to make a card for, let them use their creativity and make it.
- ✓ Then, make sure they get the opportunity to deliver the "thank you" – by mail, in person, etc.

#### **Den or Pack Field Trips** *Grand Teton Council*

- ✓ Local food bank
- $\checkmark$  Thrift stores
- ✓ Salvation Army How do they help?
- Visit a Humanitarian Center where they help those in need

## Activities

## Grand Teton Council

- ✓ Shovel walks
- "Giving Tree" (in many communities, they have a tree where needs of individuals are placed, and people can choose to help anonymously. Your community may have something similar)
- ✓ School bags
- ✓ Gifts for children's ward of hospitals
- ✓ Gifts for homeless shelter
- ✓ Party for younger children
- ✓ Thanksgiving dinner help with soup kitchen, etc., or invite someone to share your own dinner

#### **Kindness Books**

#### Sam Houston Area Council

Materials: 3" x 5" paper and markers, pencils or pens

- **Purpose:** To emphasize that helping others includes those in our own families.
  - Boys could make coupon books to give to their parents.
  - Leader prepares slips of paper ahead of time;
     3" x 5" is a good size.
  - Give each boy about 10.
  - Boys decide what they can do to help their families and write one thing on each coupon or illustrate it by drawing.
  - The books are then stapled together, and each boy gives his parents the book.
  - Parents can redeem the coupons by giving one to their son.
  - He agrees to perform the action illustrated on the coupon.
  - Suggestions for coupons could be: doing something without being asked, picking up toys, a bear hug, helping prepare a meal, drawing a special picture, doing an extra chore, etc.

